

The Graceful Connection

MARCH, 2023



Latest News from the Gem at Town Village Sterling Heights Newsletter



Top of the Month to You All! (that's me trying to appear a little more Irish than I am!)

Pull out your green attire and enjoy your last few weeks of winter because St. Patrick's Day AND Spring are upon us (March 20th, to be exact!). While I'm sure Michigan has some other plans for our weather, I am always happy to wake up to the birds chirping again. Make sure you check out your monthly calendar for our St. Patrick's Day Festivities and you know you can bank on our talented dining team on putting on a nice Irish spread for you as well.

Cold and flu season remain with us so please stay vigilant about proper and frequent handwashing and let us know if you or your loved one are not feeling well.

Wishing you a month full of happiness and a little luck of the Irish. Thank you for allowing me to serve you. I am blessed to do so!

**Sheri Sepanak
Executive Director**



Living Gracefully

Gem Photos



BIRTHDAYS



Lucy L. - 5th
 Alfreda K. - 24th
 Barbetta "Tootsie" M. -
 30th

Angiola "Angie" D. - 31st



MUSIC

3/1 Gary Richard 2:30pm

Gary performs a wonderful set of some of our favorite sing-a-long songs with guitar and an occasional Kazoo!

3/8 Tom Birchler 2:30pm

Tom will entertain us with a mix of Irish fun and some classic Beatles tunes. A perfect March good time!

3/15 Kenny Lang 2:30pm

Our country cowboy will entertain us with his stool and guitar for our monthly performance.

3/17 Pamela Edwards 2:30pm

Everyone is Irish on St. Patrick's Day! We will enjoy some green beer and Irish tunes!

3/22 Marie Kravitz 2:30pm

We'll sing in the sunshine with Marie with some fun sing-a-long songs!

3/29 Lucas Stachuski 2:30pm

The young Lucas Stachuski will wow us with his accordion skills, and major talent for such a young man!



Fizzing Pot Experiment
Friday, March 3rd at 2pm

We will be doing some St. Paddy's Day Science! Grab your cauldron, pick your favorite color and be amazed!

St. Paddy's Day Party w/ Pamela Edwards
Friday, March 17th 2:30pm

We're all a little Irish on St. Patrick's day so grab your dancing shoes and get ready for some green beer as we dance a jig with Pamela Edwards!

Tender Hearts Crafts
Mondays at 1pm

On Monday afternoons we are fortunate enough to have a great group of creative ladies come in and help us create beautiful pieces of art!

EVENTS

NEW RESIDENTS

Anita D.





TOWN VILLAGE
STERLING HEIGHTS
A GRACE MGMT COMMUNITY



**“In March winter is holding back and spring is pulling forward.
Something holds and something pulls inside of us too.”**
— Jean Hersey



MEET OUR TEAM

Sheri Sepanak - Executive Director
Jimavis Arnold - Wellness Director
Trisha Ginn- Sr. Village Life Director
Stacey Jefferies - Dining Services Director

Dale Main. - Maintenance Director
Julie Nobles - Sales and Marketing
Paris Gentry-Business Office Manager

The Town Village Sterling Heights

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