



TOWN VILLAGE  
TULSA

A GRACE MGMT COMMUNITY

It's not like home. It *is* home.™

## Your Team

**Cindy Vann**

Executive Director

**Anthony Fleming**

Sales Director

**Marti Miley**

Business Office Manager

**Robin Thompson**

Life Enrichment Director

**Albert Lee**

Director of Dining Services

**Jose Vega**

Director of Environmental

## Resident Birthdays

Allen 1/3

Larry 1/3

Diane 1/3

Bud 1/6

Anna 1/8

Don 1/9

Roger 1/9

Keith 1/10

Janie 1/11

Sherry 1/14

DeAnna 1/18

Nadine 1/19

Marianna 1/20

Marianne 1/23

Barbara 1/24

Sylvia 1/24

Bill 1/26

Marcia 1/27

Hazel 1/29

Ron 1/29

Betty 1/31

## Welcome to the Family

**Rodney**

Our story is yours. We grow older and wiser but are sure to never lose the spark that started it all. Grace Management Continues to evolve, and we're ever more dedicated to nurturing our company and our team to be healthy contributors to communities across the U.S. Delivering exceptional living experiences, we can focus on the big issues that concern the daily lives of our residents—from healthcare and finances to overall quality of life—while never losing sight of the details that matter most: the connections we make along the way.



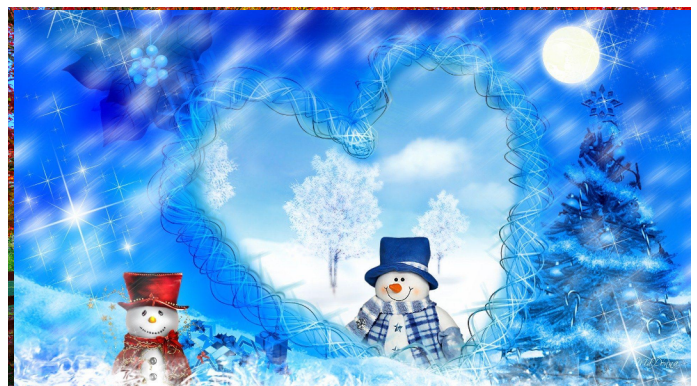
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# JANUARY 2023

