



THE HIGHLANDS
A GRACE MGMT COMMUNITY
Week of March 12, 2023

Good to Go Dinner Menu \$20 (includes soup or salad, entrée, 2 sides and a dessert)

	Sunday Brunch	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Soups	Corn Chowder	Vegetable	Italian Wedding	Chicken Rice	Tomato	Beef Stew	Toscana
Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
Entrees	Baked Ham	Salmon Cakes	Shrimp Scampi	Fajita Beef/Rice	Fried Chicken	Corned Beef	B&B Burrito
	Flounder	Pork Tenderloin	Chicken Parm	Burgundy Pork	Stuffed Pepper	Bangers & Mash	Tilapia
Starch	Sweet Potato	Mash Potato	Lemon Rice	Baked Potato	Baked Beans	Colcannon Pots	Beans & Rice
	Rice Pilaf	Parm Polenta	Spaghetti	Spanish Rice	Roasted Pots	Potato Pancakes	Mashed Sweets
Vegetables	Baked Squash	Chef's Choice	Spinach	Peas & Onions	Coleslaw	Braised Cabbage	Corn
	Asparagus	Broccoli	Yellow Squash	Cauliflower	Zucchini	Carrots	Peas
Desserts	Bl Forest Cke	Pear Crisp	Banana Cake	Choc. Cobbler	Cherry Pie	Mint Choc. Pie	Carrot Cake
	Pumpkin Pie	Bread Pudding	Apple Pie	Apricot Bar	Fruit Parfait	Green Velvet Cake	PB Pie

*Gluten Free Entrée V Vegetarian

Home Delivery: Sunday 12:30-1:00, Mon-Sat 6:00-6:30 (207) 725-4407 Ext. 136

24 Hr notice is suggested. Highland Green Residents: \$1 delivery fee per address