



TWIN RIVERS  
A GRACE MGMT COMMUNITY

# JANUARY 2023

1720 North Plano Road  
Richardson, Texas 75081  
972-979-4333 | License: 106770  
[www.twinriversassistedliving.com](http://www.twinriversassistedliving.com)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>1</b></p> <p><b>HAPPY NEW YEAR!!</b></p> <p><b>SP 10:00</b> Non- Denomination Worship Service</p> <p><b>SP 11:00</b> <b>Sing Along and Bible Reading</b></p> <p><b>SO 2:00</b> Snack and Chat</p> <p><b>I 3:00</b> <b>New Year's Entertainment in AL</b></p> <p><b>SO 4:00</b> New Year Movie</p>	<p><b>2</b></p> <p><b>PY 10:00</b> Daily Chronicles</p> <p><b>PY 10:30</b> Sit &amp; Be Fit</p> <p><b>E 11:00</b> Sing W/Mary Sue (iN2L)</p> <p><b>SE 1:00</b> Daily Calm Meditation</p> <p><b>SO 2:30</b> Snack &amp; Chat</p> <p><b>CC 3:00</b> BINGO</p> <p><b>SO 6:00</b> Hallmark Movie</p>	<p><b>3</b></p> <p><b>PY 10:00</b> Daily Chronicles</p> <p><b>I 10:30</b> Table and Board Games</p> <p><b>SE 1:00</b> Daily Calm Meditation</p> <p><b>SO 2:30</b> Snack &amp; Chat</p> <p><b>PY 3:00</b> Chair volleyball</p> <p><b>CR 3:30</b> Puzzles &amp; Coloring</p> <p><b>E 6:00</b> Classical Music</p>	<p><b>4</b></p> <p><b>PY 10:00</b> Daily Chronicles</p> <p><b>PY 10:30</b> Chair Exercise</p> <p><b>E 11:00</b> Sing Along Music (iN2L)</p> <p><b>CC 1:00</b> <b>Library Book Check out Day</b></p> <p><b>SO 2:00</b> Snack &amp; Chat</p> <p><b>CC 3:30</b> Brain Teasers &amp; Trivia (iN2L)</p> <p><b>SO 6:00</b> Hallmark Movie</p>	<p><b>5</b></p> <p><b>PY 10:00</b> Daily Chronicles</p> <p><b>SE 11:00</b> <b>Texas Winds</b></p> <p><b>SP 1:00</b> Catholic Communion</p> <p><b>SP 1:15</b> Rosary Circle W/Ken Brown</p> <p><b>SO 2:30</b> Snack &amp; Chat</p> <p><b>I 3:30</b> Puzzles &amp; Dominoes</p> <p><b>E 6:00</b> Classical Music</p>	<p><b>6</b></p> <p><b>PY 10:00</b> Daily Chronicles</p> <p><b>PY 10:30</b> Sit &amp; Be Fit</p> <p><b>E 11:00</b> Sing with Susie Q (iN2L)</p> <p><b>SE 1:00</b> Daily Calm Meditation</p> <p><b>SO 2:30</b> Snack &amp; Chat</p> <p><b>CC 3:00</b> BINGO</p> <p><b>SO 6:00</b> Hallmark Movie</p>	<p><b>7</b></p> <p><b>SO 10:30</b> Coffee &amp; Donuts Social</p> <p><b>SO 2:30</b> Snack and Chat</p> <p><b>PR 3:00</b> Afternoon Stretch</p> <p><b>CC 3:30</b> Puzzle &amp; Coloring</p> <p><b>E 6:00</b> Classical Music</p>
<p><b>8</b></p> <p><b>SP 10:00</b> Non- Denomination Worship Service</p> <p><b>SP 11:00</b> <b>Sing Along and Bible Reading</b></p> <p><b>SO 2:00</b> Snack and Chat</p> <p><b>I 3:00</b> Dominoes</p> <p><b>SO 4:00</b> Sunday Movie</p>	<p><b>9</b></p> <p><b>PY 10:00</b> Daily Chronicles</p> <p><b>PY 10:30</b> Sit &amp; Be Fit</p> <p><b>E 11:00</b> Sing W/Mary Sue (iN2L)</p> <p><b>SE 1:00</b> Daily Calm Meditation</p> <p><b>SO 2:30</b> Snack &amp; Chat</p> <p><b>CC 3:00</b> BINGO</p> <p><b>SO 6:00</b> Hallmark Movie</p>	<p><b>10</b></p> <p><b>PY 10:00</b> Daily Chronicles</p> <p><b>PR 10:30</b> Bean Bag Twister</p> <p><b>SE 1:00</b> Daily Calm Meditation</p> <p><b>SO 2:30</b> Snack &amp; Chat</p> <p><b>PY 3:00</b> Chair volleyball</p> <p><b>CR 3:30</b> Puzzles &amp; Coloring</p> <p><b>E 6:00</b> Classical Music</p>	<p><b>11</b></p> <p><b>PY 10:00</b> Daily Chronicles</p> <p><b>PY 10:30</b> Chair