

# JANUARY 2023

520 Woodlake Dr.  
Mount Washington, KY 40047  
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inspirationsofmountwashington.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> SP 10:00 Worship-FBC PY 11:00 Exercise CO 11:30 On This Day in History SO 12:30 Hydration Station / Hand Hygiene PY 1:30 Walking Club CR 2:30 Balloon Volleyball CO 3:00 Finish The Line SO 6:00 Movie and Popcorn	<b>2</b> CO 10:30 Coffee and News SP 10:45 Devotions & Hymns PY 11:00 Exercise CO 11:30 On This Day in History SO 12:30 Hydration Station / Hand Hygiene PY 1:00 Drum Circle PR 3:30 Sorting Activity SE 4:00 Monday Manicures	<b>3</b> CO 10:30 Coffee and News SP 10:45 Devotions & Hymns PY 11:00 Exercise CO 11:30 On This Day in History SO 12:30 Hydration Station / Hand Hygiene PY 1:30 Walking Club CO 2:00 BINGO PR 2:30 Cooking Class-Chocolate	<b>4</b> CO 10:30 Coffee and News SP 10:45 Devotions & Hymns PY 11:00 Exercise CO 11:30 On This Day in History SO 12:00 LUNCH OUTING-Bucca di Beppo SO 12:30 Hydration Station / Hand Hygiene PY 1:00 Drum Circle	<b>5</b> CO 10:30 Coffee and News SP 10:45 Devotions & Hymns PY 11:00 Exercise CO 11:30 On This Day in History SO 12:30 Hydration Station / Hand Hygiene PY 1:30 Walking Club CO 2:00 BINGO CO 3:00 Finish The Line	<b>6</b> CO 10:30 Coffee and News SP 10:45 Devotions & Hymns PY 11:00 Exercise CO 11:30 On This Day in History SO 12:30 Hydration Station / Hand Hygiene PY 1:00 Drum Circle CR 2:00 Cooking Class-Shortbread Cookies SO 2:00 Cooking Class-Pie	<b>7</b> CO 10:30 Coffee and News SP 10:45 Devotions & Hymns PY 11:00 Exercise CO 11:30 On This Day in History SO 12:30 Hydration Station / Hand Hygiene CO 2:00 BINGO CO 2:00 Card Game-UNO SO 2:00 Music with Elvis/Root Beer
<b>8</b> SP 10:00 Worship-FBC PY 11:00 Exercise CO 11:30 On This Day in History SO 12:30 Hydration Station / Hand Hygiene PY 1:30 Walking Club CR 2:30 Balloon Volleyball CO 3:00 Finish The Line SO 6:00 Movie and Popcorn	<b>9</b> CO 10:30 Coffee and News SP 10:45 Devotions & Hymns PY 11:00 Exercise CO 11:30 On This Day in History SO 12:30 Hydration Station / Hand Hygiene PY 1:00 Drum Circle PR 3:30 Sorting Activity SE 4:00 Monday Manicures	<b>10</b> CO 10:30 Coffee and News SP 10:45 Devotions & Hymns PY 11:00 Exercise CO 11:30 On This Day in History SO 12:30 Hydration Station / Hand Hygiene PY 1:30 Walking Club CO 2:00 BINGO CO 3:00 Finish The Line	<b>11</b> CO 10:30 Coffee and News SP 10:45 Devotions & Hymns PY 11:00 Exercise CO 11:30 On This Day in History SO 12:30 Hydration Station / Hand Hygiene PY 1:00 Drum Circle SO 1:30 SCENIC DRIVE CR 4:00 Coloring	<b>12</b> CO 10:30 Coffee and News SP 10:45 Devotions & Hymns PY 11:00 Exercise CO 11:30 On This Day in History SO 12:30 Hydration Station / Hand Hygiene PY 1:30 Walking Club CO 2:00 BINGO CO 3:00 Finish The Line	<b>13</b> CO 10:30 Coffee and News SP 10:45 Devotions & Hymns PY 11:00 Exercise CO 11:30 On This Day in History SO 12:30 Hydration Station / Hand Hygiene PY 1:00 Drum Circle SO 2:00 Stephen Foster Home Visit PR 6:00 Cleaning Time	<b>14</b> CO 10:30 Coffee and News SP 10:45 Devotions & Hymns PY 11:00 Exercise CO 11:30 On This Day in History SO 12:30 Hydration Station / Hand Hygiene CO 2:00 BINGO SO 2:00 Music with Allen Hilbert SO 6:30 Movie & Popcorn
