



TOWN VILLAGE
STERLING HEIGHTS
A GRACE MGMT COMMUNITY

MARCH 2023
Monthly Events and Activities

4500 Dobry Dr
Sterling Heights, MI 48614
586-803-0900
www.townvillagesterlingheights.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Activity Types
			9:00 Whats Happening Today 1 10:15 Arthritis Relief Exercise 11:00 Rosary with Dee (AR) 2:30 Gary Richard Performs 3:00 Snack and Chat 3:30 Bananagrams 6:00 Casino Night	9:00 Whats Happening Today 2 10:30 Sit & Be Fit 11:15 Nursery Rhymes Trivia 2:00 Big Boy Outing 3:00 Snack and Chat 3:30 Puzzle Fun 6:00 Adult Coloring	9:00 Whats Happening Today 3 10:30 Chair Exercise 11:00 Crossword Puzzle 11:30 Joke of the day! 2:00 Fizzing Pot Experiment 3:00 Snack and Chat 3:30 Happy Hour 6:00 Friday Night Musical	9:00 Whats Happening Today 4 10:30 Chair Exercise 11:15 Trivia w/ Chris 2:30 Yahtzee Dice Game 3:00 Snack and Chat 4:00 Dining Prep Club 6:00 Saturday Night Movie	Creativity Curiosity Fun Intellectual Physical Productive Purpose Social Spiritual
9:00 Whats Happening Today 5 10:30 Chair Exercise 11:00 Catholic Church Service 2:00 Bible Study w/ Chris 3:00 Snack and Chat 6:00 Sunday Night Movie	9:00 Whats Happening Today 6 10:30 Sit & Stretch 11:15 The Price is Right 1:00 Tender Hearts Crafts 2:00 Pamper Yourself 3:00 Snack and Chat 6:00 How Much was It?	9:00 Whats Happening Today 7 10:30 Rise and Shine Fitness 11:15 Flower Arranging 2:00 St. Patrick's Day Bingo 3:00 Snack and Chat 3:15 Hand Massages 6:00 The Matching Game	9:00 Whats Happening Today 8 10:15 Arthritis Relief Exercise 11:00 Rosary with Dee (AR) 2:30 Tom Birchler Performs 3:00 Snack and Chat 3:30 Piggy Bankers 6:00 Casino Night	9:00 Whats Happening Today 9 10:30 Sit & Be Fit 2:00 Yahtzee Dice Game 3:00 Snack and Chat 3:30 Puzzle Fun 6:00 Adult Coloring	9:00 Whats Happening Today 10 10:30 Chair Exercise 11:00 Therapy Dog Lucy Visits! 2:00 Table top Balloon Tennis 3:00 Snack and Chat 3:30 Happy Hour 6:00 Friday Night Musical	9:00 Whats Happening Today 11 10:30 Chair Exercise 11:15 Trivia w/ Chris 2:30 Yahtzee Dice Game 3:00 Snack and Chat 4:00 Dining Prep Club 6:00 Saturday Night Movie	Locations
9:00 Whats Happening Today 12 10:30 Chair Exercise 11:00 Catholic Church Service 2:00 Bible Study w/ Chris 3:00 Snack and Chat 6:00 Sunday Night Movie	9:00 Whats Happening Today 13 10:30 Sit & Stretch 11:15 Family Feud 1:00 Tender Hearts Crafts 2:00 Pamper Yourself 3:00 Snack and Chat 6:00 How Much was It?	9:00 Whats Happening Today 14 10:30 Rise and Shine Fitness 11:15 Flower Arranging 2:00 St. Patrick's Day Bingo 3:00 Snack and Chat 3:30 Aroma Therapy 6:00 The Matching Game	9:00 Whats Happening Today 15 10:15 Arthritis Relief Exercise 11:00 Rosary with Dee (AR) 2:30 Kenny Lang Performs 3:00 Snack and Chat 3:30 Geography Game 6:00 