



TWIN RIVERS
A GRACE MGMT COMMUNITY

NOVEMBER 2022

1720 North Plano Road
Richardson, Texas 75081
972-979-4333 | License: 106770
www.twinriversassistedliving.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>1</p> <p>PY 10:30 Full Body Chair Exercise</p> <p>I 11:00 Helping Hands Napkin Folding Dining Services</p> <p>CC 2:00 Word Search Puzzle</p> <p>SO 2:30 Popcorn and a Movie on Netflix</p> <p>CC 6:30 Mexican Train</p>	<p>2</p> <p>PY 10:30 Morning Exercise</p> <p>I 11:00 Helping Hands Napkin Folding Dining Services</p> <p>SE 12:30 Library Book Check Out Day</p> <p>SE 2:30 Quarter BINGO</p> <p>CC 3:30 Rummikub</p> <p>CC 6:30 Mexican Train</p>	<p>3</p> <p>PY 10:30 Chair Exercise</p> <p>I 11:00 Helping Hands Napkin Folding Dining Services</p> <p>SO 11:00 Men's Club Lunch Outing</p> <p>SP 1:00 Catholic Communion</p> <p>SP 1:15 Rosary Circle w/ Ken Brown</p> <p>CC 1:30 Bridge Club</p> <p>CC 6:30 Mexican Train</p>	<p>4</p> <p>CR 10:30 Morning Exercise w/ Jason</p> <p>I 11:00 Helping Hands Napkin Folding Dining Services</p> <p>SP 2:00 Non-Denominational Worship Service</p> <p>SO 3:30 Happy Hour</p> <p>CC 6:30 Mexican Train</p>	<p>5</p> <p>SO 10:00 Coffee & Donut & Conversation</p> <p>PY 11:00 Prayer Session with Dan & Barbara from Town North Presbyterian Church</p> <p>CC 2:00 Bridge Club</p> <p>I 2:30 Helping Hands Napkin Folding Dining Services</p> <p>CC 6:00 Mexican Train</p> <p>PR 6:30 Dominos</p>
<p>6 Daylight Saving Ends</p> <p>SP 11:00 Catholic Diocese Wellness Room</p> <p>SP 11:00 First Methodist Mansfield</p> <p>I 2:30 Helping Hands Napkin Folding Dining Services</p> <p>SO 2:30 Quarter Bingo</p> <p>CC 6:30 Mexican Train</p>	<p>7</p> <p>10:00 Shopping at Wal-Mart</p> <p>I 11:00 Helping Hands Napkin Folding Dining Services</p> <p>PY 2:00 Chair Exercise w/ Jason</p> <p>CC 3:30 Bible Study with Kelly</p> <p>PY 4:00 Walk for Wellness</p> <p>CC 6:30 Mexican Train</p>	<p>8 Election Day</p> <p>PY 10:30 Full Body Chair Exercise</p> <p>I 11:00 Helping Hands Napkin Folding Dining Services</p> <p>CC 2:00 Word Search Puzzle</p> <p>3:00 Entertainment with Krystal Rodriguez</p> <p>CC 6:30 Mexican Train</p>	<p>9</p> <p>PY 10:30 Morning Exercise</p> <p>I 11:00 Helping Hands Napkin Folding Dining Services</p> <p>12:30 Library Book Check Out Day</p> <p>SE 2:30 Quarter BINGO</p> <p>CC 3:30 Rummikub</p> <p>CC 6:30 Mexican Train</p>	<p>10</p> <p>10:15 Lunch Bunch Outing ((Jeng Chi Chinese Restaurant))</p> <p>I 11:00 Helping Hands Napkin Folding Dining Services</p> <p>SP 1:00 Catholic Communion</p> <p>SP 1:15 Rosary Circle w/ Ken Brown</p> <p>CC 1:30 Bridge Club</p> <p>CC 6:30 Mexican Train</p>	<p>11 Veterans Day</p> <p>CR 10:30 Morning Exercise w/ Jason</p> <p>I 11:00 Helping Hands Napkin Folding Dining Services</p> <p>SP 11:30 Musical Worship with Jody & Jody</p> <p>SP 2:00 Non-Denominational Worship Service</p> <p>SO 3:30 Happy Hour</p> <p>CC 6:30 Mexican Train</p>	<p>12</p> <p>SO 10:00 Coffee & Donut & Conversation</p> <p>SP 11:00 Prayer Session with Dan & Barbara from Town North Presbyterian Church</p> <p>CC 2:00 Bridge Club</p> <p>I 2:30 Helping Hands Napkin Folding Dining Services</p> <p>CC 6:00 Mexican Train</p> <p>PR 6:30 Dominos</p>
<p>13</p> <p>SP 11:00 Catholic Diocese Wellness Room</p> <p>SP 11:00 First United Methodist Church Richardson</p> <p>I 2:30 Helping Hands Napkin Folding Dining Services</p> <p>SO 2:30 Quarter Bingo</p> <p>3:25 Dallas Cowboys vs Green Bay</p>	<p>14</p> <p>10:00 Shopping at Target</p> <p>I 11:00 Helping Hands Napkin Folding Dining Services</p> <p>PY 2:00 Chair Exercise w/ Jason</p> <p>CC 3:30 Bible Study with Kelly</p> <p>PY 4:00 Walk for Wellness</p> <p>CC 6:30 Mexican Train</p>	<p>15</p> <p>PY 10:30 Full Body Chair Exercise</p> <p>I 11:00 Helping Hands Napkin Folding Dining Services</p> <p>CC 2:00 Word Search Puzzle</p> <p>SO 2:30 Popcorn and a Movie on Netflix</p> <p>CC 6:30 Mexican Train</p>	<p>16</p> <p>PY 10:30 Morning Exercise</p> <p>I 11:00 Helping Hands Napkin Folding Dining Services</p> <p>12:30 Library Book Check Out Day</p> <p>SE 2:30 Quarter BINGO</p> <p>CC 3:30 Rummikub</p> <p>CC 6:30 Mexican Train</p>	<p>17</p> <p>PY 10:30 Chair Exercise</p> <p>I 11:00 Helping Hands Napkin Folding Dining Services</p> <p>SP 1:00 Catholic Communion</p> <p>SP 1:15 Rosary Circle w/ Ken Brown</p> <p>CC 1:30 Bridge Club</p> <p>PR 2:30 Town Hall Meeting</p> <p>CC 6:30 Mexican Train</p>	<p>18</p> <p>CR 10:30 Morning Exercise w/ Jason</p> <p>I 11:00 Helping Hands Napkin Folding Dining Services</p> <p>SP 2:00 Non-Denominational Worship Service</p> <p>SO 3:30 Happy Hour</p> <p>CC 6:30 Mexican Train</p>	<p>19</p> <p>SO 10:00 Coffee & Donut & Conversation</p> <p>SP 11:00 Prayer Session with Dan & Barbara from Town North Presbyterian Church</p> <p>CC 2:00 Bridge Club</p> <p>I 2:30 Helping Hands Napkin Folding Dining Services</p> <p>CC 6:00 Mexican Train</p> <p>PR 6:30 Dominos</p>

