



DIRIGO PINES
A GRACE MGMT COMMUNITY

JANUARY 2023

9 Alumni Drive
Orono, Maine 04473
207-866-3400
www.dirigopines.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>10:00 Catholic Holy Communion - SR 10:00 Wii Bowling - KGP 1:00 Library Work Session - LIB 1:30 Pitch - GR 2:00 Movie- KGP 2:00 Rummikub - SR 7:00 Church of Universal Fellowship ZOOM - PMR</p>	<p>2</p> <p>Happy New Year! 8:45 Exercise - PMR 9:30 Exercise - PMR 10:00 Rummikub - SR 7:00 Movie - KGP</p>	<p>3</p> <p>10:00 P/C Shopping - Walmart 10:30 Travel club- SR 1:30 Scrabble - GR 2:00 Music with Masanobu 3:00 Bingo - PMR 4:15 Opera Talk - The Hours - PMR 7:00 Movie - KGP</p>	<p>4</p> <p>8:45 Exercise - PMR 9:30 Exercise - PMR 10:00 Sittercise- KGP 1:30 Mahjong - SR 2:00 Poker Club - Garden Rm 2:00 Prime Time Country - KGP 4:00 Happy Hour - GR</p>	<p>5</p> <p>Thrilling Thursdays-"Red Day" 10:00 Art w/Agnes - PMR 10:00 Mindfulness yoga with Margot- social room 1:00 Cornhole - KGP 3:00 Bingo - PMR 7:00 Movie - KGP</p>	<p>6</p> <p>8:45 Exercise - PMR 9:30 Exercise - PMR 10:00 Sittercise-KGP 11:00 C/P Luncheon- Mama D's Thai Restaurant 1:30 Cribbage - GR 3:00 Wii Bowling- KGP 7:00 Movie - KGP</p>	<p>7</p> <p>10:00 Bridge- GR 1:30 Card Games - SR 3:00 Old Time TV - KGP</p>
<p>8</p> <p>10:00 Catholic Holy Communion - SR 10:00 Wii Bowling - KGP 1:00 Library Work Session - LIB 1:30 Pitch - GR 2:00 Movie- KGP 2:00 Rummikub - SR 7:00 Church of Universal Fellowship ZOOM - PMR</p>	<p>9</p> <p>8:45 Exercise - PMR 9:30 Exercise - PMR 10:00 P/C Shopping at Hannaford 10:00 Rummikub - SR 10:00 Sittercise-KGP 1:00 Crafts with Anne - GR 7:00 Movie - KGP</p>	<p>10</p> <p>4:15 Opera Talk- Fedora 10:00 AL Beginners Basic Bridge- MDR 10:30 Travel club- SR 1:30 Music with Brian - KGP 3:00 Bingo - PMR 7:00 Movie - KGP</p>	<p>11</p> <p>8:45 Exercise - PMR 9:30 Exercise - PMR 10:00 Sittercise- KGP 1:30 Mahjong - SR 2:00 Billiards - Game Rm 2:00 Poker Club - Garden Rm 4:00 Happy Hour -Fireside Strings - KGP 6:30 Presentation by Shawn Laatsch - KGP</p>	<p>12</p> <p>Thrilling Thursday - "PJ Day" 10:00 Art w/Agnes - PMR 10:00 Mindfulness yoga with Margot-social room 1:00 Presentation by Lisa Deweese - KGP 3:00 Bingo - PMR 7:00 Movie - KGP</p>	<p>13</p> <p>8:45 Exercise - PMR 9:30 Exercise - PMR 10:00 Sittercise-KGP 1:30 Cribbage - GR 2:00 This or That Activity for Skeptical Day - KGP 7:00 Movie - KGP</p>	<p>14</p> <p>10:00 Bridge- GR 1:30 Card Games - SR 3:00 Old Time TV - KGP</p>
