

Monthly Events and Activities

17710 Old Excelsior Blvd
Minnetonka, MN 55345
952-209-1440
www.havenwoodofminnetonka.com

A GRACE MGMT COMMUNITY **Activity Types Monday Tuesday** Wednesday **Thursday Friday Saturday Sunday** Creativity 3 **10:00** Donuts & 2 9:30 Stretching & **9:15** **Shopping **9:30** Stretching & Curiosity Breathing (FC) **Outing: Target** Breathing (FC) Coffee (CL) Fun **10:00** Parkinson's Class 9:30 Balance & Strength 11:00 Knitting (L) **1:30** Movie (TH) Purpose (FC) (FC) **1:30** Hot Chocolate Bar **11:00** Mexican Train **10:15** Songs, Prayer & (DI) Dominoes (CL) Catholic Communion • 1:30 Parkinson's Locations 2:00 Dime Bingo (CR) (CR) Support Group (CR) 10:30 Coffee, Cookies, & **2:00** Circuit Training Community Room = CR Conversations (CL) Club Room = CL (FC) 3:00 Happy Hour (CL) Theatre = TH 2:00 Bridge (CL) Fitness Center = FC 2:00 Sit n' Fit (FC) Deli = DI 3:30 Concert with Dining Room = DR Patrick Allen (CR) Care Suites = CS Memory Care = MC **10 10:00** Donuts & 11 7 **9:30** Stretching & **9:15** **Shopping 9 9:30 Stretching & 1:30 Movie (TH) 9:30 Stretching & **9:30** Balance & Tonka Porch = TP Breathing (FC) Strength (FC) Breathing (FC) Outing: Cub Breathing (FC) Coffee (CL) **10:00** Parkinson's Class 9:30 Balance & Strength | 11:00 Knitting (L) **10:00** Men's Coffee (CL) **1:00** One Day University 1:30 Movie (TH) • 1:30 Parkinson's 11:00 Yahtzee (DI) (TH) (FC) (FC) 11:30 **Ladies Brunch 2:00 Sit n' Fit (FC) **11:00** Mexican Train 10:15 Songs, Prayer & Support Group (CR) 3:30 Paint & Sip (CR) Catholic Communion 2:00 Circuit Training (CL) Dominoes (CL) **1:00** Spiritual 2:00 Dime Bingo (CR) (CR) (FC) Conversations (CR) **3:00** Specialty Drink 10:30 Coffee, Cookies, & 3:00 Happy Hour (CL) Happy Birthday! Conversations (CL) 2:00 Bridge (CL) Making (CL) 2:00 Cardio Drumming 2:00 Bridge (CL) Ardis M. - 1st (FC) 2:00 Sit n' Fit (FC) Judy K. - 5th 3:00 Documentary (T) 2:30 **City of Plymouth Mike H. - 5th **Indoor Walking** Katherine "Kathy" B. - 7th Murnice "Mike" S. - 18th 12 9:30 Stretching & **15 9:15** **Shopping **16 9:30** Stretching & 17 10:00 Donuts & 9:30 Stretching & Glennys S. - 23rd **1:30** Movie (TH) **9:30** Balance & Jerry A. - 25th Breathing (FC) Strength (FC) Breathing (FC) **Outing: Target** Breathing (FC) Coffee (CL) **10:00** Men's Coffee (CL) **10:00** Community ■ **10:00** Parkinson's Class • 9:30 Balance & Strength **11:00** Knitting (L) **1:30** Movie (TH) • 1:30 Parkinson's 11:00 Yahtzee (DI) Update Meeting (CR) (FC) (FC) **10:30** **Trader Joe's 1:00 Spiritual **1:00** National Pi Day **10:15** Songs, Prayer & Support Group (CR) **2:00** Circuit Training Conversations (CR) (CR) **Shopping Outing** Catholic Communion **1:30** Hot Chocolate Bar **2:00** Sit n' Fit (FC) 11:00 Mexican Train (CR) (FC) (DI) 3:30 Concert with 10:30 Coffee, Cookies, & | 3:00 St Patrick's Dominoes (CL) 2:00 Bridge (CL) 2:00 Dime Bingo (CR) Conversations (CL) James Shaw (CR) Themed Happy Hour **2:00** Cardio Drumming 2:00 Bridge (CL) (CL) (FC) 2:00 Sit n' Fit (FC) 3:00 Documentary (T)







Monthly Events and Activities

17710 Old Excelsior Blvd
Minnetonka, MN 55345
952-209-1440
www.havenwoodofminnetonka.com

Activity Types Monday Tuesday Wednesday **Thursday Friday Saturday Sunday** Creativity 19 9:30 Stretching & 21 9:30 Stretching & 23 9:30 Stretching & **10:00** Donuts & 22 9:15 **Shopping 25 **9:30** Balance & **1:30** Movie (TH) Curiosity Breathing (FC) Strength (FC) Breathing (FC) Breathing (FC) Coffee (CL) Outing: Cub Fun **10:00** Men's Coffee 10:00 Resident Council 10:00 Parkinson's **9:30** Balance & 11:00 Knitting (LI) 1:30 Movie (TH) Purpose Class (FC) Strength (FC) • 1:30 Parkinson's (CL) (CL) **2:00** Sit n' Fit (FC) 11:00 Yahtzee (DI) **11:00** Mexican Train **10:15** Songs, Prayer & Support Group (CR) Locations **1:00** Spiritual 3:00 Volleyball (L) Dominoes (CL) Catholic Communion 2:00 Circuit Training • 1:00 **Nails with Leah (CR) (FC) Conversations (CR) Community Room = CR **2:00** Bridge (CL) 10:30 Coffee, Cookies, 3:00 Happy Hour (CL) (DI) Club Room = CL 2:00 Cardio Drumming **2:00** Dime Bingo (CR) & Conversations (CL) Theatre = TH Fitness Center = FC 2:00 Bridge (CL) (FC) Deli = DI 3:00 Documentary (T) 2:00 Sit n' Fit (FC) Dining Room = DR 3:30 Concert with Jim Care Suites = CS Kirkendall (CR) Memory Care = MC Tonka Porch = TP 27 **9:30** Stretching & **9:15** **Shopping **9:30** Stretching & **1:30** Movie (TH) 9:30 Stretching & **9:30** Balance & Happy Birthday! Breathing (FC) 2:00 Piano Recital with Breathing (FC) Strength (FC) Outing: Target Breathing (FC) Jan (CR) **10:00** Men's Coffee 2:00 Sit n' Fit (FC) **10:00** Parkinson's 9:30 Balance & 11:00 Knitting (LI) Ardis M. - 1st 3:00 Informational Class (FC) Strength (FC) • 1:30 Parkinson's (CL) Judy K. - 5th Mike H. - 5th 11:00 Yahtzee (DI) Session about Bedrail **11:00** Mexican Train **10:15** Songs, Prayer & Support Group (CR) Katherine "Kathy" B. - 7th Catholic Communion **1:00** Spiritual Safety with Leah (CR) 2:00 Circuit Training Dominoes (CL) Murnice "Mike" S. - 18th Conversations (CR) 2:00 Dime Bingo (CR) (CR) (FC) Glennys S. - 23rd 2:00 Bridge (CL) **3:00** **City of 10:30 Coffee, Cookies, 3:00 Happy Hour (CL) Jerry A. - 25th 2:00 Cardio Drumming Plymouth Indoor & Conversations (CL) Walking 2:00 Bridge (CL) (FC) **2:00** Meat & Cheese 2:00 Sit n' Fit (FC) Tasting (CL) 3:00 Documentary (T)