Casino Night	9:00 Whats Happening Today 16 10:30 Sit & Be Fit 11:15 Hymn Sing-a-Long 2:00 Scenic Drive Outing 3:00 Snack and Chat 3:30 Can you Build it? 6:00 Adult Coloring	AD Happy St. Patrick's Day! 17 9:00 Whats Happening Today 10:30 Chair Exercise 2:30 St. Patrick's Day Party w/ Pamela Edwards 3:00 Snack and Chat 3:30 Happy Hour 6:00 Friday Night Musical	9:00 Whats Happening Today 18 10:30 Chair Exercise 11:15 Trivia w/ Chris 2:30 Yahtzee Dice Game 3:00 Snack and Chat 4:00 Dining Prep Club 6:00 Saturday Night Movie	Happy Birthday!
9:00 Whats Happening Today 19 10:30 Chair Exercise 11:00 Catholic Church Service 2:00 Bible Study w/ Chris 3:00 Snack and Chat 6:00 Sunday Night Movie	9:00 Whats Happening Today 20 10:30 Sit & Stretch 11:15 The Price is Right 1:00 Tender Hearts Crafts 2:00 Pamper Yourself 3:00 Snack and Chat 6:00 How Much was It?	9:00 Whats Happening Today 21 10:30 Rise and Shine Fitness 11:15 Flower Arranging 2:00 St. Patrick's Day Bingo 3:00 Snack and Chat 3:15 Hand Massages 6:00 The Matching Game	9:00 Whats Happening Today 22 10:15 Arthritis Relief Exercise 11:00 Rosary with Dee (AR) 2:30 Marie Kravitz Performs 3:00 Snack and Chat 6:00 Casino Night	9:00 Whats Happening Today 23 10:30 Sit & Be Fit 11:15 Floor Hockey 2:00 Tim Hortons Outing 3:00 Snack and Chat 3:30 Uno Card Game 6:00 Adult Coloring	9:00 Whats Happening Today 24 10:30 Chair Exercise 11:00 Therapy Dog Lucy Visits! 2:00 Painting Fun 3:00 Snack and Chat 3:30 Happy Hour 6:00 Friday Night Musical	9:00 Whats Happening Today 25 10:30 Chair Exercise 11:15 Trivia w/ Chris 2:30 Yahtzee Dice Game 3:00 Snack and Chat 4:00 Dining Prep Club 6:00 Saturday Night Movie	· Lucy L. – 5th Alfreda K. – 24th Barbetta "Tootsie" M. – 30th Angiola "Angie" D. – 31st
9:00 Whats Happening Today 26 10:30 Chair Exercise 11:00 Catholic Church Service 2:00 Bible Study w/ Chris 3:00 Snack and Chat 6:00 Sunday Night Movie	9:00 Whats Happening Today 27 10:30 Sit & Stretch 11:15 Family Feud 1:00 Tender Hearts Crafts 2:00 Pamper Yourself 3:00 Snack and Chat 6:00 How Much was It?	9:00 Whats Happening Today 28 10:30 Rise and Shine Fitness 11:15 Flower Arranging 2:00 St. Patrick's Day Bingo 3:00 Snack and Chat 5:30 In the Garden Aroma therapy 6:00 The Matching Game	9:00 Whats Happening Today 29 10:15 Arthritis Relief Exercise 11:00 Rosary with Dee (AR) 2:30 Lucas Stachuski Performs 3:00 Snack and Chat 3:30 Piggy Bankers 6:00 Casino Night	9:00 Whats Happening Today 30 10:30 Sit & Be Fit 11:15 Patriotic Sing-a-Long 3:00 Snack and Chat 3:30 Go Fish 5:30 Scenic Drive Outing 6:00 Adult Coloring	9:00 Whats Happening Today 31 10:30 Chair Exercise 11:00 Crossword Puzzle 2:00 Village Resident Council Meeting 3:00 Snack and Chat 3:30 Happy Hour 6:00 Friday Night Musical		



Events are Subject to Change.