

DECEMBER 2022

8700 North La Cholla Blvd
 Tucson, Arizona 85742
 520-367-3845
www.countrycluboflacholla.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>CO - Cognitive CR - Creative PY - Physical PR - Purposeful SE - Sensory SO - Social SP - Spiritual</p>	10:15am - Women's Bible Study 1:00pm Pinochle - Monday 1:00pm Aqua Strength - Monday & Wednesday 3:00pm Trivia - Monday & Wednesday	10:00am Stretch & Flex 1:00pm Mahjong 2:00pm Walker Wheelchair Repair - 12/20	1:00pm Women's Bible Study	1 PY 9:00 Muscle Strength PY 10:30 Bean Bag Competition PR 11:30 Blood Pressure Clinic SE 2:00 Bingo CR 2:00 Gingerbread House Decorating SE 6:30 Thursday Night Movie	2 PY 8:45 Open Swim PY 8:45 Strength Exercise PR 1:00 Food Committee CO 1:00 Gotcha Card Game SO 1:00 Sticks & Cues SO 3:00 Happy Hour with Nehemiah Brown	3 PY 9:30 Strength Exercise PY 11:15 Move To The Music Exercise/Dance Class CR 1:45 Poetry Group PR 2:00 50th Anniversary of Ordination Mass of Deacon Bill Krueger
4 SP 8:00 Local Church Services SP 9:30 CCLC Worship Service CO 1:00 Bridge Club SE 1:30 Trip: Musical Holiday Treats (Civic Orchestra of Tucson) SE 2:00 Bingo SE 6:30 Sunday Night Movie	5 PY 9:00 Strength Exercise Video PR 9:00 Trip: Walmart Shopping PY 10:30 Bean Bag Game CO 1:00 Pinochle CO 1:30 Understanding "The Secrets of Human Perception"	6 PY 9:00 Muscle Strength SP 10:00 Catholic Communion PY 10:00 Stretch and Flex PR 12:30 Resident Town Hall SO 1:00 Mahjong CR 2:30 Art Class - Christmas CR 6:30 Prime Time Dancers Holiday Show	7 PR 9:00 Shopping Trip: Fry's CR 10:00 Quilting Group CO 1:00 Adventures In Art CO 1:00 Christmas Shopping Errand Day CO 1:00 Mahjong SP 1:00 Women's Bible Study PY 3:00 Line Dancing Class	8 PY 9:00 Muscle Strength PY 10:30 Bean Bag Competition PR 11:30 Blood Pressure Clinic SE 2:00 Bingo SO 5:30 Tree Lighting Ceremony SE 6:30 Thursday Night Movie	9 PY 8:45 Open Swim PY 8:45 Strength Exercise CO 1:00 Gotcha Card Game SO 1:00 Sticks & Cues CR 1:00 Writing Ourselves SO 3:00 Happy Hour with Albert Galli SO 5:30 Winterhaven Drive	10 PY 9:30 Strength Exercise PY 11:15 Move To The Music Exercise/Dance Class SO 1:45 Men's Group SE 2:00 Christmas Caroling by American Heritage Girls
11 SP 8:00 Local Church Services SP 9:30 CCLC Worship Service CO 1:00 Bridge Club SE 2:00 Bingo SE 6:30 Sunday Night Movie	12 PY 9:00 Strength Exercise Video PR 9:00 Trip: Walmart Shopping PY 10:30 Bean Bag Game PR 12:00 Trip: Christmas Shopping Errand Day CO 1:00 Pinochle CO 1:30 Understanding "The Secrets of Human Perception"	13 PY 9:00 Muscle Strength SP 10:00 Catholic Communion PR 10:00 LNR Jewelry SO 11:30 Lunch Outing: Cracker Barrel PR 1:00 New Resident Orientation CR 2:30 Art Class - Christmas	14 PR 9:00 Shopping Trip: Trader Joe's CO 12:15 