

The Graceful Connection

MAY 2023



Latest News from the Inspirations of Mount Washington Newsletter

LETTER FROM OUR EXECUTIVE DIRECTOR; DANIELLE BROWN

GREETINGS FROM INSPIRATIONS OF MOUNT WASHINGTON!

WE ARE THRILLED TO WELCOME YOU AS FAMILY HERE AT INSPIRATIONS OF MT. WASHINGTON COMMUNITY. I AM EXCITED TO SHARE OUR MONTHLY NEWSLETTER WITH RESIDENTS AND FAMILIES TO SHOWCASE OUR AMAZING ACTIVITIES AND CULINARY CHOICES FOR RESIDENTS EACH MONTH. OUR TEAM OF DIRECTORS ARE DEDICATED TO OUR RESIDENTS AND FAMILIES TO ENSURE THAT EACH OF YOU RECEIVE THE BEST CUSTOMER SERVICE AND QUALITY OF LIVING WITH US AT INSPIRATIONS OF MT. WASHINGTON. PLEASE KNOW OUR DOOR IS ALWAYS OPEN AND WE WELCOME ANY COMMENTS OR SUGGESTIONS TO MAKE YOUR DAY BETTER.

Grace Signature Events



Community Updates

We're pleased to offer you our appreciation through our Good Neighbors Referral program! Invite your friends to live their best lives at our community. When they move in, you will receive the Good Neighbor Referral Award of a \$1,000 base rate credit!

It's our way of saying thank you for making our community your home; we know your friend will thank you too!

BIRTHDAYS

FREDRICK STICKEL 5/22

EVENTS

Grand Re-opening!

Inspirations will be hosting a Grand Re-opening on May 10th. Derby is right around the corner so what better way to celebrate our Grand Reopening than in your Derby Attire!

Elder Law will be in our community on May 23rd to speak to the community and our residents about their retirement planning and assets.

NEWS

May is Older Americans Month and this year's theme is Aging Unbound, which offers an opportunity to explore diverse aging experiences and discuss how communities can combat ageist stereotypes. This month we are encouraged to challenge the narrative on aging by celebrating opportunities to change and learn new things, embracing the deeper confidence and understanding of the world that only comes with maturity, and to stay engaged in our communities. Do this by participating in a Graceful Giving opportunity or attending a New Neighbor Social and forming new relationships and deeper connections with peers, neighbors, and family. Check in with your Life Enrichment Director to see how you can stay connected, give back to your community, and practice health habits to make the most of your aging experience, and have a little fun too!

NEW RESIDENTS

ELLEN CUNNINGHAM



INSPIRATIONS
OF MOUNT WASHINGTON
A GRACE MGMT COMMUNITY



MEET OUR TEAM

Danielle Brown - Executive Director
**Kristy Davenport - Business Office
Manager**
**Rashad Holloman- Dining Services
Director**
Angela Collier -Wellness Director

Daryle Wright- Maintenance Director
Debbie Wimsatt - Sales and Marketing
**Hannah Morrow -Life Enrichment
Director**
**Nichole Borden -Village Program Life
Enrichment Director**

Inspirations of Mount Washington

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