

The Graceful Connection

JUNE 2023



Latest News from the Northgate Park Newsletter

May was a month we celebrated many things but most importantly we celebrated the ladies in our community with a Mother's Day Luncheon. It was an afternoon filled with family and friends here to celebrate. Thank you to our guests for coming to spend the afternoon to honor these special ladies we call "mom".

It's hard to believe we are almost half way through the year and with summer approaching we continue to stay busy! Residents please continue to review your calendars to see what programs are offered daily. Families, if you haven't already connected to your loved ones through LifeLoop, please contact Martha at mbuckley@northgateparkseniorliving.com for details.

More to Celebrate





We are thrilled to share that Northgate Park has received the U.S. News and World Report 2023-2024 Best Assisted Living recognition. Thank you to our associates for your dedication and hard work. Thank you to our residents and families who participated in this survey to help us earn this recognition!



Our "Magazine Mosaic" artwork was the first place winner of our Grace Management Trash to Treasure competition. The contest consisted of spending zero dollars and using items we had on hand. Using a canvas board, old paint, old magazines, and some Modge Podge, we created this beautiful piece. We love it so much, we will be adding additional pieces to create a collection to proudly display in our community.



Northgate Park had the opportunity to celebrate our associates who graduated this year. To celebrate their achievement, we invited our graduates to a celebration in their caps and gowns to share this moment with our residents and team.

Congratulations to Katie, Bri, RiRi, Aissata, Olivia (not pictured), and Anaiah (not pictured). We are so proud of all of you and were happy to celebrate you. Congratulations to the c/o 2023!

BIRTHDAYS

June M. June 6 Ruth W. June 9 Emily M. June 14 Ingrid T. June 19 Wanda V. June 21 Yvonne H. June 27 Mary M. June 27

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Family Information Night Tuesday, June 13 at 6 pm

Mark your calendars for our Family Information Night. Join our leadership team to learn more about new vendors and community news. More information to follow.

Father's Day Brews and BBQ Luncheon Friday, June 16 at 11 am

Northgate Park would like to honor and recognize the men in our community for Father's Day. To celebrate this day, we would like to invite our male residents and two guests to join us for a Father's Day Brews and BBQ Luncheon. Please mark your calendars for Friday, June 16th. Formal invites to follow.

June is National Great Outdoors Month and whether that means hitting up some trails for a stroll in the woods or sipping some iced tea on your front porch, get outside this month! Spending time outdoors, inhaling fresh air, soaking up the sunshine (with SPF of course!), and quite literally stopping to smell the flowers have benefits for mind and body. There are several studies that show that spending time in nature can reduce feelings of depression and anxiety, while also boosting attention, memory, and creativity! So, grab your sunhat and get outside this month - Dabble in the garden beds, stroll around your community grounds, play a game of corn hole, enjoy a meal outside, tap into your creative side with plein air painting, or simply enjoy the summer fresh air from your front porches.

NEW RESIDENTS

Jim G. Jim W. Cathy K. Sherwin K. Rita H. Diana S. Carol C. Jane H.





MEET OUR TEAM

Liz D. - Executive Director

Mickie C. - Business Office Manager

Grace A. - Dining Services Director

Diana B. -Wellness Director

Casey H. - Maintenance Director

Martha B. - Sr. Life Enrichment Director

Kim L. - Sales and Marketing Director Amber H. - Move-In Coordinator