



THE HIGHLANDS  
A GRACE MGMT COMMUNITY

Week of November 20, 2022

**Good to Go Dinner Menu \$20** (includes soup or salad, entrée, 2 sides and a dessert)

	Sunday Brunch	Monday	Tuesday	Wednesday	Thanksgiving Brunch	Friday	Saturday
<b>Soups</b>	Cream of Broccoli	Chicken Veg	Bean and Bacon	Beef Minestrone	Kale Sausage&Bean	Cheddar Ham	Vegetable Rice
<b>Salad</b>	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Salmon Alfredo	Garden Salad	Garden Salad
<b>Entrees</b>	Pork Loin	Cube Steak	Veal Marsala	Shrimp Scampi	Turkey	Flank Steak	Coq AuVin
	Fish Cakes	Curry Chicken Leg	Baked Haddock	Lasagna Roll Ups	Pumpkin Lasagna	Seafood Newburg	Bratwurst & Kraut
<b>Starch</b>	Baked Potato	Garlic Mash	Lemon Chive Rice	Lemon Chive Rice	Mash Potato	Mashed Potatoes	Potato Pancakes
	Brown Rice	Parm Roasted Pot	Potato Salad	Spaghetti Primavera	Sweet Potato Casserole	Penne Pasta	Rice Pilaf
<b>Vegetables</b>	Green Beans	Peas	Veg Stir Fry	Harvard Beets	Butternut Squash	Cauliflower	Cabbage
	Yellow Squash	Corn	Asparagus	Broccoli	Grn BeanCasserole	Spinach	Brussels Sprouts
<b>Desserts</b>	Peach Cobbler	Choc Turtle Cake	Apple Crumble	Éclair	Pumpkin Pie	ChocCake	German Choc Brownie
	Butterscotch Blondi	Chocolate Pudding	Peaches & Cream	Cherry Pie	Carrot Cake	Cheesecake	Lime Chiffon Dessert

\*Gluten Free Entrée V Vegetarian

Home Delivery: Sunday 12:30-1:00, Mon-Sat 6:00-6:30 (207) 725-4407 Ext. 136  
24 Hr notice is suggested. Highland Green Residents: \$1 delivery fee per address