



THE LANDON AT LAKE HIGHLANDS

A GRACE MGMT COMMUNITY

It's not like home. It *is* home.™

September 2022

Your Team

Nancy Harvath // Executive Director
Chris Cope // Business Office Manager
Richard Garcia // Front Desk Concierge
Chiquita Thomas // Driver
Cornell Page // Driver
Will Durham // Maintenance Director
Jeff Hampton // Maintenance Assistant
Aaron Newbill // Maintenance Assistant
Cami Barclay // Sr. Life Enrichment Director
Sara Bartolone // Wellness Director
John Rader // Culinary Director
James Harris // Sous Chef
Wayne McClellan // Sales Director
Mark Sheets // Sales Counselor
Tameka Thompson // Move In Coordinator
Maria Medel // 1st floor Housekeeper
Rocio Llamas // 2nd Floor Housekeeper
Natavia Hayden // 3rd floor Housekeeper
Maria Rodriguez // 4th Floor Housekeeper
Tammy Mims // Common Area Housekeeper



Come in for a tour, stay for lunch, have a drink, and meet some of the nicest people you could ever meet.

The Landon at Lake Highlands

8501 Lullwater Dr.

Dallas, TX 75238

214-343-6400

leasing@

landonatlakehighlands.com

It's not like home, It is HOME

Welcome to the Family

Our story is yours. We grow older and wiser but are sure to never lose the spark that started it all. Grace Management Continues to evolve, and we're ever more dedicated to nurturing our company and our team to be healthy contributors to communities across the U.S. Delivering exceptional living experiences, we can focus on the big issues that concern the daily lives of our residents—from healthcare and finances to overall quality of life—while never losing sight of the details that matter most: the connections we make along the way.

Graceful Giving September

Join us in the L-streets walk on Saturday, September 10th at 9:00 PM - 10:00 PM . Meet in the lobby and we can walk together. *Donate and attend our Lemonade Lounge with Marty at 11:00 AM in the Champagne Lounge.

Can't walk with us? No problem we have several ways to donate to stop childhood cancer!

Go to <https://www.alexislemonade.org/mypage/2932744>

or grab some lemonade and drop cash in the bucket,
every little bit helps!



***NEW* Learn to Play Rummikub with Ann Short**

Have you always wanted to learn how to play Rummikub? Well, now is a great opportunity to learn the game and get to know your neighbors.

**Tuesday's at 2:00 PM
Champagne Lounge**

Except 9/29

Afternoon Game will be on Saturday,
September 24th at 2:00 PM in the Lounge



Dr. Mel White Lecture

"Religion, Myths, and Magic"

Magical traditions exist everywhere, from little family good luck superstitions, to widespread practices such as Pennsylvania Dutch Powwows and Voodoo. This lecture reviews some of the most ancient practices as well as some interesting modern practices, such as churches that practice snake handling.

**Tuesday, September 6th
2:00 PM - Champagne Lounge**

We'll miss you, Barbara Glass!



Current Events & Last Book Club with Barbara Glass

Barbara Glass will be moving to be with her family up north to New Jersey, so September will be our last month to have her! This is a bitter sweet moment for everyone here at The Landon and she will truly be missed! Please mark your calendars for her last Current Events and Book Club events.

Current Events: Tuesday, September 13th at 1:30 PM - Lounge
Book Club: Friday, September 16th at 1:30 PM - Multipurpose Room

National Senior Living Week

"Joyful Moments" is our theme this year

Sunday, September 11th - Grandparents Day!

This is a GREAT day to invite friends/family to come and see you for brunch and enjoy Ruby Weston from 12:00 PM to 1:30 PM in the Restaurant.



Monday, September 12th - "Joyful Moments with Food"

Scoops & Smiles Ice Cream Social

Tuesday, September 13th - "Joyful Memories"

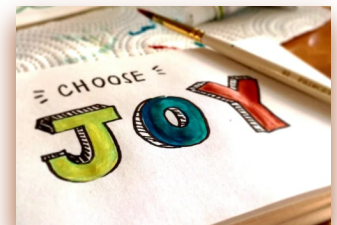
Display your Milestone Memories - Example: blanket, picture that captured a special moment, baby shoes, wedding item, etc... Get with Cami **before** Tuesday and we can add a description to the item so everyone can see them and read about what makes this item so special to you!



Wednesday, September 14th - "Joyful Moments Through Art"

Attend the NEW acrylics class with Jay starting on Wednesday, September 14th at 10:30 AM - 11:30 AM

in the Champagne Lounge



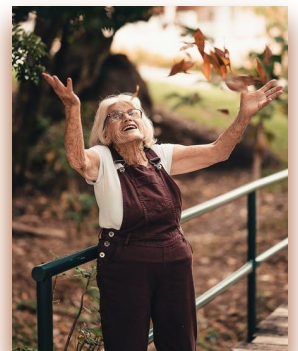
Thursday, September 15th - "Joyful Moments in Nature"

Enjoy the cooler crisp air outside in the Garden with a relaxing Tai Chi class with Jesse at 10:30 AM - Find your zen and joy!

Friday, September 16th - "Joyful Moments Through Music"

It's time to DANCE! Our associates will be pairing up with some residents to entertain you in the restaurant at 4:15 PM, so come for dinner or just come for the show.

Costumes highly recommended!



Saturday, September 17th - "Joyful Moments with YOU!"

Just a special thank you for being our residents, we love our jobs because of YOU! Please check your cubbies for a sweet treat.

Bon Appetit!

RSVP Today

Friday, September 9th - Penne Pomodoro \$11 - \$18

Lobby at 11:00 AM

Monday, September 12th - Rodeo Goat \$9 - \$11

Lobby at 11:00 AM

Monday, September 19th - League of Men: Twin Peaks \$9 - \$12

Lobby at 11:30 PM





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Grief Share Group with Andy Roberts

Do you need support? Do you need to talk about a loss in your life?
Join Andy Roberts in the Grief Share Group for only Landon residents.
\$10 (cash) for the Grief Share book - You can pay directly to Andy

Thursday's at 2:30 PM

Multipurpose Room

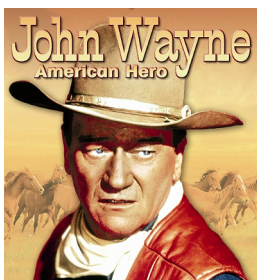
Scarecrow Competition

It's a friendly competition between all the other Grace Management communities, so help us create a FUN scarecrow to enter in the competition!

Theme: Frankenstein and the Bride of Frankenstein

9/7 at 10:30 AM, 9/23 at 10:30 AM, 9/26 at 2:30 PM, and 9/27 at 1:30 PM

Champagne Lounge



Out & About

Ft. Worth Stockyards John Wayne Historical Exhibit
(we will have lunch before coming home)

Tuesday, September 20th - Tickets \$20

Immersive King Tut "Boy, King, Hero"

Wednesday, September 28th - Tickets range from \$50 - \$60

Must RSVP * Tickets Non-Refundable



Feelin' Lucky? Choctaw Casino Day!

RSVP for a seat on the bus

Join us in our quarterly day trip to Oklahoma!

Friday, September 30th - promptly at 8:30 AM in the lobby

Return estimated at 4:30/5:00 PM

*Must fill out a outing form and sign you understand the rules of the trip and also agree to be ready at the designated time when we need to depart.

CHOCTAW
CASINOS & RESORTS