



THE SHORES
AT CLEAR LAKE
A GRACE MGMT COMMUNITY

March 2023

Monthly Events and Activities

19400 Space Center Blvd
Houston, TX 77058
281-823-8088
www.theshoresatclearlake.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Activity Types
			10:00 Resistance Band Workout 10:30 Arts and Crafts: Button Bouquets 1:30 Sensory Stimulation: Pick an Object, Tell a Story 2:30 Musical Hot Potato 3:30 Happy Hour 6:00 Disney Movie Night	10:00 Workout w/Weights 10:30 Arts and Crafts: Desert Sunset 1:30 Sensory Stimulation: The Science of Whipped Cream 2:30 Who Can Make a Shot? 3:30 Ice Cream Social 6:00 Drama Movie Night	10:00 Exercise w/OT 10:30 St. Paul's Catholic Church 1:30 Sensory Stimulation: Emoji Stress Balls 2:30 Beach Ball Bounce 3:00 Scenic Drive 3:30 Happy Hour 6:00 Romance Movie Night	10:00 iN2L: Chair Yoga 10:30 Paper Windssocks 1:30 Sensory Stimulation: Strawberry Shortcake Trifles 2:30 Alphabet Word Toss 3:30 iN2L Tablet 6:00 Western Movie Night	● Creativity ● Curiosity ● Fun ● Purpose
							Locations
8:30 Joel Osteen 10:00 iN2L: Chair Yoga 10:30 Arts and Crafts: Mandalas 1:30 Sensory Stimulation: Nature Names 2:30 Chair Calisthenics 3:30 iN2L Tablet 6:00 Action Movie Night	10:00 Cardio Drumming 10:30 Arts and Crafts: Simple Doodles 10:30 Bible Study w/Carolyn 1:30 Sensory Stimulation: Make Magic Wands 2:30 Balloon Hacky Sack 3:30 Happy Hour 6:00 Classical Movie Night	10:00 Fitness Drills 1:30 Sensory Stimulation: Easy Hamantaschen 2:30 Sock Basketball 3:30 Ice Cream Social 6:00 Comedy Movie Night	10:00 Resistance Band Workout 10:30 Entertainer: Michael Ryan 1:30 Sensory Stimulation: Color Scavenger Hunt 2:30 Twister Toss 3:00 Music Therapy w/Angel 3:30 Happy Hour 6:00 Disney Movie Night	10:00 Workout w/Weights 10:30 Gospel w/The Arnhart's 1:30 Sensory Stimulation: Mambo Italiano 2:00 Houston Audubon 2:30 The 4-7-8 Relaxing Breath Technique 3:30 Ice Cream Social 6:00 Drama Movie Night	10:00 Exercise w/OT 10:30 St. Paul's Catholic Church 1:30 Sensory Stimulation: Can You Gues the Dressing? 2:30 How Many Targets Can You Hit? 3:00 Scenic Drive 3:30 Happy Hour 6:00 Romance Movie Night	10:00 iN2L: Chair Yoga 10:30 Arts and Crafts: Painting with Corn Syrup 1:30 Sensory Stimulation: Sharing Photos 2:30 Let's Dance 3:30 iN2L Tablet 6:00 Western Movie Night	Happy Birthday! Alejandro "Alex" S. - 30th
8:30 Joel Osteen 10:00 iN2L: Chair Yoga 10:30 Arts and Crafts: Abstract Scrape Paintings 1:30 Sensory Stimulation: Coffee Break Spoons 2:30 Afternoon Walk 3:30 iN2L Tablet 6:00 Action Movie Night	10:00 Cardio Drumming 10:30 Arts and Crafts: Rainbow Shamrocks 10:30 Bible Study w/Carolyn 1:30 Speaker: Robert Landau 2:30 Move and Groove to Music 3:30 Happy Hour 6:00 Classical Movie Night	10:00 Fitness Drills 10:15 Joy the Comfort Dog 10:30 Arts and Crafts: Crumpled Tissue Paper Butterflies 1:30 Sensory Stimulation: Painting Circles 2:30 One Potato, One Carrot 3:30 Ice Cream Social 6:00 Comedy Movie Night	10:00 Resistance Band Workout 10:30 Arts and Crafts: Seashell Art 1:30 Sensory Stimulation: Clay Art 2:30 Basketball Edition 3:30 Happy Hour 6:00 Disney Movie Night	10:00 Workout w/Weights 10:30 Arts and Crafts: Panda Pops 1:30 Sensory Stimulation: Pucker Up! 2:30 Gospel Singalong w/Carolyn 3:30 Ice Cream Social 6:00 Drama Movie Night	- AD St. Patrick's Day 10:00 Exercise w/OT 10:30 St. Paul's Catholic Church 1:30 Sensory Stimulation: Irish Dancing 2:30 Rainbow Coin Flip 3:00 Scenic Drive 3:30 Happy Hour 6:00 Romance Movie Night	10:00 iN2L: Chair Yoga 10:30 Arts and Crafts: Baseball Art 1:30 Sensory Stimulation: Spring Hydrangea Art 2:30 Thimble Basket Toss 3:30 iN2L Tablet 6:00 Western Movie Night	 

