



TWIN RIVERS  
A GRACE MGMT COMMUNITY

# JANUARY 2023

1720 North Plano Road  
Richardson, Texas 75081  
972-979-4333 | License: 106770  
[www.twinriversassistedliving.com](http://www.twinriversassistedliving.com)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>1</b></p> <p><b>SP 11:00</b> Catholic Diocese</p> <p><b>SP 11:00</b> First Methodist Mans Field</p> <p><b>SE 12:00</b> Sing Along with Lynna</p> <p><b>SO 2:30</b> Quarter Bingo</p> <p><b>SE 3:00</b> New Year Day Bash with Matthew Babineaux</p> <p><b>CC 6:30</b> Mexican Train</p>	<p><b>2</b></p> <p><b>10:00</b> Shopping at Target</p> <p><b>11:00</b> Helping Hands Napkin Folding</p> <p><b>PY 2:00</b> Exercise Class w/ Jason</p> <p><b>CC 3:30</b> Bible Study with Kelly</p> <p><b>PY 4:00</b> Walk for Wellness</p> <p><b>CC 6:30</b> Mexican Train</p>	<p><b>3</b></p> <p><b>PY 10:30</b> Full Body Chair Exercise</p> <p><b>11:00</b> Helping Hands Napkin Folding</p> <p><b>SE 2:30</b> Movie Matinee on Netflix</p> <p><b>CC 6:30</b> Mexican Train</p>	<p><b>4</b></p> <p><b>PY 10:30</b> Morning Exercise</p> <p><b>11:00</b> Helping Hands Napkin Folding</p> <p><b>SO 11:00</b> Men's Club Lunch Outing</p> <p><b>I 12:30</b> Library Book Check Out Day</p> <p><b>SE 2:30</b> Quarter BINGO</p> <p><b>CR 3:30</b> GG's Learning Adventure</p> <p><b>CC 6:30</b> Mexican Train</p>	<p><b>5</b></p> <p><b>11:00</b> Texas Winds</p> <p><b>SP 1:00</b> Catholic Communion</p> <p><b>SP 1:15</b> Rosary Circle w/ Ken Brown</p> <p><b>PR 1:30</b> Writer's Memoir with Ivor</p> <p><b>CC 2:00</b> Bridge Club</p> <p><b>SE 2:30</b> Music Therapy with Ivor</p> <p><b>CC 6:30</b> Mexican Train</p>	<p><b>6</b></p> <p><b>CR 10:30</b> Exercise Class w/ Jason</p> <p><b>11:00</b> Helping Hands Napkin Folding</p> <p><b>SP 2:00</b> Non-Denominational Worship Service</p> <p><b>SO 3:30</b> Happy Hour</p> <p><b>CC 6:30</b> Mexican Train</p>	<p><b>7</b></p> <p><b>SO 10:00</b> Coffee &amp; Donut &amp; Conversation</p> <p><b>2:00</b> Helping Hands Napkin Folding</p> <p><b>CC 6:00</b> Mexican Train</p> <p><b>PR 6:30</b> Dominos</p>
<p><b>8</b></p> <p><b>SP 11:00</b> Catholic Diocese</p> <p><b>SP 11:00</b> FUMC Richardson</p> <p><b>SE 12:00</b> Sing Along with Lynna</p> <p><b>SO 2:30</b> Quarter Bingo</p> <p><b>CC 6:30</b> Mexican Train</p>	<p><b>9</b></p> <p><b>10:00</b> Shopping at Wal-Mart</p> <p><b>11:00</b> Helping Hands Napkin Folding</p> <p><b>PY 2:00</b> Exercise Class w/ Jason</p> <p><b>CC 3:30</b> Bible Study with Kelly</p> <p><b>PY 4:00</b> Walk for Wellness</p> <p><b>CC 6:30</b> Mexican Train</p>	<p><b>10</b></p> <p><b>PY 10:30</b> Full Body Chair Exercise</p> <p><b>11:00</b> Helping Hands Napkin Folding</p> <p><b>SE 2:30</b> Movie Matinee on Netflix</p> <p><b>CC 