Exercise</p> <p><b>E 11:00</b> Sing Along Music (iN2L)</p> <p><b>CC 1:00</b> <b>Library Book Check out Day</b></p> <p><b>SO 2:00</b> Snack &amp; Chat</p> <p><b>CC 3:30</b> Brain Teasers &amp; Trivia (iN2L)</p> <p><b>SO 6:00</b> Hallmark Movie</p>	<p><b>12</b></p> <p><b>PY 10:00</b> Daily Chronicles</p> <p><b>I 10:30</b> <b>Music Therapy with Ivor</b></p> <p><b>SP 1:00</b> Catholic Communion</p> <p><b>SP 1:15</b> Rosary Circle W/Ken Brown</p> <p><b>SO 2:30</b> Snack &amp; Chat</p> <p><b>I 3:30</b> Puzzles &amp; Dominoes</p> <p><b>E 6:00</b> Classical Music</p>	<p><b>13</b></p> <p><b>PY 10:00</b> Daily Chronicles</p> <p><b>PY 10:30</b> Sit &amp; Be Fit</p> <p><b>E 11:00</b> Sing with Susie Q (iN2L)</p> <p><b>SE 1:00</b> Daily Calm Meditation</p> <p><b>SO 2:30</b> Snack &amp; Chat</p> <p><b>CC 3:00</b> BINGO</p> <p><b>SO 6:00</b> Hallmark Movie</p>	<p><b>14</b></p> <p><b>SO 10:30</b> Coffee &amp; Donuts Social</p> <p><b>SO 2:30</b> Snack and Chat</p> <p><b>PR 3:00</b> Afternoon Stretch</p> <p><b>CC 3:30</b> Puzzle &amp; Coloring</p> <p><b>E 6:00</b> Classical Music</p>
<p><b>15</b></p> <p><b>SP 10:00</b> Non- Denomination Worship Service</p> <p><b>SP 11:00</b> <b>Sing Along and Bible Reading</b></p> <p><b>SO 2:00</b> Snack and Chat</p> <p><b>I 3:00</b> Dominoes</p> <p><b>SO 4:00</b> Sunday Movie</p>	<p><b>16</b></p> <p><b>PY 10:00</b> Daily Chronicles</p> <p><b>PY 10:30</b> Sit &amp; Be Fit</p> <p><b>E 11:00</b> Sing W/Mary Sue (iN2L)</p> <p><b>SE 1:00</b> Daily Calm Meditation</p> <p><b>SO 2:30</b> Snack &amp; Chat</p> <p><b>CC 3:00</b> BINGO</p> <p><b>SO 4:00</b> <b>Entertainment with Toni Macaroni</b></p> <p><b>SO 6:00</b> Hallmark Movie</p>	<p><b>17</b></p> <p><b>PY 10:00</b> Daily Chronicles</p> <p><b>I 10:30</b> Table &amp; Board Games</p> <p><b>SE 1:00</b> Daily Calm Meditation</p> <p><b>SO 2:30</b> Snack &amp; Chat</p> <p><b>PY 3:00</b> Chair volleyball</p> <p><b>CR 3:30</b> Puzzles &amp; Coloring</p> <p><b>E 6:00</b> Classical Music</p>	<p><b>18</b></p> <p><b>PY 10:00</b> Daily Chronicles</p> <p><b>PY 10:30</b> Chair Exercise</p> <p><b>E 11:00</b> Sing Along Music (iN2L)</p> <p><b>CC 1:00</b> <b>Library Book Check out Day</b></p> <p><b>SO 2:00</b> Snack &amp; Chat</p> <p><b>CC 3:30</b> Brain Teasers &amp; Trivia (iN2L)</p> <p><b>SO 6:00</b> Hallmark Movie</p>	<p><b>19</b></p> <p><b>PY 10:00</b> Daily Chronicles</p> <p><b>SE 11:30</b> <b>Jody &amp; Jody Music Worship</b></p> <p><b>SP 1:00</b> Catholic Communion</p> <p><b>SP 1:15</b> Rosary Circle W/Ken Brown</p> <p><b>SO 2:30</b> Snack &amp; Chat</p> <p><b>I 3:30</b> Puzzles &amp; Dominoes</p> <p><b>E 6:00</b> Classical Music</p>	<p><b>20</b></p> <p><b>PY 10:00</b> Daily Chronicles</p> <p><b>PY 10:30</b> <b>Entertainment with Dennis Cobbs</b></p> <p><b>E 11:00</b> Sing with Susie Q (iN2L)</p> <p><b>SE 1:00</b> Daily Calm Meditation</p> <p><b>SO 2:30</b> Snack &amp; Chat</p> <p><b>CC 3:00</b> BINGO</p> <p><b>SO 6:00</b> Hallmark Movie</p>	<p><b>21</b></p> <p><b>SO 10:30</b> Coffee &amp; Donuts Social</p> <p><b>SO 2:30</b> Snack and Chat</p> <p><b>PR 3:00</b> Afternoon Stretch</p> <p><b>CC 3:30</b> Puzzle &amp; Coloring</p> <p><b>E 6:00</b> Classical Music</p>

Events are Subject to Change.



