

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|--|---|---|--|
| <div>MARCH 2023</div> <div>Governor King</div> | | | <div> <div>9:00 Morning Coffee & Daily Chronicle</div> <div>9:30 Baking Club: Sugar Cookies</div> <div>11:00 Exercise: Sports Workout</div> <div>1:15 Music and Mocktails</div> <div>2:00 Dominoes Club</div> <div>3:00 Walking Club</div> <div>6:00 Evening Movie</div> </div> | <div> <div>9:00 Morning Coffee & Daily Chronicle</div> <div>9:45 "A few of my Favorite Things" Day Show & Tell</div> <div>10:30 Therapy with Graham the Golden</div> <div>11:00 Exercise: Dynamic Stretch</div> <div>1:30 The Sound of Music</div> <div>3:00 Fleece Tie Blanket Project</div> <div>6:00 Evening Movie</div> </div> | <div> <div>9:00 Morning Coffee & Daily Chronicle</div> <div>9:45 Bingo</div> <div>11:00 Exercise: Dance Workout</div> <div>1:30 Scenic Ride</div> <div>2:00 Ice Cream Social</div> <div>3:00 Walking Club</div> <div>3:15 Reading with David: The Animals by Carol Flynn</div> <div>6:00 Evening Movie</div> </div> | <div> <div>9:00 Morning Coffee & Daily Chronicle</div> <div>10:30 Senior Living Puzzle Club</div> <div>2:00 Weekend Sports on Cable: Residents Choice</div> <div>6:00 Old Time Show</div> </div> |
| <div> <div>9:00 Morning Coffee & Daily Chronicle</div> <div>2:00 Weekend Sports on Cable: Residents Choice</div> <div>6:00 Old Time Show</div> </div> | <div> <div>9:00 Morning Coffee & Daily Chronicle</div> <div>9:45 Book Club & Crafts</div> <div>11:00 Exercise: Yogalates</div> <div>1:15 Monday Matinee</div> <div>2:00 Manicures</div> <div>3:00 Walking Club</div> <div>6:00 Evening Movie</div> </div> | <div> <div>9:00 Morning Coffee & Daily Chronicle</div> <div>9:45 Baking Club: National Cereal Day</div> <div>11:00 Exercise: ROM, posture and flexibilty</div> <div>1:30 Travelogues</div> <div>3:00 Walking Club</div> <div>6:00 Evening Movie</div> </div> | <div> <div>9:00 Morning Coffee & Daily Chronicle</div> <div>9:30 Baking Club: Sugar Cookies</div> <div>11:00 Exercise: Sports Workout</div> <div>1:15 International Women's Day Movie: Little Women</div> <div>3:00 Walking Club</div> <div>6:00 Evening Movie</div> </div> | <div> <div>9:00 Morning Coffee & Daily Chronicle</div> <div>10:30 Therapy with Graham the Golden</div> <div>11:00 Exercise: Dynamic Stretch</div> <div>1:30 "Old People Are Cool Day" smoothies and reminisce</div> <div>3:00 "Uncalled Four" Rehearsal: Barbershop Quartet</div> <div>3:00 Walking Club</div> <div>6:00 Evening Movie</div> </div> | <div> <div>9:00 Morning Coffee & Daily Chronicle</div> <div>9:45 Bingo</div> <div>11:00 Exercise: Dance Workout</div> <div>1:30 Scenic Ride</div> <div>2:00 Ice Cream Social</div> <div>3:00 Walking Club</div> <div>3:15 Reading with David: The Animals by Carol Flynn</div> <div>6:00 Evening Movie</div> </div> | <div> <div>9:00 Morning Coffee & Daily Chronicle</div> <div>10:30 Senior Living Puzzle Club</div> <div>2:00 Weekend Sports on Cable: Residents Choice</div> <div>6:00 Old Time Show</div> </div> |
