

# NOVEMBER 2022

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 Mount Washington, KY 40047  
 502-219-3075  
[inspirationsofmountwashington.com](http://inspirationsofmountwashington.com)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Birthdays</b> 11/11 - Jean Boxley		<b>1</b> 10:00 Roll A Workout (AR) 10:30 2nd Cup Cafe (AR) 10:45 Daily Gratitude (AR) 11:00 The Daily Rewind (AR) 11:15 Current Events (AR) 2:00 Cooking Class: Cake Pops (AR) 3:00 Jokers Card Game 4:00 Broom Ball (DR)	<b>2</b> 10:00 Chair Exercises (AR) 10:30 2nd Cup Cafe (AR) 10:45 Daily Gratitude (AR) 11:00 The Daily Rewind (AR) 11:15 Golden Girls Game (AR) 1:30 Movie & Popcorn: Going in Style (AR) 4:00 Name Game (AR) 4:30 Wine Down Wednesday (DR)	<b>3</b> 10:00 ROM Exercise (AR) 10:30 2nd Cup Cafe (AR) 10:45 Daily Gratitude (AR) 11:00 The Daily Rewind (AR) 11:15 Steal My Candy (AR) 1:30 <b>Menu Chat with Dean (DR)</b> 2:00 Bingo (DR) 4:00 TV Classics (AR)	<b>4</b> 10:00 Chair Exercise (AR) 10:30 2nd Cup Cafe (AR) 10:45 Daily Gratitude (AR) 11:00 The Daily Rewind (AR) 11:15 Remember When (AR) 2:00 Craft Class: Turkey Pots (AR) 3:30 East or West (AR) 4:00 Penny Ante (AR)	<b>5</b> 10:00 Chair Exercise (AR) 10:30 2nd Cup Cafe (AR) 10:45 Daily Gratitude (AR) 11:00 The Daily Rewind (AR) 11:15 Card Sharks (AR) 2:00 <b>Birthdays Bash with Allen Hilbert (DR)</b>
<b>6 Daylight Saving Ends</b>	<b>7</b> 10:00 Drum Circle (AR) 10:30 2nd Cup Cafe (AR) 10:45 Daily Gratitude (AR) 11:00 The Daily Rewind (AR) 11:15 Weekly Review (AR) 12:00 <b>Lunch at Bojangles</b> 2:00 Bingo (DR) 3:30 Baked Apple Bread (AR) 4:00 Monday Manicures (AR)	<b>8 Election Day</b>	<b>9</b> 10:00 Chair Exercises (AR) 10:30 2nd Cup Cafe (AR) 10:45 Daily Gratitude (AR) 11:00 The Daily Rewind (AR) 11:15 Cover That Number (AR) 1:30 Movie & Popcorn: Legends of the Fall (AR) 4:00 Pass the Trash (AR) 4:30 Wine Down Wednesday (DR)	<b>10</b> 10:00 ROM Exercise (AR) 10:30 2nd Cup Cafe (AR) 10:45 Daily Gratitude (AR) 11:00 The Daily Rewind (AR) 11:15 Tongue Twisters (AR) 1:30 Menu Chat with Dean (DR) 2:00 Bingo (DR) 4:00 Hot Seat (AR)	<b>11 Veterans Day</b>	<b>12</b> 10:00 Chair Exercise (AR) 10:30 2nd Cup Cafe (AR) 10:45 Daily Gratitude (AR) 11:00 The Daily Rewind (AR) 11:15 Name that State (AR) 2:00 Craft Class: Turkey Wine Bottles (AR)
<b>13</b> 10:00 Worship with First Baptist Church (DR) 10:15 Catholic Communion (RR) 11:00 Music Memory (AR) 11:30 Daily Gratitude (AR) 1:00 Calvary Christian Center Service (DR) 2:00 Inspirations Airlines to Barcelona Spain (AR)	<b>14</b> 10:00 Drum Circle (AR) 10:30 2nd Cup Cafe (AR) 10:45 Daily Gratitude (AR) 11:00 The Daily Rewind (AR) 11:15 Weekly Review (AR) 12:00 <b>Lunch at Olive Garden</b> 2:00 Bingo with Caretenders (DR) 3:30 Baked Bread (AR) 4:00 Monday Manicures (AR)	<b>15</b> 10:00 Roll A Workout (AR) 10:30 2nd Cup Cafe (AR) 10:45 Daily Gratitude (AR) 11:00 The Daily Rewind (AR) 11:15 Current Events (AR) 2:00 Cooking Class: Pumpkin Pie (AR) 3:00 Behind the Music (AR) 4:00 Family Feud (AR)	<b>16</b> 10:00 Chair Exercises (AR) 10:30 2nd Cup Cafe (AR) 