Sunday	Monday	Tuesday	Wednesday	Thursday
<b>1</b> <b>New Year's Day!</b> <b>SP</b> 8:30 Church Transportation <b>PR</b> 1:15 Walgreens/Fresh Market <b>SO</b> 2:30 Candy Bingo-DR <b>E</b> 4:00 Richard Hicks Pianist <b>SO</b> 5:30 Play Rumikub-Bistro <b>E</b> 6:00 Games w/Friends-B <b>E</b> 7:00 Inspirational Movie-T	<b>2</b> <b>Nat'l Hobby Month</b> <b>PY</b> 10:00 Sally's Be-Fit Class-FR <b>PR</b> 10:30 Hobby Lobby & Lunch <b>CR</b> 1:00 Beginners Paint Class-AS <b>SP</b> 1:30 Prayer Time w/Duane-C <b>PY</b> 2:30 Play Pool w/Cherie-2nd FI <b>SP</b> 3:00 Asbury Communion-T <b>SO</b> 6:00 Men's Poker Night-P	<b>3</b> <b>E</b> 8:00 Veteran's Breakfast-DR <b>CR</b> 10:00 Painter's Make Up Class-AS <b>PY</b> 10:00 Stretch & Tone w/Robin-FR <b>CR</b> 1:00 Craft Class w/Cherie-AS <b>SO</b> 2:00 Bingo & Prizes w/Mill.-DR <b>SP</b> 2:00 Study The Bible w/Nick <b>PR</b> 2:30 Charity Knit-Wits-3rd FI <b>PR</b> 3:30 Sew & Sew Club-3rd FL	<b>4</b> <b>PR</b> 10:00 Neighborhood Walmart <b>PY</b> 10:00 Fitness w/Legacy PT-FR <b>SO</b> 1:00 Lighterside Trio Performs <b>PR</b> 1:15 Super Walmart/Reasors <b>SO</b> 2:00 L-C-R Dice Game-P <b>SO</b> 2:00 Play Spades w/Doris-B <b>CR</b> 3:00 Lydia's Watercolor Class <b>SO</b> 6:00 Men's Penny Poker-P	<b>5</b> <b>PY</b> 10:00 Balance Class w/Legacy-FR <b>CO</b> 10:00 Computer & Phones-CR <b>CR</b> 10:30 Painting w/Patsy-AS <b>SO</b> 10:30 Legacy Open House <b>PR</b> 1:00 Men's Garage-G <b>SO</b> 2:00 Dime Bingo-DR <b>E</b> 3:00 Karaoke w/Cherie-T <b>CO</b> 3:00 Mind Aerobics-AS
<b>8</b> <b>SP</b> 8:30 Church Transportation <b>CO</b> 11:30 Computers & Cell Phones-CR <b>SP</b> 1:00 Lutheran Fellowship-T <b>PR</b> 1:15 Walgreens/Fresh Market <b>SO</b> 2:30 Candy Bingo-DR <b>SO</b> 4:00 Robert's Country Dance-DR <b>SO</b> 5:30 Play Rumikub-Bistro <b>E</b> 7:00 Inspirational Movie-T	<b>9</b> <b>SO</b> 10:00 Boston Deli Lunch <b>CO</b> 10:00 Computer & Phones-CR <b>PY</b> 10:00 Sally's Be-Fit Class-FR <b>CR</b> 1:00 Beginners Paint Class-AS <b>SP</b> 1:30 Prayer Time w/Duane-C <b>PY</b> 2:30 Play Pool w/Cherie-2nd FI <b>CO</b> 3:00 Cleo's Book Review:"2 Boys" Opie Taylor-T	<b>10</b> <b>CR</b> 10:00 Painter's Make Up Class-AS <b>PY</b> 10:00 Stretch & Tone w/Robin-FR <b>CR</b> 1:00 Craft Class w/Cherie-AS <b>SO</b> 2:00 Bingo & Prizes w/Mill.-DR <b>SP</b> 2:00 Study The Bible w/Nick <b>SE</b> 2:30 Charity Knit-Wits-3rd FI <b>PR</b> 3:30 Sew & Sew Club-3rd FL	<b>11</b> <b>Thank You Day!</b> <b>PY</b> 10:00 Fitness w/Legacy PT-FR <b>SO</b> 1:00 Jim Barrett Inspirational-DR <b>PR</b> 1:15 Super Walmart/Reasors <b>SO</b> 2:00 L-C-R Dice Game-P <b>PR</b> 3:30 Graceful Giving: Homeless <b>SO</b> 6:00 Men's Penny Poker-P <b>SO</b> 7:00 Comedy Movie Night	<b>12</b> <b>Brain Teaser Month!</b> <b>PY</b> 10:00 Balance Class w/Legacy-FR <b>CR</b> 10:00 Painting w/Patsy-AS <b>PR</b> 11:00 Susan's Gifts & Plants-DR <b>PR</b> 1:00 Men's Garage-G <b>SO</b> 2:00 Dime Bingo-DR <b>E</b> 3:00 Karaoke w/Cherie-T <b>CO</b> 3:00 Mind Aerobics-AS
<b>15</b> <b>SP</b> 8:30 Church Transportation <b>CO</b> 11:30 Computers & Cell Phones-CR <b>PR</b> 1:15 Walgreens/Fresh Market <b>SO</b> 2:30 Candy Bingo-DR <b>SO</b> 4:00 Robert's Country Dance-DR <b>SO</b> 5:30 Play Rumikub-Bistro <b>E</b> 6:00 Games w/Friends-B <b>E</b> 7:00 Inspirational Movie-T	<b>16</b> <b>Martin Luther King Jr. Day!