



HAVENWOOD
OF BURNSVILLE
A GRACE MGMT COMMUNITY

JANUARY 2023



14401 Grand Ave.
Burnsville, MN 55306
952-206-5700
havenwoodsenior.com/burnsville

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>SO 10:00 Coffee & Conversation (CR)</p> <p>CR 11:00 Creative Coloring (AS)</p> <p>CC 1:00 Dominoes (CR)</p> <p>E 2:30 Movie Matinee: Catch Me if You Can (CR)</p> <p>CC 6:00 Uno (CR)</p>	<p>2</p> <p>SE 10:30 Monday Pastries (CLR)</p> <p>SP 11:00 Praying the Rosary (CR)</p> <p>PY 1:00 Cardio Drumming (CR)</p> <p>SO 3:00 Prize Bingo (CR)</p> <p>CC 6:00 Rummikub (CR)</p>	<p>3</p> <p>PY 9:45 Walking Group (FL)</p> <p>PY 10:30 Chair Cardio (FC)</p> <p>SP 11:00 Donuts & Devotions (CR)</p> <p>PY 11:30 Chair Yoga (FC)</p> <p>CR 1:00 Crafternoon: Bring your Craft (AS)</p> <p>SO 3:00 Hot Chocolate Social (CLR)</p> <p>CC 6:00 Yahtzee (CR)</p>	<p>4</p> <p>PY 10:30 Strength Training (FC)</p> <p>PY 11:30 Sit and Stretch (FC)</p> <p>PR 1:30 Wellness Clinic (HS)</p> <p>PY 2:00 Better Balance (FC)</p> <p>SP 3:00 Risen Savior Catholic Church (CR)</p> <p>CC 6:00 Uno (CR)</p>	<p>5</p> <p>PY 9:30 Morning Stretch (CR)</p> <p>PY 10:30 Chair Yoga (FC)</p> <p>SO 11:00 Men's Coffee Group (CR)</p> <p>11:30 Chair Cardio (FC)</p> <p>1:00 Ladies Coffee Group (CR)</p> <p>E 2:30 PBS Special: Minnesota: A Better World (CR)</p> <p>CC 6:00 Rummy (CR)</p>	<p>6</p> <p>PY 10:30 Sit and Stretch (FC)</p> <p>SP 11:00 Worship with Communion (CR)</p> <p>PY 11:30 Better Balance (FC)</p> <p>PY 11:30 Walking Group (FL)</p> <p>SE 1:30 Grab & Go Cookies (CLR)</p> <p>PY 2:00 Strength Training (FC)</p> <p>3:00 Happy Hour (CR)</p> <p>CC 6:00 Chinese Checkers (CR)</p>	<p>7</p> <p>SO 10:00 Coffee & Conversation (CR)</p> <p>CR 11:00 Creative Coloring (AS)</p> <p>CC 1:00 Dominoes (CR)</p> <p>E 2:30 Movie Matinee: Ocean's Eleven (CR)</p> <p>SO 6:00 Open Game Night (CR)</p>
<p>8</p> <p>SO 10:00 Coffee & Conversation (CR)</p> <p>CR 11:00 Creative Coloring (AS)</p> <p>CC 1:00 Dominoes (CR)</p> <p>E 2:30 Movie Matinee: Nights in Rodanthe (CR)</p> <p>CC 6:00 Uno (CR)</p>	<p>9</p> <p>PY 10:30 Better Balance (FC)</p> <p>SE 10:30 Monday Pastries (CLR)</p> <p>SP 11:00 Praying the Rosary (CR)</p> <p>PY 11:30 Strength Training (FC)</p> <p>PR 1:00 Community Update Meeting (CR)</p> <p>PY 2:00 Sit and Stretch (FC)</p> <p>SO 3:00 Prize Bingo (CR)</p> <p>CC 6:00 Rummikub (CR)</p>	<p>10</p> <p>PY 9:45 Walking Group (FL)</p> <p>PY 10:30 Chair Yoga (FC)</p> <p>SP 11:00 Donuts & Devotions (CR)</p> <p>PY 11:30 Chair Cardio (FC)</p> <p>CR 1:00 Crafternoon: Planned Craft will be provided (AS)</p> <p>SO 3:00 Hot Chocolate Social (CLR)</p> <p>CC 6:00 Yahtzee (CR)</p>	<p>11</p> <p>SO 10:00 Van Outing: ReStored Thrift Store and Pizza Ranch for Lunch</p> <p>PY 10:30 Strength Training (FC)</p> <p>PY 