



THE COUNTRY CLUB
OF LA CHOLLA
A GRACE MGMT COMMUNITY

March 2023

Assisted Living Activity Calendar

8700 North La Cholla Blvd
Tucson, AZ 85742
520-797-8700
www.countrycluboflacholla.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Activity Types
			10:00 Stretch & Tone (AAR) 1:00 Women's Bible Study (IAR) 1:30 AL Town Hall Meeting (ADR) 2:00 Wine Down Wednesday (CL) 3:00 Jackpot Bingo (ADR)	10:00 Bayada Blood Pressure Clinic (CL) 10:00 Stretch & Tone (AAR) 1:30 Color Art Therapy (AAR) 2:30 Bayada Health Presentation: "Kidney Health" (AAR)	10:00 Covid-19 Update (B) 10:00 Stretch & Tone (AAR) 1:00 Food Committee (B) 3:00 Happy Hour & Music With Matt Mitchell (B) 6:15 Dummy Rummy (AAR)	10:00 Sit and Be Fit Video (AAR) 1:30 Bingo (AAR) 2:30 Stride & Stroll (B4) 6:00 Movie Night: "Annie Get Your Gun" (AAR)	Creativity Curiosity Fun Purpose
8:00 Trip: Local Church Services (IML) 9:30 Non-Denominational Church Service (C) 1:30 I Love Lucy Show (AAR)	10:00 Stretch & Tone (AAR) 10:15 Women's Bible Study (IAR) 2:00 Color Art Therapy (AAR) 2:00 Scrabble (BI) 3:00 Puzzle Time (AAR)	10:00 Catholic Communion Service (C) 10:00 Stretch & Tone (AAR) 2:30 Crafts With Melissa (AAR) 6:15 Dummy Rummy (AAR)	10:00 Stretch & Tone (AAR) 11:00 Walmart Shopping Trip (MIAL) 1:00 Women's Bible Study (IAR) 2:00 Wine Down Wednesday (CL) 3:00 Jackpot Bingo (ADR)	10:00 Bayada Blood Pressure Clinic (CL) 10:00 Stretch & Tone (AAR) 1:30 Color Art Therapy (AAR) 2:30 Let's Make a Deal & Prizes! (ALR)	10:00 Covid-19 Update (B) 10:00 Stretch & Tone (AAR) 2:00 Show & Share (ALR) 3:00 Happy Hour and Music with Chuck Moses (B) 6:15 Dummy Rummy (AAR)	10:00 Sit and Be Fit Video (AAR) 1:30 Bingo (AAR) 2:30 Stride & Stroll (B4) 6:00 Movie Night: "The Blind Side" (AAR)	(AAR) Assisted Living Activity Room (ADR) Assisted Living Dining Room (ALR) Assisted Living Room (B) Bistro (B4) Building 4 (CL) Club Lounge (IAR) Independent Living Activity Room
8:00 Trip: Local Church Services (IML) 9:30 Non-Denominational Church Service (C) 1:30 I Love Lucy Show (AAR)	10:00 Stretch & Tone (AAR) 10:15 Women's Bible Study (IAR) 2:00 Color Art Therapy (AAR) 2:00 Scrabble (BI) 3:00 Puzzle Time (AAR)	10:00 Catholic Communion Service (C) 10:00 Stretch & Tone (AAR) 11:00 National PI Day - Equation Solving! (BI) 1:00 New Resident Orientation (CL) 2:30 Crafts With Melissa (IAR) 2:30 Irish Music with Gary Jones (ALR) 6:15 Dummy Rummy (AAR)	10:00 Stretch & Tone (AAR) 11:00 Scenic Drive (MIAL) 1:00 Casino of the Sun (MITIL) 1:00 Women's Bible Study (IAR) 2:00 Wine Down Wednesday (CL) 3:00 Jackpot Bingo (ADR)	10:00 Bayada Blood Pressure Clinic (CL) 10:00 Stretch & Tone (AAR) 11:00 Pots of Gold Scavenger Hunt! (BU) 1:30 Color Art Therapy (AAR) 2:30 Categories Game (AL)	8:00 Wearin' of the Green Day! (BUI) 10:00 Covid-19 Update (B) 10:00 Stretch & Tone (AAR) 2:00 St. Patrick's Day Celebration! Entertainment with The McGuire Irish Dancers & Tucson Pipers (B) 6:15 Dummy Rummy (AAR)	10:00 Sit and Be Fit Video (AAR) 1:30 Bingo (AAR) 2:30 Stride & Stroll (B4) 6:00 Movie Night: "Driving Miss Daisy" (AAR)	
8:00 Trip: Local Church Services (IML) 9:30 Non-Denominational Church Service (C) 1:30 I Love Lucy Show (AAR)	10:00 Stretch & Tone (AAR) 10:15 Women's Bible Study (IAR) 2:00 Color Art Therapy (AAR) 2:00 Scrabble (BI) 3:00 Puzzle Time (AAR)	10:00 Catholic Communion Service (C) 10:00 Stretch & Tone (AAR) 2:00 Bean Bag Games (ADR) 2:30 Crafts With Melissa (IAR) 6:15 Dummy Rummy (AAR)	10:00 Stretch & Tone (AAR) 1:00 Women's Bible Study (IAR) 1:30 Reminiscing (ALR) 2:00 Wine Down Wednesday (CL) 3:00 Jackpot Bingo (ADR)	10:00 Bayada Blood Pressure Clinic (CL) 10:00 Stretch & Tone (AAR) 1:30 Color Art Therapy (AAR) 2:30 Tohono Chul Presentation: "Saguaro Story" (AAR)	10:00 Covid-19 Update (B) 10:00 Stretch & Tone (AAR) 2:00 Pictionary & Music Trivia (ALR) 3:00 Happy Hour (B) 6:15 Dummy Rummy (AAR)	10:00 Sit and Be Fit Video (AAR) 1:30 Bingo (AAR) 2:30 Stride & Stroll (B4) 6:00 Movie Night: "The American President" (AAR)	
8:00 Trip: Local Church Services (IML) 9:30 Non-Denominational Church Service (C) 1:30 I Love Lucy Show (AAR)	10:00 Stretch & Tone (AAR) 10:15 Women's Bible Study (IAR) 2:00 Color Art Therapy (AAR) 2:00 Scrabble (BI) 3:00 Puzzle Time (AAR)	10:00 Catholic Communion Service (C) 10:00 Stretch & Tone (AAR) 2:00 March Birthday Celebration & Music With Harry Gray (CL) 2:30 Crafts With Melissa (IAR) 6:15 Dummy Rummy (AAR)	10:00 Knitting Club (CL) 10:00 Stretch & Tone (AAR) 1:00 Women's Bible Study (IAR) 2:00 Wine Down Wednesday (CL) 3:00 Jackpot Bingo (ADR)	10:00 Bayada Blood Pressure Clinic (CL) 10:00 Stretch & Tone (AAR) 1:30 Nail Spa & Refreshments (ALR) 2:30 Bayada Health Balance Clinic (AAR)	10:00 Covid-19 Update (B) 10:00 Stretch & Tone (AAR) 2:00 Team Trivia (ALR) 3:00 Happy Hour and Music With Steven Schwartz (B) 6:15 Dummy Rummy (AAR)		



Events are Subject to Change.