



THE HIGHLANDS
A GRACE MGMT COMMUNITY
Week of May 28, 2023

Good to Go Dinner Menu \$20 (includes soup or salad, entrée, 2 sides and a dessert)

	Sunday Brunch	Brunch	Tuesday	Wednesday	Thursday	Friday	Saturday
Soups	Chicken Noodle	Sausage Corn Chowder	Hamburger Mac	Vegetable Rice	Tomato Bisque	Garden Veggie	French Onion
Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
Entrees	Baked Ham	Cheeseburger	Seafood Cass.	Caprese Chix	Beef Mac n Chez	Cashew Chicken	Brocc Ham Quiche
	Baked Haddock	Hot Dog	Bacon Patty	Shrimp Scampi	Herb Panko Salm.	Pork Roast/Gravy	Roast Turkey
Starch	Mashed Pot.	Potato Salad	Rice Pilaf	Pasta	Roasted Reds	Basmati Rice	Stuffing
	Brown Rice	Pasta Salad	Mashed Potato	Mush. Risotto	Lemon Chive Rice	Cheesy Mash Pot	Mashed Sweets
Vegetables	Peas	Brocc Salad	Yellow Squash	Green Beans	Zucchini	Snow Peas	Veg Medley
	Carrots	Bl Bean/Corn	Asparagus	Garlic Spinach	Brussel Sprouts	Root Veggies	Broccoli
Desserts	Pecan Pie	Asst. Bars	Brownie	Apple Crisp	Str. Shortcake	Blueberry Parfait	Pear Cobbler
	Carrot Cake	Cookies	Blueberry Pie	Lemon Pudding	Chocolate Cake	Boston Cream Pie	Banana Cr Pie

*Gluten Free Entrée V Vegetarian

Home Delivery: Sunday 12:30-1:00, Mon-Sat 6:00-6:30 (207) 725-4407 Ext. 136
24 Hr notice is suggested. Highland Green Residents: \$1 delivery fee per address