10:45 Daily Gratitude (AR) 11:00 The Daily Rewind (AR) 11:15 Greedy (AR) 1:30 Movie & Popcorn: Monster-in-Law (AR) 4:00 Fall Trail Mix (AR) 4:30 Wine Down Wednesday (DR)	<b>17</b> 10:00 ROM Exercise (AR) 10:30 2nd Cup Cafe (AR) 10:45 Daily Gratitude (AR) 11:00 The Daily Rewind (AR) 11:15 Guess Who (AR) 1:30 Menu Chat with Dean (DR) 2:00 Bingo with Intrepid (DR) 3:30 I'm Stuffed Turkeys (AR)	<b>18</b> 10:00 Chair Exercise (AR) 10:30 2nd Cup Cafe (AR) 10:45 Daily Gratitude (AR) 11:00 The Daily Rewind (AR) 11:15 Shop & Drop Dice (AR) 2:00 Craft Class: Turkey Planks (AR) 3:30 Junk Drawer Detective (AR) 4:00 Table Talk (AR)	<b>19</b> 10:00 Chair Exercise (AR) 10:30 2nd Cup Cafe (AR) 10:45 Daily Gratitude (AR) 11:00 The Daily Rewind (AR) 11:15 Bowling (AR) 2:00 Music by Wild Bill & the Buffalo Band (DR)
<b>20</b> 10:00 Worship with First Baptist Church (DR) 10:15 Catholic Communion (RR) 11:00 In A Pickle (AR) 11:30 Daily Gratitude (AR) 2:00 Inspirations Airlines to Sevilla Spain (AR)	<b>21</b> 10:00 Drum Circle (AR) 10:30 2nd Cup Cafe (AR) 10:45 Daily Gratitude (AR) 11:00 The Daily Rewind (AR) 11:15 Weekly Review (AR) 2:00 Bullitt County Public Library Group (AR) 3:30 Baked Bread (AR) 4:00 Monday Manicures (AR)	<b>22</b> 10:00 Roll A Workout (AR) 10:30 2nd Cup Cafe (AR) 10:45 Daily Gratitude (AR) 11:00 The Daily Rewind (AR) 11:15 Current Events (AR) 2:00 <b>Discovery Series with Morgan (DR)</b> 3:00 Puzzles & Ponderings (AR) 4:00 Fall Cornucopias (AR)	<b>23</b> 10:00 Chair Exercises (AR) 10:30 2nd Cup Cafe (AR) 10:45 Daily Gratitude (AR) 11:00 The Daily Rewind (AR) 11:15 Cards 2:00 <b>Resident Council (AR)</b> 3:30 Behind the Scenes (AR) 4:30 Wine Down Wednesday (DR)	<b>24 Thanksgiving</b>	<b>25</b> 9:00 Macy's Thanksgiving Day Parade on TV (AR) 10:00 ROM Exercises (AR) 10:00 ROM Exercises (AR) 10:30 Daily Gratitude (AR) 10:45 Daily Rewind (AR) 11:00 Did You Know (AR) 1:00 Gobble Till Ya Wobble (AR)	<b>26</b> 10:00 Chair Exercise (AR) 10:30 2nd Cup Cafe (AR) 10:45 Daily Gratitude (AR) 11:00 The Daily Rewind (AR) 11:15 Riddle Me This (AR) 2:00 Craft Class: Christmas Ornaments (AR) 3:30 Swatterball (AR) 4:00 Auction (AR)
<b>27</b> 10:00 Worship with First Baptist Church (DR) 10:15 Catholic Communion (RR) 11:00 Daily Gratitude (AR) 2:00 Bingo with Susan (DR)	<b>28</b> 10:00 Drum Circle (AR) 10:30 2nd Cup Cafe (AR) 10:45 Daily Gratitude (AR) 11:00 The Daily Rewind (AR) 11:15 Weekly Review (AR) 2:00 <b>International Yums (AR)</b> 3:30 Baked Bread (AR) 4:00 Monday Manicures (AR)	<b>29</b> 10:00 Roll A Workout (AR) 10:30 2nd Cup Cafe (AR) 10:45 Daily Gratitude (AR) 11:00 The Daily Rewind (AR) 11:15 Current Events (AR) 2:00 Cooking Class: Chicken Pot Pie (AR) 3:00 How Low Can You Go (AR) 4:00 TV Classics (AR)	<b>30</b> 10:00 Chair Exercises (AR) 10:30 2nd Cup Cafe (AR) 10:45 Daily Gratitude (AR) 11:00 The Daily Rewind (AR) 11:15 Rummy (AR) 1:30 Movie & Popcorn: Ice Road (AR) 4:00 Light Up Inspirations (DR)	AR - Activity Room DR - Dining Room FP - Front Porch SR - Sun Room RR - Resident Rooms OD - Outdoors		

Events are Subject to Change.