



DIRIGO PINES
A GRACE MGMT COMMUNITY

JANUARY 2023

9 Alumni Drive
Orono, Maine 04473
207-866-3400
www.dirigopines.com



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
1	PY 10:00 Exercise SP 10:00 Listen to Spiritual Music SP 11:00 Non Denominational Church Service IN2L SO 2:00 Movie Matinee SO 3:00 Snack and Chat E 6:30 Classic TV Ch. 12	2	PR 10:00 Coffee Club-Current Events PY 10:30 Exercise E 11:00 Resident Council PR 1:00 Bird Feeders SO 2:00 Snack and Chat E 6:30 Classic TV Ch. 12 SE 7:00 Movie - KGP	3	PY 10:00 Exercise SP 10:30 Devotion CR 10:45 Cooking E 1:00 Karaoke on IN2L PR 2:00 Social Time E 6:30 Classic TV Ch. 12	4	PR 10:00 Coffee Club-Current Events PY 10:30 Exercise SP 11:00 Devotion SO 11:30 Lunch and a Movie CO 1:00 Bingo - Meadowbrook SO 2:00 Book Club/Snack E 4:00 Fireside Strings E 6:30 Classic TV Ch. 12	5	CR Thrilling Thursday - Red Day PY 10:00 Exercise SP 10:30 Devotion PY 11:00 Beachball Soccer CR 1:00 1 on 1 no sew fleece pillows CO 2:00 Social Time E 6:30 Classic TV Ch. 12	6	PR 10:00 Coffee Club-Current Events PY 10:30 Exercise E 10:45 Winter Humor/poetry SP 11:00 Devotion PR 1:00 Manicures and Nails SP 2:00 Social Time/Singing E 6:30 Classic TV Ch. 12	7	SP 10:00 Catholic Church Service IN2L SP 11:00 Listen to Spiritual Music SO 2:00 Movie Matinee SO 3:00 Snack and Chat E 6:30 Classic TV Ch. 12
8	PY 10:00 Exercise SP 10:00 Listen to Spiritual Music SP 11:00 Non Denominational Church Service IN2L SO 2:00 Movie Matinee SO 3:00 Snack and Chat E 6:30 Classic TV Ch. 12	9	PY 10:00 Exercise SP 10:30 Devotion CR 1:00 Winter Coloring Pages SO 2:00 Snack and Chat E 6:30 Classic TV Ch. 12	10	PY 10:00 Exercise SP 10:30 Devotion E 1:00 Movie and Popcorn E 1:30 Brian McClellan - Musical Time Machine PR 2:00 Social Time E 6:30 Classic TV Ch. 12	11	PY 10:00 Exercise SP 10:30 Devotion CO 1:00 Bingo - Meadowbrook SO 2:00 Snack and Chat PR 6:30 Shawn Laatsch - planetarium E 6:30 Classic TV Ch. 12	12	CR Thrilling Thursday - Pajama Day PY 10:00 Exercise SP 10:30 Devotion CR 1:00 Winter Coloring Pages CO 2:00 Social Time E 6:30 Classic TV Ch. 12	13	PY 10:00 Exercise SP 10:30 Devotion PR 1:00 Manicures and Nails CO 2:00 Skeptical Day - KGP SP 2:00 Social Time/Singing E 6:30 Classic TV Ch. 12	14	SP 10:00 Catholic Church Service IN2L SP 11:00 Listen to Spiritual Music SO 2:00 Movie Matinee SO 3:00 Snack and Chat E 6:30 Classic TV Ch. 12