</b> <b>CO</b> 10:00 Computer & Phones-CR <b>PY</b> 10:00 Sally's Be-Fit Class-FR <b>CR</b> 10:00 Woodland Hills Mall <b>SP</b> 1:30 Prayer Time w/Duane-C <b>CO</b> 2:00 Martin Luther King Bio-T <b>E</b> 2:00 Painting Class w/Gloria-AS <b>PY</b> 2:30 Play Pool w/Cherie-2nd FI	<b>17</b> <b>PY</b> 10:00 Stretch & Tone w/Robin-FR <b>SP</b> 10:30 Catholic Mass-Chapel <b>PR</b> 11:00 Stephen H. Jewelry Sale <b>CR</b> 1:00 Craft Class w/Cherie-AS <b>SP</b> 2:00 Study The Bible w/Nick <b>SE</b> 2:30 Charity Knit-Wits-3rd FI <b>PR</b> 3:30 Sew & Sew Club-3rd FL	<b>18</b> <b>PR</b> 10:00 Neighborhood Walmart <b>PY</b> 10:00 Fitness w/Legacy PT-FR <b>SO</b> 1:00 Timothy Turner Broadway <b>PR</b> 1:15 Super Walmart/Reasors <b>SO</b> 2:00 L-C-R Dice Game-P <b>CO</b> 2:00 Town Village Connects: Health Fair <b>CR</b> 3:00 Lydia's Watercolor Class	<b>19</b> <b>PY</b> 10:00 Balance Class w/Legacy-FR <b>CO</b> 10:00 Computer & Phones-CR <b>CR</b> 10:30 Painting w/Patsy-AS <b>PR</b> 1:00 Men's Garage-G <b>PR</b> 2:00 Town Hall Meeting & Special Speaker-DR <b>E</b> 3:00 Karaoke w/Cherie-T <b>CO</b> 3:00 Mind Aerobics-AS
<b>22</b> <b>SP</b> 8:30 Church Transportation <b>CO</b> 11:30 Computers & Cell Phones-CR <b>PR</b> 1:15 Walgreens/Fresh Market <b>SO</b> 2:30 Candy Bingo-DR <b>SO</b> 4:00 Robert's Country Dance-DR <b>SO</b> 5:30 Play Rumikub-Bistro <b>E</b> 6:00 Games w/Friends-B <b>E</b> 7:00 Inspirational Movie-T	<b>23</b> <b>CO</b> 10:00 Computer & Phones-CR <b>SO</b> 10:00 Mystery Outing? <b>PY</b> 10:00 Sally's Be-Fit Class-FR <b>CR</b> 1:00 Beginners Paint Class-AS <b>SP</b> 1:30 Prayer Time w/Duane-C <b>SP</b> 2:00 Hymns & Gospel Songs-DR <b>PY</b> 2:30 Play Pool w/Cherie-2nd FI <b>SO</b> 6:00 Men's Poker Night-P	<b>24</b> <b>CO</b> Tulsa Library Delivery-FD <b>SE</b> 9:00 Hearing Solution Cleaning <b>CR</b> 10:00 Painter's Make Up Class-AS <b>PY</b> 10:00 Stretch & Tone w/Robin-FR <b>CR</b> 1:00 Craft Class w/Cherie-AS <b>SP</b> 2:00 Study The Bible w/Nick <b>PR</b> 2:30 Charity Knit-Wits-3rd FI <b>PR</b> 3:30 Sew & Sew Club-3rd FL	<b>25</b> <b>PR</b> 10:00 Neighborhood Walmart <b>PY</b> 10:00 Fitness w/Legacy PT-FR <b>E</b> 1:00 Richard Hicks Pianist <b>PR</b> 1:15 Super Walmart/Reasors <b>SO</b> 2:00 L-C-R Dice Game-P <b>SO</b> 2:00 Play Spades w/Doris-B <b>SO</b> 2:30 Win \$ Bingo!-DR <b>SO</b> 6:00 Men's Penny Poker-P	<b>26</b> <b>Winter Wonderland Day!</b> <b>PY</b> 10:00 Balance Class w/Legacy-FR <b>CR</b> 10:00 Painting w/Patsy-AS <b>SO</b> 11:00 Susan's Gifts & Plants-DR <b>SO</b> 2:00 Dime Bingo-DR <b>CO</b> 2:00 Staff Meeting-T <b>CO</b> 3:00 Mind Aerobics-AS <b>CO</b> 4:00 Winter Wonderland Party
<b>29</b> <b>SP</b> 8:30 Church Transportation <b>CO</b> 11:30 Computers & Cell Phones-CR <b>PR</b> 1:15 Walgreens/Fresh Market <b>SO</b> 2:30 Candy Bingo-DR <b>SO</b> 4:00 Robert's Country Dance-DR <b>SO</b> 5:30 Play Rumikub-Bistro <b>E</b> 6:00 Games w/Friends-B <b>E</b> 7:00 Inspirational Movie-T	<b>30</b> <b>CO</b> 10:00 Computer & Phones-CR <b>PY</b> 10:00 Sally's Be-Fit Class-FR <b>CR</b> 1:00 Beginners Paint Class-AS <b>E</b> 1:00 Sweet Adeline's Practice-T <b>SP</b> 1:30 Prayer Time w/Duane-C <b>E</b> 2:00 Painting Class w/Gloria-AS <b>PY</b> 2:30 Play Pool w/Cherie-2nd FI <b>SO</b> 6:00 Men's Poker Night-P	<b>31</b> <b>CR</b> 10:00 Painter's Make Up Class-AS <b>PY</b> 10:00 Stretch & Tone w/Robin-FR <b>CR</b> 1:00 Craft Class w/Cherie-AS <b>CO</b> 2:00 Appraisals by Anthony-DR <b>SP</b> 2:00 Study The Bible w/Nick <b>PR</b> 2:30 Charity Knit-Wits-3rd FI <b>SE</b> 2:30 Massage Therapist-L <b>PR</b> 3:30 Sew & Sew Club-3rd FL	<b>CO</b> - Cognitive <b>CR</b> - Creative <b>E</b> - Emotional <b>PY</b> - Physical <b>PR</b> - Purposeful <b>SE</b> - Sensory <b>SO</b> - Social <b>SP</b> - Spiritual	

