

Dirigo Inn & Out

May 2023



SPRING CARNIVAL

It was a fun time at the Spring Carnival held April 19th in the carriage barn and beyond! There were many raffle winners for gift certificates from local businesses, a resource table with information, a myriad of carnival games for residents to play and win prizes, face painting by Jenna Biehn, balloons fashioned into various animals by Paul Abour, a labradoodle puppy named Camden, talented guitar playing and singing entertainers, and a Mainely Trivia game. In addition, there were several young Nigerian dwarf goats with their mother goat from Yeti Farm in Plymouth, Maine. Residents enjoyed a delicious variety of lunch selections nicely done by Chef Lewis and team. Orono Fire and Rescue squad members attended along with a fire engine and a rescue truck on display.

Special thanks from residents to Anne Porter for all the planning she did for this event as well as to all of the Dirigo Pines associates, leadership team members, local sponsors and volunteers who made this event possible including setup, staffing, cleanup and breakdown. It was a fun way to further welcome Spring in Maine. Submitted by Janice



April has been an incredibly busy month and May is following its path. Trips to look forward to are University of Maine baseball game, Healthy Aging Expo, Hollywood Casino, and Angler's Restaurant. Look on the calendar for specific information.

May 3 at 10am will be a Bear Talk.

What do we do if we see a bear?
When should we bring in the birdfeeders and why?
Should I scare off a bear?
What if the bear runs towards me?
Where do bears live around Dirigo Pines?
Let's learn how to become a bear safe community.



Spring Fling



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Having a good
time!



It's a ringer!



Serious
painting!

Sooo
Good

Ditto



BIRTHDAYS

Maija S. - 3rd
Robert "Bob" J. - 7th
Beverly T. - 8th
Margaret "Margaret" M. - 8th

Barbara S. - 12th
Donna W. - 14th
Paula M. - 16th
Wilma T. - 16th

Robert G. - 20th
Sue K. - 21st
Pat C. - 27th
Thomas C. - 30th

PUPPIES



NEWS

May is Older Americans Month and this year's theme is Aging Unbound, which offers an opportunity to explore diverse aging experiences and discuss how communities can combat ageist stereotypes. This month we are encouraged to challenge the narrative on aging by celebrating opportunities to change and learn new things, embracing the deeper confidence and understanding of the world that only comes with maturity, and to stay engaged in our communities. Do this by participating in a Graceful Giving opportunity or attending a New Neighbor Social and forming new relationships and deeper connections with peers, neighbors, and family. Check in with your Life Enrichment Director to see how you can stay connected, give back to your community, and practice health habits to make the most of your aging experience, and have a little fun too!

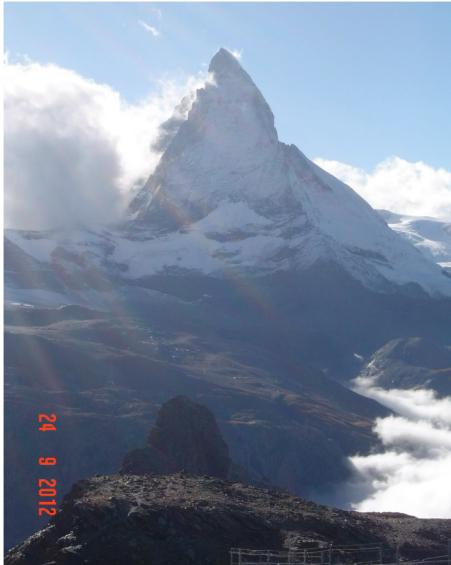
"To plant a garden is to believe in tomorrow."
~Audrey Hepburn





DIRIGO PINES
A GRACE MGMT COMMUNITY

If you are interested in being a regular, occasional, or one-time contributor of an article or even to share an idea, please contact Anne Porter or Kelly Sadowsky, customer service specialist.



Can you identify
this mountain?

Submitted by Margaret Mathis

Sunset at Bennington Lake, Maine
Submitted by Jenna Biehn



Our Spring raised garden planning meeting was held on April 3rd in the Garden Room at the Inn. If you have any questions, please contact Anne in Life Enrichment.

MEET OUR TEAM

Paul Arbour - Executive Director
Jenna Biehl - Sales Director
Bill Burke - Maintenance Director
Deanna Chesson - Business Office
Manager

Erin Fitch - Wellness Director
Kate Hills - Area Sales Director
Anne Porter - Life Enrichment Director
Lewis Stubbs - Food Services Director

Dirigo Pines

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