15	PY 10:00 Exercise SP 10:00 Listen to Spiritual Music SP 11:00 Non Denominational Church Service IN2L SO 2:00 Movie Matinee SO 3:00 Snack and Chat E 6:30 Classic TV Ch. 12	16	PR 10:00 Coffee Club-Current Events PY 10:30 Exercise E 11:00 Resident Council CR 1:00 Sock Snowman SO 2:00 Snack and Chat E 6:30 Classic TV Ch. 12	17	PY 10:00 Exercise SP 10:30 Devotion CR 10:45 Cooking CO 1:00 Snowflake Lace Cards SO 2:00 Snack and Chat E 6:30 Classic TV Ch. 12	18	PR 10:00 Coffee Club-Current Events PY 10:30 Exercise SP 11:00 Devotion CO 1:00 Bingo - Meadowbrook SO 2:00 Book Club/Snack PR 6:00 Arbor Night - PMR E 6:30 David Dodson - music E 6:30 Classic TV Ch. 12 E 7:00 Alzheimer's Support Grp -	19	CR Thrilling Thursday - Disney Day PY 10:00 Exercise SP 10:30 Devotion PY 11:00 Beachball Soccer CO 1:00 Family Feud - KGP SO 2:00 Snack and Chat E 6:30 Classic TV Ch. 12	20	PR 10:00 Coffee Club-Current Events PY 10:30 Exercise E 10:45 Winter Humor/poetry SP 11:00 Devotion PR 1:00 Winter Wonderland Activities SO 2:00 Snack and Chat E 6:30 Classic TV Ch. 12	21	SP 10:00 Catholic Church Service IN2L SP 11:00 Listen to Spiritual Music SO 2:00 Movie Matinee SO 3:00 Snack and Chat E 6:30 Classic TV Ch. 12
22	PY 10:00 Exercise SP 10:00 Listen to Spiritual Music SP 11:00 Non Denominational Church Service IN2L SO 2:00 Movie Matinee SO 3:00 Snack and Chat E 6:30 Classic TV Ch. 12	23	PR 10:00 Coffee Club-Current Events PY 10:30 Exercise CO 1:00 String Cheerios for Birds SO 2:00 Snack and Chat E 6:30 Classic TV Ch. 12	24	PY 10:00 Exercise SP 10:30 Devotion CR 10:45 Cooking E 1:00 Winter Videos IN2L E 2:00 Chris Heard - guitar SO 2:00 Snack and Chat E 6:30 Classic TV Ch. 12	25	PR 10:00 Coffee Club-Current Events PY 10:30 Exercise SP 11:00 Devotion CO 1:00 Bingo - Meadowbrook SO 2:00 Book Club/Snack E 6:30 Classic TV Ch. 12	26	CR Thrilling Thursday - Clashing Clothes Day PY 10:00 Exercise SP 10:30 Devotion PY 11:00 Beachball Soccer CR 1:00 1 on 1 no sew fleece pillows SO 2:00 Snack and Chat E 6:30 Classic TV Ch. 12	27	PR 10:00 Coffee Club-Current Events PY 10:30 Exercise E 10:45 Winter Humor/poetry SP 11:00 Devotion PR 1:00 Manicures and Nails SO 2:00 Snack and Chat E 6:30 Classic TV Ch. 12	28	SP 10:00 Catholic Church Service IN2L SP 11:00 Listen to Spiritual Music SO 2:00 Movie Matinee SO 3:00 Snack and Chat E 6:30 Classic TV Ch. 12
29	PY 10:00 Exercise SP 10:00 Listen to Spiritual Music SP 11:00 Non Denominational Church Service IN2L SO 2:00 Movie Matinee SO 3:00 Snack and Chat E 6:30 Classic TV Ch. 12	30	PR 10:00 Coffee Club-Current Events PY 10:30 Exercise PY 11:00 Residential Council Meeting CO 1:00 Snowman Sticker Page SO 2:00 Snack and Chat E 6:30 Classic TV Ch. 12	31	PY 10:00 Exercise SP 10:30 Devotion CR 10:45 Cooking CR 1:00 1 on 1 no sew fleece pillows SO 2:00 Snack and Chat E 6:30 Classic TV Ch. 12								

Events are Subject to Change.