Met Opera : "The Hours" CO 1:00 Mahjong SP 1:00 Women's Bible Study PY 3:00 Line Dancing Class	15 PY 9:00 Muscle Strength PY 10:30 Bean Bag Competition PR 11:30 Blood Pressure Clinic SE 2:00 Bingo CR 2:00 Gingerbread House Decorating SE 6:30 Thursday Night Movie	16 PY 8:45 Open Swim PY 8:45 Strength Exercise CR 1:00 Book Club CO 1:00 Gotcha Card Game SO 1:00 Sticks & Cues SO 3:00 Christmas Party Happy Hour with Joe Bourne	17 PY 9:30 Strength Exercise PY 11:15 Move To The Music Exercise/Dance Class CR 1:45 Poetry Group
18 Hanukkah Begins SP 8:00 Local Church Services SP 9:30 CCLC Worship Service CO 1:00 Bridge Club SE 2:00 Bingo SE 6:30 Sunday Night Movie	19 SE 8:00 Wear Winter Hat Day PY 9:00 Strength Exercise Video PR 9:00 Trip: Walmart Shopping PY 10:30 Bean Bag Game CO 1:30 Understanding "The Secrets of Human Perception" SP 6:30 Hanukkah Celebration	20 PR 8:00 Wear Red & Green Day PY 9:00 Muscle Strength SP 10:00 Catholic Communion PY 10:00 Stretch and Flex SE 2:00 Hallway Christmas Caroling CR 2:30 Art Class - Christmas SO 6:30 Christmas Holiday	21 Winter Begins PR 8:00 First Day of Winter - Wear Winter Clothes PR 9:00 Shopping Trip: Albertsons CR 10:00 Quilting Group SO 1:00 Trip: Casino Del Sol SP 1:00 Women's Bible Study PR 2:00 Eggnog & Holiday	22 PR 8:00 Wear Your Favorite Holiday Shirt PY 9:00 Muscle Strength PY 10:30 Bean Bag Competition PR 11:30 Blood Pressure Clinic SE 2:00 Bingo SE 4:00 Dinner Outing: Carrabas Italian	23 PR 8:00 Wear Ugly Christmas Sweater PY 8:45 Open Swim PY 8:45 Strength Exercise CO 1:00 Gotcha Card Game SO 1:00 Sticks & Cues SO 3:00 Happy Hour with Chuck Moses	24 Christmas Eve PY 9:30 Strength Exercise SO 11:00 Holiday Music with DJ Harry Hot Chocolate & Cookies PY 11:15 Move To The Music Exercise/Dance Class PR 1:45 Men's Group
25 Christmas Day SP 8:00 Local Church Services SP 9:30 CCLC Worship Service CO 1:00 Bridge Club SE 2:00 Bingo SE 6:30 Sunday Night Movie	26 Kwanzaa Begins PY 9:00 Strength Exercise Video PR 9:00 Trip: Walmart Shopping PY 10:30 Bean Bag Game CO 1:00 Pinochle CO 1:30 Understanding "The Secrets of Human Perception"	27 PY 9:00 Muscle Strength SP 10:00 Catholic Communion PY 10:00 Stretch and Flex SO 1:00 Mahjong SO 2:00 December Birthday Celebration CR 2:30 Art Class	28 PR 9:00 Shopping Trip: Sprouts & Kohl's CO 1:00 Mahjong SP 1:00 Women's Bible Study PY 3:00 Line Dancing Class	29 PY 9:00 Muscle Strength PY 10:30 Bean Bag Competition PR 11:30 Blood Pressure Clinic SE 2:00 Bingo SE 6:30 Thursday Night Movie	30 PY 8:45 Open Swim PY 8:45 Strength Exercise CO 1:00 Gotcha Card Game SO 1:00 Sticks & Cues SO 3:00 Happy Hour - DJ Harry	31 New Year's Eve PY 9:30 Strength Exercise PY 11:15 Move To The Music Exercise/Dance Class SO 6:30 New Year's Eve Party with Nehemiah Brown