Events are Subject to Change.



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>20</p> <p>SP 11:00 Catholic Diocese Wellness Room</p> <p>SP 11:00 First Methodist Mansfield</p> <p>I 2:30 Helping Hands Napkin Folding Dining Services</p> <p>SO 2:30 Quarter Bingo</p> <p>3:25 Dallas Cowboys vs Minnesota Vikings (CBS)</p> <p>CC 6:30 Mexican Train</p>	<p>21</p> <p>10:00 Shopping at Wal-Mart</p> <p>I 11:00 Helping Hands Napkin Folding Dining Services</p> <p>PY 2:00 Chair Exercise w/ Jason</p> <p>CC 3:30 Bible Study with Kelly</p> <p>PY 4:00 Walk for Wellness</p> <p>CC 6:30 Mexican Train</p>	<p>22</p> <p>PY 10:30 Full Body Chair Exercise</p> <p>I 11:00 Helping Hands Napkin Folding Dining Services</p> <p>CC 2:00 Word Search Puzzle</p> <p>SO 2:30 Popcorn and a Movie on Netflix</p> <p>CC 6:30 Mexican Train</p>	<p>23</p> <p>PY 10:30 Morning Exercise</p> <p>I 11:00 Helping Hands Napkin Folding Dining Services</p> <p>12:30 Library Book Check Out Day</p> <p>SE 2:30 Quarter BINGO</p> <p>CC 3:30 Rummikub</p> <p>CC 6:30 Mexican Train</p>	<p>24 Thanksgiving</p> <p>8:00 Macy's Thanksgiving Day Parade</p> <p>PY 10:30 Chair Exercise</p> <p>I 11:00 Helping Hands Napkin Folding Dining Services</p> <p>CC 1:30 Bridge Club</p> <p>SO 3:30 Dallas Cowboys vs New York Giants (FOX)</p> <p>CC 6:30 Mexican Train</p>	<p>25</p> <p>CR 10:30 Morning Exercise w/ Jason</p> <p>I 11:00 Helping Hands Napkin Folding Dining Services</p> <p>SP 2:00 Non-Denominational Worship Service</p> <p>SO 3:30 Happy Hour</p> <p>CC 6:30 Mexican Train</p>	<p>26</p> <p>SO 10:00 Coffee & Donut & Conversation</p> <p>SP 11:00 Prayer Session with Dan & Barbara from Town North Presbyterian Church</p> <p>CC 2:00 Bridge Club</p> <p>I 2:30 Helping Hands Napkin Folding Dining Services</p> <p>CC 6:00 Mexican Train</p> <p>PR 6:30 Dominos</p>
<p>27</p> <p>SP 11:00 Catholic Diocese Wellness Room</p> <p>SP 11:00 First United Methodist Church Richardson (Live Streaming)</p> <p>I 2:30 Helping Hands Napkin Folding Dining Services</p> <p>SO 2:30 Quarter Bingo</p> <p>CC 6:30 Mexican Train</p>	<p>28</p> <p>10:00 Shopping at Target</p> <p>I 11:00 Helping Hands Napkin Folding Dining Services</p> <p>PY 2:00 Chair Exercise w/ Jason</p> <p>CC 3:30 Bible Study with Kelly</p> <p>PY 4:00 Walk for Wellness</p> <p>CC 6:30 Mexican Train</p>	<p>29</p> <p>PY 10:30 Full Body Chair Exercise</p> <p>I 11:00 Helping Hands Napkin Folding Dining Services</p> <p>CC 2:00 Word Search Puzzle</p> <p>SO 3:00 Monthly Birthday Party w/Marty</p> <p>CC 6:30 Mexican Train</p>	<p>30</p> <p>PY 10:30 Morning Exercise</p> <p>I 11:00 Helping Hands Napkin Folding Dining Services</p> <p>12:30 Library Book Check Out Day</p> <p>SE 2:30 Quarter BINGO</p> <p>CC 3:30 Rummikub</p> <p>CC 6:30 Mexican Train</p>			

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