

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Activity Types
			<div><div></div> 9:00 IL & AL Jump Start Exercise Class (MR)</div> <div><div></div> 1:00 The Best of Choplin Music Era (MR)</div> <div><div></div> 2:00 Big Money Bingo (MDR)</div> <div><div></div> 3:00 Wine Wednesday (MR)</div> <div><div></div> 6:00 Movie Night Western Wednesday (MR)</div>	<div><div></div> 9:00 Bible Study With David Doleshal (PR)</div> <div><div></div> 9:15 IL & AL Jump Start Exercise Class (MR)</div> <div><div></div> 12:30 BPC with Faith Home Care (AR)</div> <div><div></div> 1:00 Bridge Group (AR)</div> <div><div></div> 1:00 March IQ (AR)</div> <div><div></div> 2:00 Relaxation and Coloring Art (AR)</div> <div><div></div> 3:15 Shamrock Art Craft (AR)</div> <div><div></div> 6:00 Movie Night Drama Thursday (MR)</div>	<div><div></div> 9:00 IL & AL Jump Start Exercise Class (MR)</div> <div><div></div> 10:00 The Traveler with Jerry (MR)</div> <div><div></div> 11:00 Lunch Brunch to Ziggy's Pizza (OOB)</div> <div><div></div> 12:00 The Little Store (SP)</div> <div><div></div> 1:00 Men Nail Clipping Time (AR)</div> <div><div></div> 2:00 Big Money Bingo (MDR)</div> <div><div></div> 3:15 World Prayer Day with Eddie (MR)</div> <div><div></div> 6:00 Movie Night Comedy Friday (MR)</div>	<div><div></div> 9:00 Communion with St Thomas Church (MR)</div> <div><div></div> 1:00 Canasta Card Game</div> <div><div></div> 2:00 Mega Bingo (MDR)</div> <div><div></div> 3:15 Ministry with Heritage Family Church (MR)</div> <div><div></div> 6:00 Evening Movie Pick a DVD Day (MR)</div>	<div><div></div> Creativity</div> <div><div></div> Curiosity</div> <div><div></div> Fun</div> <div><div></div> Purpose</div>
Locations							
Meadowlark Room = MR							
Front Living Room = FLR							
Garden Level = GL							
Activity Room = AR							
Main Dining Room = MDR							
Pioneer Room = PR							
Out of Building = OOB							
Happy Birthday!							
Melva Zimmerman 3/3							
Dorothy Heidebreht 3/10							
Dwight Ball 3/16							
Pat Inklaar 3/17							
Pat Haines 3/17							
Joe Goodwin – 03/18							
Bob Lee 3/23							
Orville Weber 3/23							
Wilma Schwemmer 3/27							
Donald Lessley 3/28							
Fred Nibarger 3/30							

March 2023

Monthly Events and Activities



2455 North Woodlawn Blvd
Wichita, KS 67220
316-687-3741
www.sedgwickplaza.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Activity Types
<ul style="list-style-type: none"> ● 11:00 United Methodist Church Channel 10 (MR) ● 1:00 3 Thirteen Card Game (AR) ● 2:00 Sunday Drive with Lamont Pending Weather (OOB) ● 6:00 Evening Movie of Choice (MR) 	<ul style="list-style-type: none"> ● 9:00 IL & AL Jump Start Exercise Class (MR) ● 10:45 Casino Trip to Crosswinds (OOB) ● 12:00 The Little Store (SP) ● 1:00 Piano Music with Mary (FLR) ● 2:00 Big Money Bingo (MDR) ● 3:15 Chair Dance with Legacy (MR) ● 6:00 Movie Night Romance Monday (MR) 	<ul style="list-style-type: none"> ● 12:00 Popcorn Tuesday (AR) ● 9:00 IL & AL Jump Start Exercise Class (MR) ● 10:00 Book Club (PR) ● 10:15 Piano Music with Eddie (FLR) ● 1:00 Canasta Card Game (AR) ● 2:00 Veteran's Benefits Education with Greg Dane (MDR) ● 3:15 Window Stain Painting (AR) ● 6:00 Movie Night Action Tuesday (MR) ● 7:30 Wii Game Fun (MR) 	<ul style="list-style-type: none"> ● 9:00 IL & AL Jump Start Exercise Class (MR) ● 1:00 Marching Band Scrabble (AR) ● 2:00 Big Money Bingo (MDR) ● 3:15 Ice Cream Social (MR) ● 6:00 Movie Night Western Wednesday (MR) 	<ul style="list-style-type: none"> ● 9:00 Bible Study With David Doleshal (PR) ● 9:15 IL & AL Jump Start Exercise Class (MR) ● 12:30 Blood Pressure Checks with SPC (AR) ● 1:00 Bridge Group (AR) ● 2:00 Sip and Paint (MR) ● 3:15 Thirsty Thursday (MR) ● 6:00 Movie Night Drama Thursday (MR) 	<ul style="list-style-type: none"> ● 8:00 Veteran's Breakfast (MR) ● 9:00 IL & AL Jump Start Exercise Class (MR) ● 11:00 Trip to the Dollar Tree and Arby's for Lunch (OOB) ● 12:00 The Little Store (SP) ● 1:00 St. Patrick's Day Anagram (AR) ● 2:00 Big Money Bingo (MDR) ● 3:15 Parachute Fun (MR) ● 6:00 Movie Night Comedy Friday (MR) 	<ul style="list-style-type: none"> ● 9:00 Communion with St Thomas Church (MR) ● 1:00 Canasta Card Game ● 2:00 Mega Bingo (MDR) ● 3:15 Ministry with Heritage Family Church (MR) ● 6:00 Evening Movie Pick a DVD Day (MR) 	<p>● Creativity</p> <p>● Curiosity</p> <p>● Fun</p> <p>● Purpose</p>
							Locations
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