11:30 Sit and Stretch (FC)</p> <p>PR 1:30 Conversations with the Chef (CR)</p> <p>PR 1:30 Wellness Clinic (HS)</p> <p>PY 2:00 Better Balance (FC)</p> <p>CC 6:00 Uno (CR)</p>	<p>12</p> <p>PY 9:30 Morning Stretch (CR)</p> <p>SO 11:00 Men's Coffee Group (CR)</p> <p>11:30 Chair Cardio (FC)</p> <p>PY 11:30 Chair Yoga (FC)</p> <p>1:00 Ladies Coffee Group (CR)</p> <p>E 2:30 PBS Special: He's my Brother (CR)</p> <p>CC 6:00 Rummy (CR)</p>	<p>13</p> <p>PY 10:30 Sit and Stretch (FC)</p> <p>SP 11:00 Hymn Sing (CR)</p> <p>PY 11:30 Better Balance (FC)</p> <p>PY 11:30 Walking Group (FL)</p> <p>SE 1:30 Grab & Go Cookies (CLR)</p> <p>PY 2:00 Strength Training (FC)</p> <p>3:00 Happy Hour (CR)</p> <p>CC 6:00 Chinese Checkers (CR)</p>	<p>14</p> <p>SO 10:00 Coffee & Conversation (CR)</p> <p>CR 11:00 Creative Coloring (AS)</p> <p>CC 1:00 Dominoes (CR)</p> <p>E 2:30 Movie Matinee: Rain Man (CR)</p> <p>SO 6:00 Open Game Night (CR)</p>
<p>15</p> <p>SO 10:00 Coffee & Conversation (CR)</p> <p>CR 11:00 Creative Coloring (AS)</p> <p>CC 1:00 Dominoes (CR)</p> <p>E 2:30 Movie Matinee: The Right Stuff (CR)</p> <p>CC 6:00 Uno (CR)</p>	<p>16</p> <p>PY 10:30 Better Balance (FC)</p> <p>SE 10:30 Monday Pastries (CLR)</p> <p>SP 11:00 Praying the Rosary (CR)</p> <p>PY 11:30 Strength Training (FC)</p> <p>PY 1:00 Cardio Drumming (CR)</p> <p>PY 2:00 Sit and Stretch (FC)</p> <p>SO 3:00 Prize Bingo (CR)</p> <p>CC 6:00 Rummikub (CR)</p>	<p>17</p> <p>PY 9:45 Walking Group (FL)</p> <p>SP 10:00 Risen Savior Catholic Mass (CR)</p> <p>PY 10:30 Chair Cardio (FC)</p> <p>SP 11:00 Donuts & Devotions (CR)</p> <p>PY 11:30 Chair Yoga (FC)</p> <p>CR 1:00 Crafternoon: Bring your Craft (AS)</p> <p>SO 3:00 Hot Chocolate Social (CLR)</p> <p>CC 6:00 Yahtzee (CR)</p>	<p>18</p> <p>PY 10:30 Strength Training (FC)</p> <p>PY 11:30 Sit and Stretch (FC)</p> <p>PR 1:30 Wellness Clinic (HS)</p> <p>PY 2:00 Better Balance (FC)</p> <p>SO 3:00 Magic Show with Magic Norm!</p> <p>CC 6:00 Uno (CR)</p>	<p>19</p> <p>PY 9:30 Morning Stretch (CR)</p> <p>PY 10:30 Chair Yoga (FC)</p> <p>SO 11:00 Men's Coffee Group (CR)</p> <p>PY 11:30 Chair Cardio (FC)</p> <p>1:00 Ladies Coffee Group (CR)</p> <p>E 2:30 PBS Special: Rebuilding Notre Dame (CR)</p> <p>CC 6:00 Rummy (CR)</p>	<p>20</p> <p>PY 10:30 Sit and Stretch (FC)</p> <p>SP 11:00 Bible Study (CR)</p> <p>PY 11:30 Better Balance (FC)</p> <p>PY 11:30 Walking Group (FL)</p> <p>SE 1:30 Grab & Go Cookies (CLR)</p> <p>PY 2:00 Strength Training (FC)</p> <p>3:00 Happy Hour (CR)</p> <p>CC 6:00 Chinese Checkers (CR)</p>	<p>21</p> <p>SO 10:00 Coffee & Conversation (CR)</p> <p>CR 11:00 Creative Coloring (AS)</p> <p>CC 1:00 Dominoes (CR)</p> <p>E 2:30 Movie Matinee: Field of Dreams (CR)</p> <p>SO 6:00 Open Game Night (CR)</p>

Events are Subject to Change.



