



THE RESIDENCE  
AT BETHEL PARK  
A GRACE MGMT COMMUNITY

# SEPTEMBER 2022

5851 Keystone Dr  
Bethel Park, Pennsylvania 15102  
412-835-9500  
[www.residenceatbethelpark.com](http://www.residenceatbethelpark.com)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>CO</b> - Cognitive <b>CR</b> - Creative <b>I</b> - Intergenerational <b>PY</b> - Physical <b>PR</b> - Purposeful <b>SE</b> - Sensory <b>SO</b> - Social <b>SP</b> - Spiritual</p>	<p>Make Time for Massage! Clayton Durham, licensed massage therapist is offering 30-90 minute massages on Wednesdays by appointment. Please sign up in the Activity Room. Prices start at \$45.00. See Judy for more information.</p>	<p>APTS.-Apartments AR-Activity Room on 2 B-Bistro on 1 CH-Chapel on 4 DR- Dining Room on 1 LB-Lobby on 2 PB-Pub on 1</p>	<p>In the Activity Room you may: *Sign up for outings *Pick up birthday lists *Complete an ambulance subscription *Exercise *Bake your favorite recipe *Host a party</p>	<p><b>1</b> <b>PY</b> 10:00 Silver Sneakers-AR <b>PR</b> 11:00 Ambassador Meeting-AR <b>CO</b> 2:15 Cash Bingo-AR <b>CO</b> 3:30 Prize Ticket Pokeeno-AR <b>CO</b> 7:00 Dominoes on 4 <b>CO</b> 7:00 Scrabble/Qwirkle-AR</p>	<p><b>2</b> <b>SP</b> 10:00 Resident Led Bible Study-4 <b>SO</b> 11:30 Lunch Outing to Al's Cafe <b>CO</b> 3:00 Kings in Corner-3 <b>SP</b> 3:15 Rosary on 4 <b>SO</b> 4:00 Social Hour-Pub <b>SO</b> 7:30 Movie on 4</p>	<p><b>3</b> <b>PY</b> 10:00 Silver Sneakers-AR <b>CO</b> 2:00 Canasta on 3 <b>CO</b> 2:30 Cash Bingo-AR <b>CO</b> 6:30 Canasta-3 <b>CO</b> 7:00 Poker on 4</p>
<p><b>4</b> <b>SP</b> 9:45 Sign Up for Church Transportation-AR <b>CO</b> 10:00 Pick up a Puzzle Packet-AR <b>CO</b> 2:00 Pinochle on 3 <b>SO</b> 2:30 Netflix Movie on 4 <b>I</b> 2:30 Tech Teens-Front Desk <b>SO</b> 3:00 Kings in the Corner-3</p>	<p><b>5</b> <b>Labor Day</b> <b>CO</b> 2:00 Canasta on 3 <b>SP</b> 2:30 Rosary on 4 <b>CO</b> 7:00 Dominoes on 4</p>	<p><b>6</b> <b>PR</b> 10:00 Giant Eagle &amp; Walmart <b>PY</b> 10:00 Silver Sneakers-AR <b>PY</b> 11:00 Wii Bowling-4 <b>PR</b> 2:30 Brittany from Gallagher Discusses Glaucoma &amp; Cataracts-3 <b>CO</b> 4:00 Prize Ticket Bingo-AR</p>	<p><b>7</b> <b>PY</b> 9:00 Massage by Appt.-4 <b>PY</b> 10:00 Silver Sneakers-AR <b>PR</b> 11:00 Life Enrichment Meeting-AR <b>PR</b> 2:00 Dr. Hess Visits-Apts. <b>CR</b> 2:00 More Crafts-AR <b>CO</b> 3:00 Kings in Corner-3 <b>CO</b> 4:00 LCR Dice Game-AR <b>CO</b> 7:00 Canasta on 3 <b>SO</b> 7:30 Netflix Movie on 4</p>	<p><b>8</b> <b>PY</b> 10:00 Silver Sneakers-AR <b>SP</b> 2:30 Bible Study with Roger-3 <b>SO</b> 3:30 Meet &amp; Greet-3 <b>CO</b> 7:00 Dominoes on 4 <b>CO</b> 7:00 Scrabble/Qwirkle-AR</p>	<p><b>9</b> <b>PY</b> 9:00 <b>Eye