Events are Subject to Change.

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8:30 Joel Osteen 10:00 iN2L: Chair Yoga 10:30 Arts and Crafts: Cherry Blossom Painting 1:30 Sensory Stimulation: D.Y.I. Box of Raisinets 2:30 Do You See Something That Is... 3:30 iN2L Tablet 6:00 Action Movie Night 19		10:00 Cardio Drumming 10:30 Arts and Crafts: Pinch Pot Nests 10:30 Bible Study w/Carolyn 1:30 Body & Rhythm Dance Class with Paloma 1:30 Sensory Stimulation: Butterfly Prints 2:30 Nature Scavenger Hunt 3:30 Happy Hour 6:00 Classical Movie Night 20		10:00 Fitness Drills 10:30 Arts and Crafts: No-Sew Fleece 1:30 Sensory Stimulation: Bark Rubbings 2:00 Music w/Paulie 3:30 Ice Cream Social 6:00 Comedy Movie Night 21		10:00 Resistance Band Workout 10:30 Arts and Crafts: Super Easy Balloon Animals 1:30 Sensory Stimulation: You're Never Too Old to Finger Paint! 2:30 Arm Workout 3:00 Birthday Party w/Maurice 3:30 Happy Hour 6:00 Disney Movie Night 22		10:00 Workout w/Weights 10:30 Arts and Crafts: Washcloth Puppies 1:30 Sensory Stimulation: Organ Sing Along 2:30 Minute-to-Win-It Bucket Toss 3:30 Ice Cream Social 3:30 Singalong w/Angela 6:00 Drama Movie Night 23		10:00 Exercise w/OT 10:30 St. Paul's Catholic Church 1:30 Village Council Meeting 2:30 Rock Scavenger Hunt 3:00 Scenic Drive 3:30 Happy Hour 6:00 Romance Movie Night 24		10:00 iN2L: Chair Yoga 10:30 Arts and Crafts: Flower Lamps 1:30 Sensory Stimulation: Sand Pictures 2:30 Javelin Throw 3:30 iN2L Tablet 6:00 Western Movie Night 25					
														Locations			
														Happy Birthday!			
8:30 Joel Osteen 10:00 iN2L: Chair Yoga 10:30 Arts and Crafts: Summer Pots 2:30 Play Bowls 3:30 iN2L Tablet 6:00 Action Movie Night 26		10:00 Cardio Drumming 10:30 Arts and Crafts: Fashion Jewelry 10:30 Bible Study w/Carolyn 1:30 Body & Rhythm Dance Class with Paloma 1:30 Sensory Stimulation: Does It Really Work for Age Spots? 2:30 Play 'Ulu Maika 3:30 Happy Hour 6:00 Classical Movie Night 27		10:00 Fitness Drills 10:15 Joy the Comfort Dog 10:30 Arts and Crafts: Flower Stones 2:30 Clown Bean Bag Toss 3:00 New Resident Social 3:30 Ice Cream Social 6:00 Comedy Movie Night 28		10:00 Resistance Band Workout 10:30 Arts and Crafts: Easter Egg Rocks 1:30 Sensory Stimulation: Blindfold Bread Tasting 2:30 Box Bowling 3:30 Happy Hour 6:00 Disney Movie Night 29		10:00 Workout w/Weights 10:30 Arts and Crafts: Nature Madalas 1:30 Sensory Stimulation: Fold Laundry 2:30 Who Wants to Play Catch? 3:30 Ice Cream Social 6:00 Drama Movie Night 30		10:00 Exercise w/OT 10:30 Arts and Crafts: Spring Crayon Rubbings 10:30 St. Paul's Catholic Church 1:30 Sensory Stimulation: Sort Flowers 2:30 Symphony Stretches 3:00 Scenic Drive 3:30 Happy Hour 6:00 Romance Movie Night 31							