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Twin Rivers Memory Care Calendar

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p><b>22</b></p> <p><b>SP 10:00</b> Non- Denomination Worship Service</p> <p><b>SP 11:00</b> <b>Sing Along and Bible Reading</b></p> <p><b>SO 2:00</b> Snack and Chat</p> <p><b>I 3:00</b> Dominoes</p> <p><b>SO 4:00</b> Sunday Movie</p>	<p><b>23</b></p> <p><b>PY 10:00</b> Daily Chronicles</p> <p><b>PY 10:30</b> Sit &amp; Be Fit</p> <p><b>E 11:00</b> Sing W/Mary Sue (iN2L)</p> <p><b>SE 1:00</b> Daily Calm Meditation</p> <p><b>SO 2:30</b> Snack &amp; Chat</p> <p><b>CC 3:00</b> BINGO</p> <p><b>SO 6:00</b> Hallmark Movie</p>	<p><b>24</b></p> <p><b>PY 10:00</b> Daily Chronicles</p> <p><b>PR 10:30</b> Bean Bag Twister</p> <p><b>SE 1:00</b> Daily Calm Meditation</p> <p><b>SO 2:30</b> Snack &amp; Chat</p> <p><b>PY 3:00</b> Chair volleyball</p> <p><b>CR 3:30</b> Puzzles &amp; Coloring</p> <p><b>E 6:00</b> Classical Music</p>	<p><b>25</b></p> <p><b>PY 10:00</b> Daily Chronicles</p> <p><b>PY 10:30</b> Chair Exercise</p> <p><b>E 11:00</b> Sing Along Music (iN2L)</p> <p><b>CC 1:00</b> <b>Library Book Check out Day</b></p> <p><b>SO 2:00</b> Snack &amp; Chat</p> <p><b>CC 3:30</b> Brain Teasers &amp; Trivia (iN2L)</p> <p><b>SO 6:00</b> Hallmark Movie</p>	<p><b>26</b></p> <p><b>PY 10:00</b> Daily Chronicles</p> <p><b>I 10:30</b> <b>Music Therapy with Ivor</b></p> <p><b>SP 1:00</b> Catholic Communion</p> <p><b>SP 1:15</b> Rosary Circle W/Ken Brown</p> <p><b>SO 2:30</b> Snack &amp; Chat</p> <p><b>I 3:30</b> Puzzles &amp; Dominoes</p> <p><b>E 6:00</b> Classical Music</p>	<p><b>27</b></p> <p><b>PY 10:00</b> Daily Chronicles</p> <p><b>PY 10:30</b> Sit &amp; Be Fit</p> <p><b>E 11:00</b> Sing with Susie Q (iN2L)</p> <p><b>SE 1:00</b> Daily Calm Meditation</p> <p><b>SO 2:30</b> Snack &amp; Chat</p> <p><b>CC 3:00</b> BINGO</p> <p><b>SO 6:00</b> Hallmark Movie</p>	<p><b>28</b></p> <p><b>SO 10:30</b> Coffee &amp; Donuts Social</p> <p><b>SO 2:30</b> Snack and Chat</p> <p><b>PR 3:00</b> Afternoon Stretch</p> <p><b>CC 3:30</b> Puzzle &amp; Coloring</p> <p><b>E 6:00</b> Classical Music</p>	
<p><b>29</b></p> <p><b>SP 10:00</b> Non- Denomination Worship Service</p> <p><b>SP 11:00</b> <b>Sing Along and Bible Reading</b></p> <p><b>SO 2:00</b> Snack and Chat</p> <p><b>I 3:00</b> Dominoes</p> <p><b>SO 4:00</b> Sunday Movie</p>	<p><b>30</b></p> <p><b>PY 10:00</b> Daily Chronicles</p> <p><b>PY 10:30</b> Sit &amp; Be Fit</p> <p><b>E 11:00</b> Sing W/Mary Sue (iN2L)</p> <p><b>SE 1:00</b> Daily Calm Meditation</p> <p><b>SO 2:30</b> Snack &amp; Chat</p> <p><b>CC 3:00</b> BINGO</p> <p><b>SO 6:00</b> Hallmark Movie</p>	<p><b>31</b></p> <p><b>PY 10:00</b> Daily Chronicles</p> <p><b>I 10:30</b> Table &amp; Board Games</p> <p><b>SE 1:00</b> Daily Calm Meditation</p> <p><b>SO 2:30</b> Snack &amp; Chat</p> <p><b>PY 3:00</b> Chair volleyball</p> <p><b>CR 3:30</b> Puzzles &amp; Coloring</p> <p><b>E 6:00</b> Classical Music</p>	<p><b>CO</b> - Cognitive</p> <p><b>CR</b> - Creative</p> <p><b>E</b> - Emotional</p> <p><b>I</b> - Intergenerational</p> <p><b>PY</b> - Physical</p> <p><b>PR</b> - Purposeful</p> <p><b>SE</b> - Sensory</p> <p><b>SO</b> - Social</p> <p><b>SP</b> - Spiritual</p>	<p>We Wish for your bright future, Peace of heart, prosperity, and rejoice Happy New Year 2023!! from Twin Rivers Memory Care.</p>			

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