6:30</b> Mexican Train</p>	<p><b>11</b></p> <p><b>Must Sign Up</b></p> <p><b>SO 10:15</b> Lunch Bunch Outing</p> <p><b>11:00</b> Helping Hands Napkin Folding</p> <p><b>SE 2:30</b> Quarter BINGO</p> <p><b>CR 3:30</b> GG's Learning Adventure</p> <p><b>CC 6:30</b> Mexican Train</p>	<p><b>12</b></p> <p><b>PY 10:30</b> Chair Exercise</p> <p><b>11:00</b> Helping Hands Napkin Folding</p> <p><b>SP 1:00</b> Catholic Communion</p> <p><b>SP 1:15</b> Rosary Circle w/ Ken Brown</p> <p><b>CC 2:00</b> Bridge Club</p> <p><b>CC 6:30</b> Mexican Train</p>	<p><b>13</b></p> <p><b>CR 10:30</b> Exercise Class w/ Jason</p> <p><b>11:00</b> Helping Hands Napkin Folding</p> <p><b>SP 2:00</b> Non-Denominational Worship Service</p> <p><b>SO 3:30</b> Happy Hour</p> <p><b>CC 6:30</b> Mexican Train</p>	<p><b>14</b></p> <p><b>SO 10:00</b> Coffee &amp; Donut &amp; Conversation</p> <p><b>2:00</b> Helping Hands Napkin Folding</p> <p><b>CC 6:00</b> Mexican Train</p> <p><b>PR 6:30</b> Dominos</p>
<p><b>15</b></p> <p><b>SP 11:00</b> Catholic Diocese</p> <p><b>SP 11:00</b> First Methodist Mans Field</p> <p><b>SE 12:00</b> Sing Along with Lynna</p> <p><b>SO 2:30</b> Quarter Bingo</p> <p><b>CC 6:30</b> Mexican Train</p>	<p><b>16</b></p> <p><b>10:00</b> Shopping at Target</p> <p><b>11:00</b> Helping Hands Napkin Folding</p> <p><b>PY 2:00</b> Exercise Class w/ Jason</p> <p><b>CC 3:30</b> Bible Study with Kelly</p> <p><b>SO 4:00</b> Entertainment with Toni Macaroni</p> <p><b>CC 6:30</b> Mexican Train</p>	<p><b>17</b></p> <p><b>PY 10:30</b> Full Body Chair Exercise</p> <p><b>11:00</b> Helping Hands Napkin Folding</p> <p><b>SE 2:30</b> Movie Matinee on Netflix</p> <p><b>CC 6:30</b> Mexican Train</p>	<p><b>18</b></p> <p><b>PY 10:30</b> Morning Exercise</p> <p><b>11:00</b> Helping Hands Napkin Folding</p> <p><b>I 12:30</b> Library Book Check Out Day</p> <p><b>SE 2:30</b> Quarter BINGO</p> <p><b>CR 3:30</b> GG's Learning Adventure</p> <p><b>CC 6:30</b> Mexican Train</p>	<p><b>19</b></p> <p><b>SP 11:30</b> Music Worship with Jody &amp; Jody</p> <p><b>SP 1:00</b> Catholic Communion</p> <p><b>SP 1:15</b> Rosary Circle w/ Ken Brown</p> <p><b>SE 1:30</b> Book Club with Ivor</p> <p><b>CC 2:30</b> Music Therapy with Ivor</p> <p><b>CC 6:30</b> Mexican Train</p>	<p><b>20</b></p> <p><b>CR 10:30</b> Exercise Class w/ Jason</p> <p><b>11:00</b> Helping Hands Napkin Folding</p> <p><b>SP 2:00</b> Non-Denominational Worship Service</p> <p><b>SO 3:30</b> Happy Hour</p> <p><b>CC 6:30</b> Mexican Train</p>	<p><b>21</b></p> <p><b>SO 10:00</b> Coffee &amp; Donut &amp; Conversation</p> <p><b>2:00</b> Helping Hands Napkin Folding</p> <p><b>CC 6:00</b> Mexican Train</p> <p><b>PR 6:30</b> Dominos</p>

Events are Subject to Change.



