



THE RESIDENCE
AT WHITEHALL
A GRACE MGMT COMMUNITY

SEPTEMBER 2022

Personal Care

4750 Clairton Blvd
Pittsburgh, Pennsylvania 15236
412-885-1500
www.residenceatwhitehall.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AR- Activity Room TV- TV Room K- Kitchen DR Main Dining room P-Pub	CO - Cognitive CR - Creative I - Intergenerational PY - Physical PR - Purposeful SE - Sensory SO - Social SP - Spiritual			1 PY 10:00 Rise & Shine Fitness PY 10:30 Adult Coloring CO 11:00 Puzzle Paks PY 2:00 Balloon Volley CO 7:00 Game Show Play Along- TV	2 PY 10:00 Sit and Be Fit PY 10:30 Basketball CO 11:00 Labor Day Trivia CR 1:30 Crafty Creations CR 3:00 Fall Gardening SO 4:00 Happy Hour Entertainment by Denny & Andy Duo SO 6:30 Friday Night At The Movies	3 SE 8:30 Manicures and Hand Massages (Room to Room) CO 10:00 Saturday Stroll Outdoors PR 1:00 One on One Afternoon Room Visits CO 2:00 Bingo 4th floor CO 6:00 Saturday Night Music & Reminisce-TV
4 SP 7:30 St Elizabeth's Church Outing SP 8:45 Watch Church-TV CR 10:30 Fall Decorating CR 12:45 Ice Cream Ride to the Country SO 6:00 Sunday Night At The Movies	5 Labor Day PY 10:00 Sit and Be Fit CR 10:30 Adult Coloring CO 11:00 Puzzle Paks CO 2:00 PoKeNo SO 3:00 Monday Matinee w/ Turner Classic Movies	6 PY 10:00 Sit and be Fit 10:30 Kickball CO 11:00 Hangman CO 1:30 Bingo SO 3:00 Happy Hour w/ Lynn CO 6:00 Game Show Mania-TV	7 PY 10:00 Rise & Shine Fitness PY 10:30 Balloon Volleyball CO 11:00 Finish Lines SO 1:00 Card Club CR 2:30 Cake Decorating Class CR 6:00 Movie night	8 I 10:00 Exercising w/ Zelda I 10:30 Coloring w/ Zelda I 11:00 Balloon Volley w/ Zelda CO 2:00 Puzzle Paks CO 7:00 Game Show Play Along- TV	9 PY 10:00 Sit and Be Fit PY 10:30 Horseshoes CO 11:00 Group Crossword Puzzle CR 1:30 Crafty Creations SO 2:30 These Hands SO 4:00 Happy Hour Entertainment by Greg Krupa SO 6:30 Friday Night At The Movies	10 SE 8:30 Manicures and Hand Massages (Room to Room) CO 10:00 Saturday Stroll Outdoors PR 1:00 One on One Afternoon Room Visits CO 2:00 Bingo 4th floor CO 6:00 Saturday Night Music & Reminisce-TV
11 Grandparent's Day SP 7:30 St Elizabeth's Church Outing SP 8:45 Watch Church-TV CR 11:30 Grandparents Day Luncheon 12:30 Grandparents Day Social featuring Jack Nicora 1st floor dining room SO 6:00 Sunday Night At The Movies	12 PY 10:00 Sit and Be Fit CR 10:30 Adult Coloring CO 11:00 Puzzle Paks CO 2:00 Scrabble SO 3:00 Monday Matinee w/ Turner Classic Movies	13 PY 10:00 Sit and be Fit 10:30 Kickball CO 11:00 Word in a Word SP 12:45 Pray the Rosary SP 1:15 Catholic Communion 4th floor CR 2:30 Cooking A Classic Recipe CO 6:00 Game Show Mania-TV	14 PY 10:00 Rise & Shine Fitness PY 10:30 Conversation Ball CO 11:00 You Be The Judge SO 1:30 Card Club SO 3:30 Joyful Music w/ Mikey Dee SO 6:00 Movie night	15 PY 10:00 Rise & Shine Fitness PY 10:30 Adult Coloring CO 11:00 Puzzle Paks PY 2:00 Balloon Volley CO 7:00 Game Show Play Along- TV	16 PY 10:00 Sit and Be Fit PY 10:30 Balloon Volley CR 1:30 Reminiscing Thru Art CO 3:00 Bingo w/ Lynn SO 4:00 Happy Hour Entertainment by Renewed Memories SO 6:30 Friday Night At The Movies	17 Citizenship Day SE 8:30 Manicures and Hand Massages (Room to Room) SO 10:30 A Day Out in Nature Over the Summit w/ Lunch at Roy's Diner CO 6:00 Saturday Night Music & Reminisce-TV
18 SP 7:30 St Elizabeth's Church Outing SP 8:45 Watch Church-TV SP 10:30 Group Crossword Puzzle SO 2:00 Porch Talk w/ Refreshments SO 6:00 Sunday Night At The Movies	19 PY 10:00 Sit and Be Fit CR 10:30 Adult Coloring CO 11:00 Puzzle Paks CO 2:00 PoKeNo SO 3:00 Monday Matinee w/ Turner Classic Movies	20 PY 10:00 Sit and be Fit 10:30 Kickball CO 11:00 Cranium Crunches CO 1:30 Bingo SO 3:00 Happy Hour w/ Entertainment feat Don CO 6:00 Game Show Mania-TV	21 PY 10:00 Rise & Shine Fitness PY 10:30 Balloon Volleyball CO 11:00 Finish Lines SO 1:00 Card Club CR 2:30 Cake Decorating Class CR 6:00 Movie night	22 Fall Begins PY 10:00 Rise & Shine Fitness PY 10:30 Adult Coloring CO 11:00 Puzzle Paks PY 2:00 Balloon Volley CO 7:00 Game Show Play Along- TV	23 Native American Day PY 10:00 Sit and Be Fit PY 10:30 Putting Golf CO 11:00 Autumn Trivia CR 2:00 Crafty Creations SO 4:00 Happy Hour Entertainment by Gene Testa SO 6:30 Friday Night At The Movies	24 SE 8:30 Manicures and Hand Massages (Room to Room) CO 10:00 Saturday Stroll Outdoors PR 1:00 One on One Afternoon Room Visits CO 2:00 Bingo 4th floor CO 6:00 Saturday Night Music & Reminisce-TV
25 Rosh Hashanah Begins SP 7:30 St Elizabeth's Church Outing SP 8:45 Watch Church-TV SP 10:30 Group Crossword Puzzle CR 12:45 Ice Cream Ride to the Country SO 6:00 Sunday Night At The Movies	26 PY 10:00 Sit and Be Fit CR 10:30 Adult Coloring CO 11:00 Puzzle Paks CO 2:00 Scrabble SO 3:00 Monday Matinee w/ Turner Classic Movies	27 PY 10:00 Sit and be Fit 10:30 Kickball CO 11:00 School Daze Spelling SP 12:45 Pray the Rosary SP 1:15 Catholic Communion 4th floor CO 3:00 Bingo w/ Brittany (Gallagher Home Care) CO 6:00 Game Show Mania-TV	28 PY 10:00 Rise & Shine Fitness PR 11:00 Resident Council Meeting SO 1:00 Card Club CR 2:30 Cake Decorating Class CR 6:00 Movie night	29 PY 10:00 Rise & Shine Fitness PY 10:30 Adult Coloring CO 11:00 Puzzle Paks CR 2:00 Creating Jewelry SO 4:00 Oktoberfest featuring Mikey Dee CO 7:00 Game Show Play Along- TV	30 PY 10:00 Sit and Be Fit PY 10:30 Horseshoes CO 11:00 Brain Busters CR 2:00 Crafty Creations SO 4:00 Happy Hour Entertainment by Sunshine Boys SO 6:30 Friday Night At The Movies	September Birthdays

Events are Subject to Change.