



DIRIGO PINES
A GRACE MGMT COMMUNITY

MARCH 2023

Monthly Events and Activities - Arbor Neighborhood

9 Alumni Dr
Orono, ME 04473
207-866-3400
www.dirigopines.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Activity Types
			10:00 Move and Groove w/Lucy (AER) 10:30 Current Events (ADR) 11:00 Devotion (AER) 1:00 Bingo (MDR) 2:00 Book Club/Snack (ADR) 4:00 Fireside Strings (KGP) 6:30 Classic TV Ch 12 (ALR)	- AD Thrilling Thursday - Wear your favorite outfit 10:00 Move and Groove w/Lucy (AER) 10:30 Devotion (AER) 11:00 Ball Activity (AER) 1:00 Sensory Activity (ADR) 2:00 Snack and Chat 6:30 Classic TV Ch 12 (ALR)	10:00 Move and Groove w/Lucy (AER) 10:30 Current Events (ADR) 11:00 Devotion (AER) 1:00 Movie and Popcorn (AIR) 2:00 Snack and Chat 6:30 Classic TV Ch 12 (ALR)	10:00 Catholic Church Service (AIR) 11:00 Listen to Spiritual Music 2:00 Movie Matinee (AIR) 3:00 Snack and Chat (ADR) 6:30 Classic TV Ch 12 (ALR)	- Creativity - Curiosity - Fun - Purpose
10:00 Exercise (AER) 10:00 Listen to Spiritual Music (AIR) 11:00 Non Denominational Church Service (AIR) 2:00 Movie Matinee (AIR) 3:00 Snack and Chat (ADR) 6:30 Classic TV Ch 12 (ALR)	- AD National Oreo Cookie Day 10:00 Move and Groove w/Lucy (AER) 10:30 Current Events (ADR) 11:00 Resident Council (AER) 1:00 Creative Craft (ADR) 2:00 Snack and Chat 6:30 Classic TV Ch 12 (ALR)	9:30 Game Activities (KGP) 10:00 Move and Groove w/Lucy (AER) 10:30 Devotion (AER) 10:45 Cooking (AAK) 1:00 Movie (AIR) 2:00 Masanabu (KGP) 2:00 Snack and Chat 6:30 Classic TV Ch 12 (ALR)	10:00 Move and Groove w/Lucy (AER) 10:30 Current Events (ADR) 11:00 Devotion (AER) 1:00 Bingo (MDR) 2:00 Book Club/Snack (ADR) 6:00 Arbor Night - PMR (PMR) 6:30 Classic TV Ch 12 (ALR) 6:30 Eastern Area Agency on Aging Presentation (KGP) 7:00 Alzheimer's Support Group - PMR (PMR)	- AD Thrilling Thursday - Dress like Barbie or Ken Day 10:00 Move and Groove w/Lucy (AER) 10:30 Devotion (AER) 11:00 Ball Activity (AER) 1:00 IN2L Activity (AIR) 2:00 Snack and Chat 6:30 Classic TV Ch 12 (ALR)	10:00 Move and Groove w/Lucy (AER) 10:30 Current Events (ADR) 11:00 Devotion (AER) 1:00 Magical Water Painting (ADR) 2:00 Snack and Chat 6:30 Classic TV Ch 12 (ALR)	10:00 Catholic Church Service (AIR) 11:00 Listen to Spiritual Music 2:00 Irish Music and Dance (KGP) 2:00 Movie Matinee (AIR) 3:00 Snack and Chat (ADR) 6:30 Classic TV Ch 12 (ALR)	Locations Kenduskeag Gathering Place = KGP Penobscot Media Room = PMR Garden Room = GR Social Room = SR Library = LB Meadowbrook Dining Room = MDR Meadowbrook Living Room = MLR Kenduskeag Dining Room = KDR Kenduskeag Living Room = KDR Game Room = GM Arbor Dining Room = ADR Arbor IN2L Room = IN2L Arbor Living Room = ALR Arbor Exercise/Music Room = EMR Arbor Activity Kitchen = AAK
10:00 Exercise (AER) 10:00 Listen to Spiritual Music (AIR) 11:00 Non Denominational Church Service (AIR) 2:00 Movie Matinee (AIR) 3:00 Snack and Chat (ADR) 6:30 Classic TV Ch 12 (ALR)	10:00 Move and Groove w/Lucy (AER) 10:30 Current Events (ADR) 11:00 Ball Activity (AER) 1:00 Creative Craft (ADR) 2:00 Snack and Chat 6:30 Classic TV Ch 12 (ALR)	10:00 Move and Groove w/Lucy (AER) 10:30 Devotion (AER) 10:45 Cooking (AAK) 1:00 Movie (AIR) 2:00 Masanabu (KGP) 2:00 Snack and Chat 6:30 Classic TV Ch 12 (ALR)	10:00 Move and Groove w/Lucy (AER) 10:30 Current Events (ADR) 11:00 Devotion (AER) 1:00 Bingo (MDR) 2:00 Book Club/Snack (ADR) 6:30 Classic TV Ch 12 (ALR)	- AD Thrilling Thursday - Wear a Farm Outfit 10:00 Puppy Visits 11:00 Ball Activity (AER) 1:00 Sensory Activity (ADR) 2:00 Snack and Chat 6:30 Classic TV Ch 12 (ALR)	- AD St. Patrick's Day - Wear Green 10:00 Move and Groove w/Lucy (AER) 10:30 Current Events (ADR) 11:00 Devotion (AER) 1:00 Irish Stories, Poems, and Folklore (ADR) 2:00 Snack and Chat 2:30 Irish Music with David Gardiner (AER) 3:00 Irish Science Experiment (ADR) 6:30 Classic TV Ch 12 (ALR)	10:00 Catholic Church Service (AIR) 11:00 Listen to Spiritual Music 2:00 Movie Matinee (AIR) 3:00 Snack and Chat (ADR) 6:30 Classic TV Ch 12 (ALR)	Happy Birthday! No Birthdays in Month