Events are Subject to Change.

## Independent Living





8222 South Yale Avenue  
Tulsa, Oklahoma 74137  
918-493-1200  
[www.townvillagetulsa.com](http://www.townvillagetulsa.com)



## Friday

## Saturday

<b>6</b> <b>PY</b> <b>SO</b> <b>SO</b> <b>E</b> <b>SO</b> <b>SO</b> <b>SO</b>	10:00 Stretch & Tone Class-FR 1:00 <b>Sugar Time Trio Performs</b> 1:00 <b>Wine &amp; Soda Social-DR</b> 2:00 Coffee & Conversation-DR 2:30 <b>Choir Practice-DR</b> 2:30 Dynamo Dominos-B 6:00 Men's Penny Poker-P 7:00 Romance Movie Night-T
<b>13</b> <b>PY</b> <b>PR</b> <b>SO</b> <b>E</b> <b>SO</b> <b>SO</b> <b>SO</b>	10:00 Stretch & Tone Class-FR 11:00 <b>Barb's Boutique-DR</b> 1:00 <b>Wine &amp; Soda Social-DR</b> 1:30 <b>Blazer Brothers 50's</b> 2:00 Coffee & Conversation-DR 2:30 Dynamo Dominos-B 6:00 Men's Penny Poker-P 7:00 Romance Movie Night-T
<b>20</b> <b>PY</b> <b>PR</b> <b>E</b> <b>SO</b> <b>E</b> <b>SO</b> <b>SO</b>	10:00 Stretch & Tone Class-FR 11:00 <b>Mary Kay Cosmetics-B</b> 1:00 <b>Robert Combs Performs</b> 1:00 <b>Wine &amp; Soda Social-DR</b> 2:00 Coffee & Conversation-DR 2:30 <b>Choir Practice-DR</b> 2:30 Dynamo Dominos-B 6:00 Men's Penny Poker-P
<b>27</b> <b>PY</b> <b>PR</b> <b>SO</b> <b>SO</b> <b>SO</b> <b>SO</b>	<b>Holocaust Remembrance</b> 10:00 Stretch & Tone Class-FR 11:00 <b>Barb's Boutique-DR</b> 1:00 <b>Accordionist, Nick B.</b> 1:00 <b>Wine &amp; Soda Social-DR</b> 2:30 Dynamo Dominos-B 4:00 <b>Captain's B-Day Bash!</b> 6:00 Men's Penny Poker-P
New Fitness Area is on the 3rd Floor by Elevator 3. Knitting & Sewing Rooms are on the 3rd Floor.	

Great Movies are shown every night at 7:00 on our Big Screen TV in the Theater on 2nd Floor.  
Invite a Friend for Movie Night!!

# Did You Know?





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