



TOWN VILLAGE VESTAVIA HILLS

A GRACE MGMT COMMUNITY

It's not like home. It *is* home.™

Your Team

Steve Ragsdale // Executive Director

Teresa Tabb // Business Office Director

Eric Morin // Dining Services Director

Tumonica Pierce // Housekeeping Director

Cynthia Garwick // Life Enrichment Director

Greg Nichols // Maintenance Director

Desiree Soriano // Sales Director

Cindy Poljacik // Sales Director

Resident Birthdays

Greg Bittner	9/1
Betty Rollins	9/1
Doris Davis	9/4
Max Duer	9/5
Sandra Buker	9/9
Anthony Sicola	9/9
Glennis Tidwell	9/10
Mark Vebber	9/12
Mary Reynolds	9/14
Donna Marcus	9/14
Usha Singh	9/15
Elsie Phifer	9/23
Douglas Murphy	9/24
Dave Couturier	9/24
Glenda Curtis	9/26
Jean Preston	9/27

Welcome to the Family!

Our story is yours. We grow older and wiser but are sure to never lose the spark that started it all. Grace Management Continues to evolve, and we're ever more dedicated to nurturing our company and our team to be healthy contributors to communities across the U.S. Delivering exceptional living experiences, we can focus on the big issues that concern the daily lives of our residents-from healthcare and finances to overall quality of life-while never losing sight of the details that matter most: the connections we make along the way.

Bobbie Roger	248E	Claire Fray	265E
Cullman Geary	140W	Elizabieth Rotch	127W
John Wetherbee	142E	Thomas Plunkett	224W
Christine Kirkland	309W		
Charles Woodlief	226W		
Gerald and Mary Crowe	229W		
Frank and Shirley Palme	162E		
Wally and Catherine Barker	111W		

Health & Fitness Programs



Chair Exercise
Mon/Wed/Fri @ 10am

Aqua Fitness
Tues/Thurs @ 10am

Senior Drumming
Tuesdays @ 10am

Line Dancing
Thursdays @ 2:30pm

Town Village Outings

Dollar Tree - 9/2 @ 10am

Walmart - 9/9 @ 10am

Walmart Marketplace - 9/12, 9/26 @ 10am

Bank & Post Office - 9/7, 9/21, 9/28, @ 9am

Rocky Ridge Pharmacy - 9/19 @ 9:30am

Publix - 9/2, 9/19 @ 10am

Vestavia Senior Luncheon - 9/12 @ 10:45am

Surprise Drive - 9/12 @ 3pm

Hilltoppers- 9/20 @ 9:30am

Lunch Bunch- 9/21 @ 11:00am

Hoover Library Movie - 9/19 @ 1:15pm

Cracker Barrel- 9/23 @ 10:45am

Hobby Lobby- 9/26 @ 1:00pm

Kohl's/Target- 9/30 @ 10am

Cahaba Museum- 9/31 @ 1:30pm



Happenings in the Nook in September

Back to School Jewelry Sale

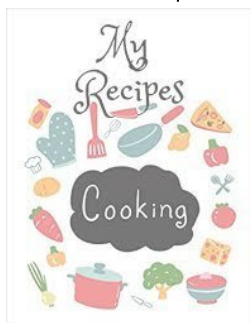
**20% off select pieces
beginning September 1st**



Joyful Moments w/Food

We're offering you the opportunity to enter a drawing for selecting favorite recipes from our 2020 Town Village Cookbook- to be prepared and served on September 14th

Please see cookbook on table in upper lobby
August 29th - September 6th



Learning Opportunities

See Calendar for Time and Location

Daily Delights

Joyful Moments w/Nature

Fitness Fun with Enhabit

Tech One to One

Sign Language 101

Wit & Wisdom from Mayberry

Fall Train Travels

Book Review

Town Hall

Chef's Chat

Mix & Mingle

Stories w/Al

Storytelling w/Janet



Senior Living Week

September 12-16

Joyful Moments with Music~ Singo : Enjoy a fun twist on bingo with music (FREE) **September 12 @ 2pm**

Joyful Moments w/ Nature "Clean Water" : Around 60 percent of your body is made of water and around 71 percent of the planets' surface is covered by water. Join us for a presentation on clean water **September 13 @ 1pm**

Joyful Moments w/ Food : Come enjoy a classic vintage coffee punch and old school coffee cake from our cookbook! **September 14 @ 9:30 am**

Joyful Moments of Art Happy Hour: Wear a color that brings you joy and enjoy our colorful Happy Hour! **September 15 @ 3pm**

Joyful Moments w/Memory Lane: You're invited to bring a picture or memento to represent your Milestone memory . Tell us about the story behind it (like baby blanket, vintage toy, keepsake. etc.) We will have a station for different phases or life such as child, teen, young, middle and late adulthood. Place picture or memento along our Milestone Memory Timeline located on main lobby between September 12 and **September 16 @ 10am**

Join us as we kick off our 2022 Football Season

Find a partner and sign up to participate in our 8th annual Right at Home sponsored Cornhole Tournament(Spectators Welcome). **September 8 @ 1pm** Followed by our Tailgate Happy Hour @ **3pm** Make sure to wear your favorite team colors all day!





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