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10:00 Exercise (AER) 10:00 Listen to Spiritual Music (AIR) 11:00 Non Denominational Church Service (AIR) 2:00 Movie Matinee (AIR) 3:00 Snack and Chat (ADR) 6:30 Classic TV Ch 12 (ALR)	- AD First Day of Spring 10:00 Move and Groove w/Lucy (AER) 10:30 Current Events (ADR) 11:00 Ball Activity (AER) 1:00 Creative Craft (ADR) 2:00 Snack and Chat 6:30 Classic TV Ch 12 (ALR)	10:00 Move and Groove w/Lucy (AER) 10:30 Devotion (AER) 10:45 Cooking (AAK) 1:00 IN2L Activity (AIR) 2:00 Snack and Chat 6:30 Classic TV Ch 12 (ALR)	10:00 Move and Groove w/Lucy (AER) 10:30 Current Events (ADR) 11:00 Devotion (AER) 1:00 Bingo (MDR) 2:00 Book Club/Snack (ADR) 6:30 Classic TV Ch 12 (ALR)	- AD Thrilling Thursday - Dancing Clothes 10:00 Move and Groove w/Lucy (AER) 10:30 Devotion (AER) 11:00 Ball Activity (AER) 1:00 IN2L Activity (AIR) 2:00 Snack and Chat 6:30 Classic TV Ch 12 (ALR) 6:30 Country Dance (KGP)	10:00 Move and Groove w/Lucy (AER) 10:30 Current Events (ADR) 11:00 Devotion (AER) 1:00 Fizzy Snowflakes (ADR) 2:00 Snack and Chat 6:30 Classic TV Ch 12 (ALR)	10:00 Catholic Church Service (AIR) 11:00 Listen to Spiritual Music 2:00 Movie Matinee (AIR) 3:00 Snack and Chat (ADR) 6:30 Classic TV Ch 12 (ALR)	- Creativity - Curiosity - Fun - Purpose
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Events are Subject to Change.