<b>15</b> SP 10:00 Worship-FBC PY 11:00 Exercise CO 11:30 On This Day in History SO 12:30 Hydration Station / Hand Hygiene PY 1:30 Walking Club CR 2:30 Balloon Volleyball CO 3:00 Finish The Line SO 6:00 Movie and Popcorn	<b>16</b> CO 10:30 Coffee and News SP 10:45 Devotions & Hymns PY 11:00 Exercise CO 11:30 On This Day in History SO 12:30 Hydration Station / Hand Hygiene PY 1:00 Drum Circle PR 2:30 Sorting Activity CR 3:00 Bullitt County Public Library	<b>17</b> CO 10:30 Coffee and News SP 10:45 Devotions & Hymns PY 11:00 Exercise CO 11:30 On This Day in History SO 12:30 Hydration Station / Hand Hygiene PY 1:30 Walking Club CO 2:00 BINGO CO 3:00 Finish The Line	<b>18</b> CO 10:30 Coffee and News SP 10:45 Devotions & Hymns PY 11:00 Exercise CO 11:30 On This Day in History SO 12:00 Lunch Outing-Milano's SO 12:30 Hydration Station / Hand Hygiene PY 1:00 Drum Circle SO 1:30 SCENIC DRIVE	<b>19</b> CO 10:30 Coffee and News SP 10:45 Devotions & Hymns PY 11:00 Exercise CO 11:30 On This Day in History SO 12:30 Hydration Station / Hand Hygiene PY 1:30 Walking Club CO 2:00 BINGO CO 3:00 Finish The Line	<b>20</b> CO 10:30 Coffee and News SP 10:45 Devotions & Hymns PY 11:00 Exercise CO 11:30 On This Day in History SO 12:30 Hydration Station / Hand Hygiene PY 1:00 Drum Circle SE 2:00 Cheese Tasting PY 3:30 Bowling	<b>21</b> CO 10:30 Coffee and News SP 10:45 Devotions & Hymns PY 11:00 Exercise CO 11:30 On This Day in History SO 12:30 Hydration Station / Hand Hygiene CO 2:00 BINGO SO 2:00 Music with Wild Bill & the Buffalo Band
<b>22</b> SP 10:00 Worship-FBC PY 11:00 Exercise CO 11:30 On This Day in History SO 12:30 Hydration Station / Hand Hygiene PY 1:30 Walking Club CR 2:30 Balloon Volleyball CO 3:00 Finish The Line SO 6:00 Movie and Popcorn	<b>23</b> CO 10:30 Coffee and News SP 10:45 Devotions & Hymns PY 11:00 Exercise CO 11:30 On This Day in History SO 12:30 Hydration Station / Hand Hygiene PY 1:00 Drum Circle PR 3:30 Cooking Class-Making Pies SE 4:00 Monday Manicures	<b>24</b> CO 10:30 Coffee and News SP 10:45 Devotions & Hymns PY 11:00 Exercise CO 11:30 On This Day in History SO 12:30 Hydration Station / Hand Hygiene PY 1:30 Walking Club CO 2:00 BINGO CO 3:00 Finish The Line	<b>25</b> CO 10:30 Coffee and News SP 10:45 Devotions & Hymns PY 11:00 Exercise CO 11:30 On This Day in History SO 12:30 Hydration Station / Hand Hygiene PY 1:00 Drum Circle SO 1:30 SCENIC DRIVE CO 2:00 Opposites Attract Activity	<b>26</b> CO 10:30 Coffee and News SP 10:45 Devotions & Hymns PY 11:00 Exercise CO 11:30 On This Day in History SO 12:30 Hydration Station / Hand Hygiene PY 1:30 Walking Club CO 2:00 BINGO CO 3:00 Finish The Line	<b>27</b> CO 10:30 Coffee and News SP 10:45 Devotions & Hymns PY 11:00 Exercise CO 11:30 On This Day in History SO 12:30 Hydration Station / Hand Hygiene PY 1:00 Drum Circle	<b>28</b> CO 10:30 Coffee and News SP 10:45 Devotions & Hymns PY 11:00 Exercise CO 11:30 On This Day in History SO 12:30 Hydration Station / Hand Hygiene CO 2:00 BINGO SO 2:00 Music with Doug Pinson SO 6:30 Movie & Popcorn
<b>29</b> SP 10:00 Worship-FBC PY 11:00 Exercise CO 11:30 On This Day in History SO 12:30 Hydration Station / Hand Hygiene PY 1:30 Walking Club CR 2:30 Balloon Volleyball CO 3:00 Finish The Line SO 6:00 Movie and Popcorn	<b>30</b> CO 10:30 Coffee and News SP 10:45 Devotions & Hymns PY 11:00 Exercise CO 11:30 On This Day in History SO 12:30 Hydration Station / Hand Hygiene PY 1:00 Drum Circle CR 1:30 Cooking Class-Sweet Croissant Rolls	<b>31</b> CO 10:30 Coffee and News SP 10:45 Devotions & Hymns PY 11:00 Exercise CO 11:30 On This Day in History SO 12:30 Hydration Station / Hand Hygiene PY 1:30 Walking Club CO 2:00 BINGO CO 3:00 Finish The Line				

Events are Subject to Change.