Care Clinic with Dr. Wolfe, by Appointment-AR</b> <b>SP</b> 10:00 Resident Led Bible Study-4 <b>CO</b> 3:00 Kings in Corner-3 <b>SP</b> 3:15 Rosary on 4 <b>SO</b> 4:00 Social Hour-Pub <b>SO</b> 7:30 Movie on 4</p>	<p><b>10</b> <b>PY</b> 10:00 Silver Sneakers-AR <b>PY</b> 11:00 Wii Bowling-4 <b>CO</b> 2:00 Canasta on 3 <b>CO</b> 2:30 Cash Bingo-AR <b>CO</b> 3:30 Phase 10 Card Game-AR <b>CO</b> 6:30 Canasta-3 <b>CO</b> 7:00 Poker on 4</p>
<p><b>11</b> <b>Grandparent's Day</b> <b>SP</b> 9:45 Sign Up for Church Transportation-AR <b>CO</b> 10:00 Pick up a Puzzle Packet-AR <b>SE</b> 12:15 <b>Strolling Violinist-DR</b> <b>SO</b> 12:30 Steeler Football Party on 4 <b>CO</b> 2:00 Pinochle on 3 <b>I</b> 2:30 Tech Teens-Front Desk <b>SO</b> 3:00 Kings-Corner-3</p>	<p><b>12</b> <b>CR</b> 10:15 <b>Travelogue with Phil on 4-Russia and the Baltic States</b> <b>PR</b> 10:30 Gallagher Checks Your Blood Pressure-AR <b>CO</b> 2:00 Canasta on 3 <b>PR</b> 2:00 Shop at Dollar Tree <b>SP</b> 2:30 Mass w/ Fr. Hissrich-4 <b>CO</b> 7:00 Dominoes on 4</p>	<p><b>13</b> <b>PY</b> 10:00 Silver Sneakers-AR <b>SO</b> 10:30 Meadows Casino Outing <b>PY</b> 11:00 Wii Bowling-4 <b>PY</b> 2:30 Balance Awareness Week-Keep Steady with Ryan from FOX-3 <b>CO</b> 4:00 Cash Bingo-AR</p>	<p><b>14</b> <b>PY</b> 9:00 Massage by Appt.-4 <b>PR</b> 10:00 Giant Eagle or Walmart <b>PY</b> 10:00 Silver Sneakers-AR <b>CR</b> 11:00 Crafts Cont.-AR <b>CO</b> 2:00 Cash Bingo-AR <b>CO</b> 3:00 Kings in Corner-3 <b>CO</b> 7:00 Canasta on 3 <b>SO</b> 7:30 Netflix Movie on 4</p>	<p><b>15</b> <b>PY</b> 10:00 Silver Sneakers-AR <b>SO</b> 12:30 Root Beer Floats-DR <b>PR</b> 2:00 Kohl's Trip <b>PR</b> 2:00 Resident Meeting in the Dining Room <b>CO</b> 3:15 Phase 10 Card Game-AR <b>CO</b> 7:00 Dominoes on 4 <b>CO</b> 7:00 Scrabble/Qwirkle-AR</p>	<p><b>16</b> <b>SP</b> 10:00 Resident Led Bible Study-4 <b>PY</b> 11:00 Wii Bowling-4 <b>CO</b> 2:00 Cash Bingo-AR <b>CO</b> 3:00 Kings in Corner-3 <b>SP</b> 3:15 Rosary on 4 <b>SO</b> 4:00 Social Hour-Pub <b>SO</b> 7:30 Movie on 4</p>	<p><b>17</b> <b>Citizenship Day</b> <b>PY</b> 10:00 Silver Sneakers-AR <b>SO</b> 11:30 <b>Day Trip to Amish Country in Colombiana, Ohio</b> <b>CO</b> 2:00 Canasta on 3 <b>CO</b> 6:30 Canasta-3 <b>CO</b> 7:00 Poker on 4</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>18</p> <p>SP 9:45 Sign Up for Church Transportation-AR</p> <p>CO 10:00 Pick up a Puzzle Packet-AR</p> <p>SO 12:30 Steeler Football Party-4</p> <p>CO 2:00 Pinochle on 3</p> <p>I 2:30 Tech Teens-Front Desk</p> <p>SO 3:00 Kings in the Corner-3</p>	<p>19</p> <p>CR 10:15 Travelogue with Phil on 4- Discover Jordan</p> <p>PR 11:00 Drop Off for Al's Shoe Repair-AR</p> <p>CO 2:00 Canasta on 3</p> <p>SP 2:30 Rosary on 4</p> <p>CO 7:00 Dominoes on 4</p>	<p>20</p> <p>PR 10:00 Ready-Set-Go! Thrift Store Shopping with Mike</p> <p>PY 10:00 Silver Sneakers-AR</p> <p>PR 11:00 Table Talk with Jerry-Bistro</p> <p>PR 2:30 Visit the Bethel Park Library for Books and Movies</p>	<p>21</p> <p>PY 9:00 Massage by Appt.