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>22</p> <p>SP 11:00 Catholic Diocese</p> <p>SP 11:00 FUMC Richardson</p> <p>SE 12:00 Sing Along with Lynna</p> <p>SO 2:30 Quarter Bingo</p> <p>CC 6:30 Mexican Train</p>	<p>23</p> <p>10:00 Shopping at Wal-Mart</p> <p>11:00 Helping Hands Napkin Folding</p> <p>PY 2:00 Exercise Class w/ Jason</p> <p>CC 3:30 Bible Study with Kelly</p> <p>PY 4:00 Walk for Wellness</p> <p>CC 6:30 Mexican Train</p>	<p>24</p> <p>PY 10:30 Full Body Chair Exercise</p> <p>11:00 Helping Hands Napkin Folding</p> <p>SE 2:30 Movie Matinee on Netflix</p> <p>CC 6:30 Mexican Train</p>	<p>25</p> <p>PY 10:30 Morning Exercise</p> <p>11:00 Helping Hands Napkin Folding</p> <p>I 12:30 Library Book Check Out Day</p> <p>SE 2:30 Quarter BINGO</p> <p>CR 3:30 GG's Learning Adventure Series</p> <p>PR 5:30 Education Series</p> <p>CC 6:30 Mexican Train</p>	<p>26</p> <p>PY 10:30 Chair Exercise</p> <p>11:00 Helping Hands Napkin Folding</p> <p>SP 1:00 Catholic Communion</p> <p>SP 1:15 Rosary Circle w/ Ken Brown</p> <p>CC 2:00 Bridge Club</p> <p>CC 6:30 Mexican Train</p>	<p>27</p> <p>CR 10:30 Exercise Class w/ Jason</p> <p>11:00 Helping Hands Napkin Folding</p> <p>SP 2:00 Non-Denominational Worship Service</p> <p>SO 3:30 Happy Hour</p> <p>CC 6:30 Mexican Train</p>	<p>28</p> <p>SO 10:00 Coffee &amp; Donut &amp; Conversation</p> <p>2:00 Helping Hands Napkin Folding</p> <p>CC 6:00 Mexican Train</p> <p>PR 6:30 Dominos</p>
<p>29</p> <p>SP 11:00 Catholic Diocese</p> <p>SP 11:00 First Methodist Mans Field</p> <p>SE 12:00 Sing Along with Lynna</p> <p>SO 2:30 Quarter Bingo</p> <p>CC 6:30 Mexican Train</p>	<p>30</p> <p>10:00 Shopping at Target</p> <p>11:00 Helping Hands Napkin Folding</p> <p>PY 2:00 Exercise Class w/ Jason</p> <p>CC 3:30 Bible Study with Kelly</p> <p>PY 4:00 Walk for Wellness</p> <p>CC 6:30 Mexican Train</p>	<p>31</p> <p>PY 10:30 Full Body Chair Exercise</p> <p>11:00 Helping Hands Napkin Folding</p> <p>SE 2:30 Movie Matinee on Netflix</p> <p>PR 3:00 Monthly Birthday Party with Carla</p> <p>CC 6:30 Mexican Train</p>	<p>Medical Appointments Tuesday - Thursday 10:00am-4:30pm</p> <p>See Concierge to sign up.</p> <p>Appointment must be made at least 48 hour in advance.</p>	<p>Please Make sure you sign up at the front Desk for any outing in a timely manner.</p> <p>To give the driver enough time for departures and arrivals.</p> <p>Thank you!</p>	<p><b>Birthdays</b></p> <p>1/13 - Lisa Hansen (MC)</p> <p>1/15 - Sandra Spencer (MC)</p> <p>1/21 - Marion Collins</p> <p>1/22 - Phyllis Hill</p> <p>1/23 - Mimi Tanner</p>	

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