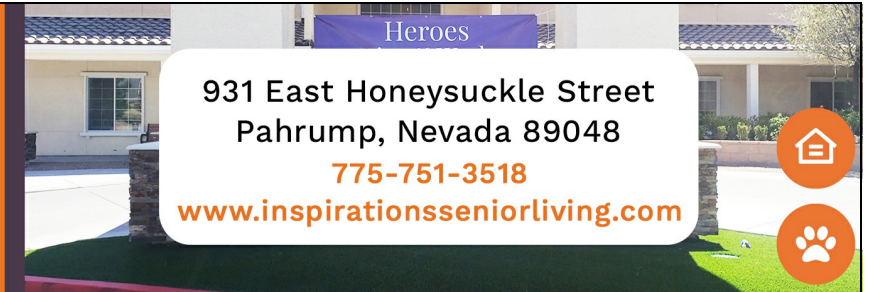




INSPIRATIONS
SENIOR LIVING
A GRACE MGMT COMMUNITY

SEPTEMBER 2022

Inspirations Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>CO - Cognitive CR - Creative E - Emotional I - Intergenerational PY - Physical PR - Purposeful SE - Sensory SO - Social SP - Spiritual</p>	<p>Birthdays 9/5 - Ashlynn E. 9/10 - Helen S. 9/11 - Glenda M. 9/15 - Annette M. 9/19 - David B. 9/22 - Zack P. 9/29 - Thomas D. 9/29 - Danielle Tuck / The BIG 4-0</p>	<p>Don't forget to sign up at the front desk for any outings you may be interested in. Thank you.</p> <hr/> <p>"Happiness cannot be travelled to, owned, earned, worn or consumed. Happiness is the spiritual experience of living every minute with love, grace, and gratitude." - Denis Waitley</p>	<p>AR-Activity Room LR-Living Room FR-Fitness Room WC-Wellness Center PD-Private Dining Room FL-Front Lobby</p>	<p>1 National World Writing Day 9:00 Exercise with Ed - AR 10:00 Meet N' Greet w/ Luke - Life Enrichment Director - AR 10:00 Wii Bowling! - LR 1:30 Letters To.... - AR 3:00 Happy Hour w/ Don - AR</p>	<p>2 9:00 Exercise with Ed - AR 10:00 Weekly Shopping Trip (Location Varies) 10:00 Wii Bowling! - LR 1:00 Seemoore's Ice Cream 2:00 Piano Melodies w/Dana -LR 3:00 Bingo W/Bernadette - AR 6:00 Blackjack - AR</p>	<p>3 9:00 Exercise with Ed - AR 10:00 Bingo w/Pattie Ann - AR 10:00 Wii Bowling! - LR 1:00 Trivia w/Lisa - FL 1:00 Graceful Poetry Roundtable - AR 3:00 Bingo with Bernadette - AR</p>
<p>4 10:00 Get To Know Your Neighbor - AR 10:00 Wii Bowling! - LR 1:30 Ice Cream Social Treat Cart with Holly - FL 2:30 In-House Church Service - AR 6:00 Blackjack - AR</p>	<p>5 Labor Day 9:00 Exercise with Ed - AR 10:00 Wii Bowling! - LR 6:00 Bingo with Ed - AR</p>	<p>6 9:00 Exercise with Ed - AR 9:30 Resident Town Hall 10:00 Wii Bowling! - LR 10:30 Garden Adventures - Start in LR 2:00 Chair Volleyball - Lobby 3:00 Let's Learn About.... - AR 6:00 Blackjack - AR</p>	<p>7 9:00 Exercise with Ed - AR 10:00 Inspirations New Associate Orientation / Activity Room will be in use all day! 10:00 Wii Bowling! - LR 1:15 Let's Win Big Gambling Trip - Roadhouse Casino 3:00 Chef's Corner: LR</p>	<p>8 9:00 Exercise with Ed - AR 10:00 Wii Bowling! - LR 10:00 Resident Activity Meeting - AR 11:00 Thinking About Yourself: Journaling and Understanding Yourself - AR 2:00 Board Games - AR 3:00 Happy Hour w/Janet - AR</p>	<p>9 9:00 Exercise with Ed - AR 10:00 Weekly Shopping Trip (Location Varies) 10:00 Wii Bowling! - LR 1:00 Seemoore's Ice Cream 2:00 Piano Melodies w/Dana -LR 3:00 Bingo W/Bernadette - AR 6:00 Blackjack - AR</p>	<p>10 9:00 Exercise with Ed - AR 10:00 Bingo w/Pattie Ann - AR 10:00 Bingo w/Pattie Ann - AR 10:00 Wii Bowling! - LR 1:00 Trivia w/Lisa - FL 3:00 Bingo with Bernadette - AR</p>