| <div> <div>9:00 Morning Coffee & Daily Chronicle</div> <div>2:00 Weekend Sports on Cable: Residents Choice</div> <div>6:00 Old Time Show</div> </div> | <div> <div>9:00 Morning Coffee & Daily Chronicle</div> <div>9:45 Book Club & Crafts</div> <div>11:00 Exercise: Yogalates</div> <div>11:00 Residents Association Meeting</div> <div>1:15 Monday Matinee</div> <div>2:00 Manicures</div> <div>3:00 Walking Club</div> <div>6:00 Evening Movie</div> </div> | <div> <div>9:00 Morning Coffee & Daily Chronicle</div> <div>9:45 Baking Club: Apple Pi</div> <div>11:00 Exercise: ROM, posture and flexibilty</div> <div>1:30 Travel Tuesday</div> <div>3:00 Walking Club</div> <div>6:00 Evening Movie</div> </div> | <div> <div>9:00 Morning Coffee & Daily Chronicle</div> <div>9:30 Trivia & Word Games</div> <div>11:00 Exercise: Sports Workout</div> <div>1:15 Music and Mocktails</div> <div>2:00 Dominoes Club</div> <div>3:00 Walking Club</div> <div>6:00 Evening Movie</div> </div> | <div> <div>9:00 Morning Coffee & Daily Chronicle</div> <div>10:30 Therapy with Graham the Golden</div> <div>11:00 Exercise: Dynamic Stretch</div> <div>1:30 Fleece Tie Blanket Project</div> <div>3:00 Walking Club</div> <div>6:00 Evening Movie</div> </div> | <div> <div>9:00 Morning Coffee & Daily Chronicle</div> <div>9:45 Truth or Blarney</div> <div>11:00 Exercise: Dance Workout</div> <div>1:30 Scenic Ride</div> <div>2:00 Ice Cream Social</div> <div>3:00 Music with Ben & Hadrian Hatfield</div> <div>3:00 Walking Club</div> <div>6:00 Evening Movie</div> </div> | <div> <div>9:00 Morning Coffee & Daily Chronicle</div> <div>10:30 Senior Living Puzzle Club</div> <div>2:00 Weekend Sports on Cable: Residents Choice</div> <div>6:00 Old Time Show</div> </div> |
| <div> <div>9:00 Morning Coffee & Daily Chronicle</div> <div>2:00 Weekend Sports on Cable: Residents Choice</div> <div>6:00 Old Time Show</div> </div> | <div> <div>9:00 Morning Coffee & Daily Chronicle</div> <div>9:45 Spring Equinox- Poetry Appreciation</div> <div>11:00 Exercise: Yogalates</div> <div>1:15 Monday Matinee</div> <div>2:00 Manicures</div> <div>3:00 Walking Club</div> <div>6:00 Evening Movie</div> </div> | <div> <div>9:00 Morning Coffee & Daily Chronicle</div> <div>9:45 Travel Tuesday</div> <div>11:00 Exercise: ROM, posture and flexibilty</div> <div>1:15 Concert Presentations</div> <div>3:00 Walking Club</div> <div>6:00 Evening Movie</div> </div> | <div> <div>9:00 Morning Coffee & Daily Chronicle</div> <div>9:30 Anniversary of Tuskegee Airmen Activation</div> <div>11:00 Exercise: Sports Workout</div> <div>1:15 Music and Mocktails</div> <div>3:00 Paper Airplane Competition</div> <div>6:00 Evening Movie</div> </div> | <div> <div>9:00 Morning Coffee & Daily Chronicle</div> <div>9:45 Baking Club: Dip for Chip & Dip Day</div> <div>10:30 Therapy with Graham the Golden</div> <div>11:00 Exercise: Dynamic Stretch</div> <div>1:30 Matinee</div> <div>3:00 "Uncalled Four" Rehearsal: Barbershop Quartet</div> <div>3:00 Walking Club</div> <div>6:00 Evening Movie</div> </div> | <div> <div>9:00 Morning Coffee & Daily Chronicle</div> <div>9:45 Bingo</div> <div>11:00 Exercise: Dance Workout</div> <div>1:30 Scenic Ride</div> <div>2:00 Ice Cream Social</div> <div>3:00 Walking Club</div> <div>3:15 Reading with David: The Animals by Carol Flynn</div> <div>6:00 Evening Movie</div> </div> | <div> <div>9:00 Morning Coffee & Daily Chronicle</div> <div>10:30 Senior Living Puzzle Club</div> <div>2:00 Weekend Sports on Cable: Residents Choice</div> <div>6:00 Old Time Show</div> </div> |
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