<p>15</p> <p>10:00 Catholic Holy Communion - SR 10:00 Wii Bowling - KGP 1:00 Library Work Session - LIB 1:30 Pitch - GR 2:00 Movie- KGP 2:00 Rummikub - SR 7:00 Church of Universal Fellowship ZOOM - PMR</p>	<p>16</p> <p>8:45 Exercise - PMR 9:30 Exercise - PMR 10:00 P/C Shopping Hannaford /IGA 10:00 Sittercise-KGP 1:00 Crafts with Anne - GR 7:00 Movie - KGP</p>	<p>17</p> <p>10:00 AL Beginners Basic Bridge- MDR 10:30 Travel club- SR 1:30 Scrabble - GR 3:00 Bingo - PMR 7:00 Movie - KGP</p>	<p>18</p> <p>8:45 Exercise - PMR 9:30 Exercise - PMR 10:00 Sittercise- KGP 1:30 Mahjong - SR 2:00 Billiards - Game Rm 2:00 Poker Club - Garden Rm 4:00 Happy Hour - GR 6:30 Music with David Dodson - KGP 7:00 Alzheimer's Support Grp - PMR</p>	<p>19</p> <p>Thrilling Thursday - "Disney Day" 10:00 Art w/Agnes - PMR 10:00 Mindfulness yoga with Margot-social room 1:00 Bereavement Grp - PMR 1:00 Family Feud - KGP 3:00 Bingo - PMR 7:00 Movie - KGP</p>	<p>20</p> <p>8:45 Exercise - PMR 9:30 Exercise - PMR 10:00 Sittercise-KGP 11:00 P/C Lunch Trip to Geaghan's 1:30 Cribbage - GR 3:00 Wii Bowling- KGP 7:00 Movie - KGP</p>	<p>21</p> <p>10:00 Bridge- GR 1:30 Card Games - SR 3:00 Old Time TV - KGP</p>
<p>22</p> <p>10:00 Catholic Holy Communion - SR 10:00 Wii Bowling - KGP 1:00 Library Work Session - LIB 1:30 Pitch - GR 2:00 Movie- KGP 2:00 Rummikub - SR 7:00 Church of Universal Fellowship ZOOM - PMR</p>	<p>23</p> <p>8:45 Exercise - PMR 9:30 Exercise - PMR 10:00 P/C Shopping trip Hannafords/IGA 10:00 Rummikub - SR 10:00 Sittercise-KGP 1:00 Crafts with Anne - GR 3:00 Book Club- Social Room 7:00 Movie - KGP</p>	<p>24</p> <p>10:00 AL Beginners Basic Bridge- MDR 10:30 Travel club- SR 1:00 Penobscot Resident Council - KGP 1:30 Scrabble - GR 2:00 Music with Chris Heard - KGP 3:00 Bingo - PMR 7:00 Movie - KGP</p>	<p>25</p> <p>8:45 Exercise - PMR 9:30 Exercise - PMR 10:00 Sittercise- KGP 1:30 Mahjong - SR 2:00 Billiards - Game Rm 2:00 Poker Club - Garden Rm 4:00 Happy Hour - GR</p>	<p>26</p> <p>Thrilling Thursday - "Clash Day" 10:00 Art w/Agnes - PMR 10:00 Mindfulness yoga with Margot-social room 1:00 Cornhole - KGP 3:00 Bingo - PMR 7:00 Movie - KGP</p>	<p>27</p> <p>8:45 Exercise - PMR 9:30 Exercise - PMR 10:00 Sittercise-KGP 11:00 AL/P Trip - Hollywood Slots 1:30 Cribbage - GR 3:00 Wii Bowling- KGP 7:00 Movie - KGP</p>	<p>28</p> <p>10:00 Bridge- GR 1:30 Card Games - SR 3:00 Old Time TV - KGP</p>
<p>29</p> <p>10:00 Catholic Holy Communion - SR 10:00 Wii Bowling - KGP 1:00 Library Work Session - LIB 1:30 Pitch - GR 2:00 Movie- KGP 2:00 Rummikub - SR 7:00 Church of Universal Fellowship ZOOM - PMR</p>	<p>30</p> <p>8:45 Exercise - PMR 9:30 Exercise - PMR 10:00 Rummikub - SR 10:00 Sittercise-KGP 1:00 Crafts with Anne - GR 7:00 Movie - KGP</p>	<p>31</p> <p>10:00 AL Beginners Basic Bridge- MDR 10:30 Travel club- SR 1:30 Scrabble - GR 3:00 Bingo - PMR 7:00 Movie - KGP</p>	<p>Birthdays 1/1 - Martha Sheppard 1/2 - Jack Brown 1/3 - Rosemary Buetens 1/3 - Joyce Morton 1/27 - Jeanne Jacobson</p>			

Events are Subject to Change.