-4</p> <p>PY 10:00 Silver Sneakers-AR</p> <p>PY 11:00 Wii Bowling-4</p> <p>CO 2:15 Prize Jeopardy-AR</p> <p>CO 3:00 Kings in Corner-3</p> <p>CO 4:00 Cash Bingo-AR</p> <p>CO 7:00 Canasta on 3</p> <p>SO 7:30 Netflix Movie on 4</p>	<p>22 Fall Begins</p> <p>PY 10:00 Silver Sneakers-AR</p> <p>CR 11:00 Picture This Art Class-AR</p> <p>PR 2:00 Giant Eagle or Walmart</p> <p>SP 2:30 Bible Study with Roger-3</p> <p>CO 7:00 Dominoes on 4</p> <p>CO 7:00 Scrabble/Qwirkle-AR</p>	<p>23 Native American Day</p> <p>SP 10:00 Resident Led Bible Study-4</p> <p>PR 11:00 Redeem Prize Tickets-AR</p> <p>CO 2:00 Cash Bingo-AR</p> <p>CO 3:00 Kings in Corner-3</p> <p>SP 3:15 Rosary on 4</p> <p>SO 4:00 Social Hour-Pub</p> <p>SO 7:30 Movie on 4</p>	<p>24</p> <p>PY 10:00 Silver Sneakers-AR</p> <p>SO 12:00 Wii Bowlers Catered Banquet-AR</p> <p>CO 2:00 Canasta on 3</p> <p>CO 3:00 Cash Bingo-AR</p> <p>CO 6:30 Canasta-3</p> <p>CO 7:00 Poker on 4</p>
<p>25 Rosh Hashanah Begins</p> <p>SP 9:45 Sign Up for Church Transportation-AR</p> <p>CO 10:00 Pick up a Puzzle Packet-AR</p> <p>CO 2:00 Pinochle on 3</p> <p>I 2:30 Tech Teens-Front Desk</p> <p>SO 3:00 Kings in the Corner-3</p>	<p>26</p> <p>SE 10:00 Day Trip to Living Treasures Animal Park in Jones Mill, Pa. Free Admission!</p> <p>PR 10:30 Gallagher Checks Blood Pressure-AR</p> <p>CO 2:00 Canasta on 3</p> <p>SO 2:30 Movie Matinee-4</p> <p>CO 7:00 Dominoes on 4</p>	<p>27</p> <p>PR 9:00 Flu Shots on 3</p> <p>PY 10:00 Silver Sneakers-AR</p> <p>11:00 Prize Ticket Pokeeno-AR</p> <p>CR 2:15 What's National Chicken Month!?-AR</p> <p>CO 3:30 Cash Bingo-AR</p>	<p>28</p> <p>PY 10:00 Silver Sneakers-AR</p> <p>PY 2:00 Massage by Appointment-Exercise Room-4</p> <p>CO 2:15 Cash Bingo-AR</p> <p>CO 3:00 Kings in Corner-3</p> <p>SO 4:00 LCR Dice Game Played with Dimes-AR</p> <p>CO 7:00 Canasta on 3</p> <p>SO 7:30 Netflix Movie on 4</p>	<p>29</p> <p>PR 10:00 Giant Eagle or Walmart</p> <p>PY 10:00 Silver Sneakers-AR</p> <p>CO 2:00 Prize Ticket Bingo-AR</p> <p>CR 5:00 Italian Night with Music by Bill Jander until 7:00 p.m.-DR</p> <p>CO 7:00 Dominoes on 4</p> <p>CO 7:00 Scrabble/Qwirkle-AR</p>	<p>30</p> <p>SP 10:00 Resident Led Bible Study-4</p> <p>PY 11:00 Wii Bowling-4</p> <p>CO 2:00 Cash Bingo-AR</p> <p>CO 3:00 Kings in Corner-3</p> <p>SP 3:15 Rosary on 4</p> <p>SO 4:00 Social Hour-Pub</p> <p>SO 7:30 Movie on 4</p>	

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