



DIRIGO PINES
A GRACE MGMT COMMUNITY

NOVEMBER 2022

9 Alumni Drive
Orono, Maine 04473
207-866-3400
www.dirigopines.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
KGP = Kenduskeag Gathering Place PMR = Penobscot Media Room MLR = Meadowbrook Living Room P/C = Penobscot/Cottages LIB = Library SR = Social Room		1 10:00 Crafting- ornaments- KDR 10:30 Travel club- SR 2:00 Classic Piano with Masanobu 3:00 Bingo - PMR 7:00 Movie - KGP	2 8:45 Exercise - PMR 9:30 Exercise - PMR 10:00 Sittercise- KGP 1:30 Mahjong - SR 4:00 Happy Hour with Fireside strings - KGP	3 Thrilling Thursday Wacky Socks 10:00 Art w/Agnes - PMR 10:00 Mindfulness yoga with Margot- social room 1:00 Cornhole - KGP 3:00 Bingo - PMR 7:00 Movie - KGP	4 8:45 Exercise - PMR 9:30 Exercise - PMR 10:00 Sittercise-KGP 1:30 Cribbage - GR 2:30 Mocktails- SR 7:00 Movie - KGP	5 1:30 Card Games - SR 2:00 UMAINE WOMENS HOCKEY 3:00 Old Time TV - KGP
6 Daylight Saving Ends	7 8:45 Exercise - PMR 9:30 Exercise - PMR 10:00 P+C TRIP TO WALMART 10:00 Rummikub - SR 10:00 Sittercise-KGP 1:00 Crafts with Anne - GR 7:00 Movie - KGP	8 Election Day 10:00 Crafting- ornaments- KDR 10:30 Travel club- SR 11:00 P+C TRIP TO CHINA GARDEN/SPOTLIGHT CINEMA (\$5.00 TUESDAY) 3:00 Bingo - PMR 7:00 Movie - KGP	9 8:45 Exercise - PMR 9:30 Exercise - PMR 10:00 Sittercise- KGP 1:30 Mahjong - SR 4:00 Happy Hour - GR 6:30 Presentation by Ed Mathieu- KGP	10 Thrilling Thursday - Farm Day 10:00 Art w/Agnes - PMR 10:00 Mindfulness yoga with Margot- social room 1:00 Cornhole - KGP 3:00 Bingo - PMR 7:00 Movie - KGP	11 Veterans Day 8:45 Exercise - PMR 9:00 Veterans Day Parade - P/C 9:30 Exercise - PMR 10:00 Sittercise-KGP 1:30 Cribbage - GR 2:30 Mocktails- SR 7:00 Movie - KGP	12 1:30 Card Games - SR 3:00 Old Time TV - KGP
13 10:00 Catholic Holy Communion - SR 1:00 Library Work Session - LIB 1:30 Pitch - GR 2:00 Movie Matinee - KGP 2:00 Rummikub - SR 7:00 Church of Universal Fellowship ZOOM - PMR	14 8:45 Exercise - PMR 9:30 Exercise - PMR 10:00 P/C Shopping at Hannaford/IGA 10:00 Rummikub - SR 10:00 Sittercise-KGP 1:00 Crafts with Anne - GR 7:00 Movie - KGP	15 10:00 Crafting- ornaments- KDR 10:30 Travel club- SR 3:00 Bingo - PMR 7:00 Movie - KGP	16 8:45 Exercise - PMR 9:30 Exercise - PMR 10:00 Sittercise- KGP 1:30 Mahjong - SR 4:00 Happy Hour - GR 6:30 Guitar Music by Chris Heard- KGP 7:00 Alzheimer's Support Grp - PMR	17 Thrilling Thursday Sports Day 10:00 Art w/Agnes - PMR 10:00 Mindfulness yoga with Margot- social room 1:00 Bereavement Grp - PMR 1:00 Cornhole - KGP 2:00 Presentation by Lisa Deweese - KGP 3:00 Bingo - PMR 7:00 Movie - KGP	18 8:45 Exercise - PMR 9:30 Exercise - PMR 10:00 Sittercise-KGP 11:00 P+C LUNCH BUNCH- CHASE'S FAMILY RESTAURANT 1:30 Cribbage - GR 2:30 Mocktails- SR	19 10:00 Craft/Vendor Fair - KGP 1:30 Card Games - SR 3:00 Old Time TV - KGP 6:00 Umaine Women's B-ball Game vs. Yale
20 10:00 Catholic Holy Communion - SR 1:00 Library Work Session - LIB 1:30 Pitch - GR 2:00 Movie Matinee - KGP 2:00 P+C trip to Symphony 2:00 Rummikub - SR 7:00 Church of Universal Fellowship ZOOM - PMR	21 8:45 Exercise - PMR 9:30 Exercise - PMR 10:00 P/C Shopping Hannaford /IGA 10:00 Rummikub - SR 10:00 Sittercise-KGP 1:00 Crafts with Anne - GR 3:00 Presentation by Nicole - KGP 7:00 Movie - KGP	22 10:00 Crafting- ornaments- KDR 10:30 Travel club- SR 1:00 Penobscot Resident Council - KGP 2:00 Music-Brian McClellan - KGP 3:00 Bingo - PMR 7:00 Movie - KGP	23 8:45 Exercise - PMR 9:30 Exercise - PMR 10:00 Sittercise- KGP 1:30 Mahjong - SR 4:00 Happy Hour - GR	24 Thanksgiving Happy Thanksgiving Thrilling Thursday - Brown Day 7:00 Movie - KGP	25 8:45 Exercise - PMR 9:30 Exercise - PMR 10:00 Sittercise-KGP 1:30 Cribbage - GR 2:30 Mocktails- SR 7:00 Movie - KGP	26 1:30 Card Games - SR 3:00 Old Time TV - KGP
27 10:00 Catholic Holy Communion - SR 1:00 Library Work Session - LIB 1:30 Pitch - GR 2:00 Movie Matinee - KGP 2:00 Rummikub - SR 7:00 Church of Universal Fellowship ZOOM - PMR	28 8:45 Exercise - PMR 9:30 Exercise - PMR 10:00 P/C Shopping trip Hannafords/IGA 10:00 Rummikub - SR 10:00 Sittercise-KGP 1:00 Crafts with Anne - GR 7:00 Movie - KGP	29 Decorate Dirigo for Holidays 3:00 Bingo - PMR 7:00 Movie - KGP	30 8:45 Exercise - PMR 9:30 Exercise - PMR 10:00 Sittercise- KGP 1:30 Mahjong - SR 4:00 Happy Hour - GR 6:30 Author Presentation by Tim Caverly - KGP		Birthdays 11/12 - Jean Tompkins 11/13 - Marie Enman 11/15 - Ted W 11/15 - Carol Dellwo 11/17 - Donna Watson 11/24 - Bob Haddad 11/25 - Irving Priest 11/30 - Beverly Bigelow	

Events are Subject to Change.