



THE HIGHLANDS  
A GRACE MGMT COMMUNITY  
**Week of May 21, 2023**

**Good to Go Dinner Menu \$20** (includes soup or salad, entrée, 2 sides and a dessert)

	Sunday Brunch	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Soups</b>	Basil Chicken	Ham Chowder	Lentil and Mushroom	Vegetable	Turkey Taco	Minestrone	Tomato Florentine
<b>Salad</b>	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
<b>Entrees</b>	Pot Roast	Chicken Curry	Lemon Salmon	Chicken Piccata	Beef Broc Stir Fry	Stuffed Pepper	Fried Shrimp
	Tilapia	Chili Lime Pork	Veal Parm	Baked Haddock	Mussels	BBQ Turk Meatloaf	Beans and Franks
<b>Starch</b>	Mashed Pot.	Baked Beans	Brown Rice	Pasta	Pasta	Mashed Sweets	Baked Beans
	Roasted Pots	Basmati Rice	Spag/Marinara	Parm Polenta	Basmati Rice	Dill Potatoes	Mashed Potato
<b>Vegetables</b>	Broccoli	Veg Medley	Peas	Green Beans	Snow Peas	Zucchini	Asparagus
	Yellow Squash	Carrots	Asparagus	Butternut Squash	Corn	Brussel Sprouts	Coleslaw
<b>Desserts</b>	Oreo Pie	Carrot Cake	Cookie	Apple Pie	Chocolate Pie	Bread Pudding	Marble Cake
	Lemon Cake	Banana Pudd	Lem Mer Pie	Brownie	Parfait	Key Lime Pie	Choc PB Pie

\*Gluten Free Entrée V Vegetarian

Home Delivery: Sunday 12:30-1:00, Mon-Sat 6:00-6:30 (207) 725-4407 Ext. 136  
24 Hr notice is suggested. Highland Green Residents: \$1 delivery fee per address