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>22</p> <p>SO 10:00 Coffee & Conversation (CR) CR 11:00 Creative Coloring (AS) CC 1:00 Dominoes (CR) E 2:30 Movie Matinee: Dumb and Dumber (CR) CC 6:00 Uno (CR)</p>	<p>23</p> <p>PY 10:30 Better Balance (FC) SE 10:30 Monday Pastries (CLR) SP 11:00 Praying the Rosary (CR) PY 11:30 Strength Training (FC) PY 1:00 Cardio Drumming (CR) PY 2:00 Sit and Stretch (FC) SO 3:00 Prize Bingo (CR) CC 6:00 Rummikub (CR)</p>	<p>24</p> <p>PY 9:45 Walking Group (FL) PY 10:30 Chair Yoga (FC) SP 11:00 Donuts & Devotions (CR) PY 11:30 Chair Cardio (FC) CR 1:00 Crafternoon: Planned Craft will be provided (AS) SO 3:00 Hot Chocolate Social (CLR) CC 6:00 Yahtzee (CR)</p>	<p>25</p> <p>PR 9:30 Van Outing: Target Run PY 10:30 Strength Training (FC) PY 11:30 Sit and Stretch (FC) PR 1:30 Wellness Clinic (HS) PY 2:00 Better Balance (FC) SO 3:00 January Birthday Party with Woody! CC 6:00 Uno (CR)</p>	<p>26</p> <p>PY 9:30 Morning Stretch (CR) PY 10:30 Chair Cardio (FC) SO 11:00 Men's Coffee Group (CR) PY 11:30 Chair Yoga (FC) 1:00 Ladies Coffee Group (CR) E 2:30 PBS Special: Penguins: Meet the Family (CR) CC 6:00 Rummy (CR)</p>	<p>27</p> <p>PY 10:30 Sit and Stretch (FC) SP 11:00 Service of Remembrance (CR) PY 11:30 Better Balance (FC) PY 11:30 Walking Group (FL) SE 1:30 Grab & Go Cookies (CLR) PY 2:00 Strength Training (FC) 3:00 Happy Hour (CR) CC 6:00 Chinese Checkers (CR)</p>	<p>28</p> <p>SO 10:00 Coffee & Conversation (CR) CR 11:00 Creative Coloring (AS) CC 1:00 Dominoes (CR) E 2:30 Movie Matinee: In Good Company (CR) SO 6:00 Open Game Night (CR)</p>
<p>29</p> <p>SO 10:00 Coffee & Conversation (CR) CR 11:00 Creative Coloring (AS) CC 1:00 Dominoes (CR) E 2:30 Movie Matinee: Bull Durham (CR) CC 6:00 Uno (CR)</p>	<p>30</p> <p>PY 10:30 Better Balance (FC) SE 10:30 Monday Pastries (CLR) SP 11:00 Praying the Rosary (CR) PY 11:30 Strength Training (FC) PY 1:00 Cardio Drumming (CR) PY 2:00 Sit and Stretch (FC) SO 3:00 Prize Bingo (CR) CC 6:00 Rummikub (CR)</p>	<p>31</p> <p>PY 9:45 Walking Group (FL) PY 10:30 Chair Cardio (FC) SP 11:00 Donuts & Devotions (CR) PY 11:30 Chair Yoga (FC) CR 1:00 Crafternoon: Bring your Craft (AS) SO 3:00 Hot Chocolate Social (CLR) CC 6:00 Yahtzee (CR)</p>	<p>Location Key: CR-Community Room BP-Back Patio FL-Front Lobby CLR- Club Room FC-Fitness Center SPL-Sunset Pond Library AS-Art Studio HS-Health Services Office VN-Village Neighborhood</p>	<p>All fitness classes require an Unlimited Pass to participate. Interested in joining? Contact the Fitness Technician, Jaycee at (952) 206-6358.</p>	<p>January Birthdays: John Dekkenga 1/1 R Lerom and P VanWambeke 1/5 Carol Stramowski 1/8 Mary Esther Garza 1/10 C Matson & A Sjoquist 1/13 Mary Thompson 1/17 Dick Peterson 1/19 Dick Ottem 1/22 Betty Leach 1/26 Jim Ryberg 1/28 Shirley Egan 1/29</p>	<p>CC - Cognitive CR - Creative E - Emotional PY - Physical PR - Purposeful SE - Sensory SO - Social SP - Spiritual</p>

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