<p>11 Grandparent's Day 10:00 Get To Know Your Neighbor - AR 10:00 Wii Bowling! - LR 1:30 Ice Cream Social Treat Cart with Holly - FL 2:30 In-House Church Service - AR 6:00 Blackjack - AR</p>	<p>12 9:00 Exercise with Ed - AR 10:00 Let's Talk: Local News, Events, and Stories - AR 10:00 Wii Bowling! - LR 11:00 Meditative Monday - Outdoor Relaxation 3:00 Pac-Man Tournament - AR 6:00 Bingo with Ed - AR</p>	<p>13 9:00 Exercise with Ed - AR 10:00 Wii Bowling! - LR 10:30 Garden Adventures - Start in LR 2:00 Chair Volleyball - Lobby 3:00 Let's Learn About... Uncle Sam! - AR 6:00 Blackjack - AR</p>	<p>14 9:00 Exercise with Ed - AR 10:00 Pahrump Museum Tour 10:00 Wii Bowling! - LR 1:00 Bingo with Jean - AR 1:30 Classic Radio: War of the Worlds - Library Area 3:00 Simple Snacks: Resident Recipes! - AR</p>	<p>15 9:00 Exercise with Ed - AR 10:00 Thinking About Yourself: Journaling and Understanding Yourself - AR 10:00 Wii Bowling! - LR 1:00 Fall Festival Decorations -AR 2:00 Board Games - AR 3:00 Happy Hour/The Perfect Set - AR</p>	<p>16 9:00 Exercise with Ed - AR 10:00 Weekly Shopping Trip (Location Varies) 10:00 Wii Bowling! - LR 1:00 Seemoore's Ice Cream 2:00 Piano Melodies w/Dana -LR 3:00 Bingo W/Bernadette - AR 6:00 Blackjack - AR</p>	<p>17 Citizenship Day 9:00 Exercise with Ed - AR 10:00 Bingo w/Pattie Ann - AR 10:00 Wii Bowling! - LR 1:00 Trivia w/Lisa - FL 3:00 Bingo with Bernadette - AR</p>
<p>18 10:00 Get To Know Your Neighbor - AR 10:00 Wii Bowling! - LR 1:30 Ice Cream Social Treat Cart with Holly - FL 2:30 In-House Church Service - AR 6:00 Blackjack - AR</p>	<p>19 9:00 Exercise with Ed - AR 10:00 Let's Talk: Local News, Events, and Stories - AR 10:00 Wii Bowling! - LR 11:00 Meditative Monday: Music 1:30 Resident Monthly Birthday Bash - AR 3:00 The Creative Curator -AR 6:00 Bingo with Ed - AR</p>	<p>20 9:00 Exercise with Ed - AR 10:00 Let's Start a Time Capsule! 10:00 Wii Bowling! - LR 10:30 Garden Adventures - Start in LR 2:00 Chair Volleyball - Lobby 3:00 Let's Learn About... 6:00 Blackjack - AR</p>	<p>21 9:00 Exercise with Ed - AR 10:00 Arts & Crafts: Fall Festival Decorations 10:00 Wii Bowling! - LR 1:00 Bingo with Bernadette - AR 1:30 Classic Radio: Brave New World 5:00 Hoe Down With Chase</p>	<p>22 Fall Begins 9:00 Fall Is Here (and Mulled Cider!) - Private Dining Room 9:00 Exercise with Ed - AR 10:00 Thinking About Yourself: Journaling and Understanding Yourself - AR 10:00 Wii Bowling! - LR 2:00 Board Games - AR 3:00 Happy Hour w/Janet - AR</p>	<p>23 Native American Day 9:00 Exercise with Ed - AR 10:00 Weekly Shopping Trip (Location Varies) 10:00 Wii Bowling! - LR 1:00 Seemoore's Ice Cream 2:00 Piano Melodies w/Dana -LR 3:00 Bingo W/Bernadette - AR 6:00 Blackjack - AR</p>	<p>24 9:00 Exercise with Ed - AR 10:00 Bingo w/Pattie Ann - AR 10:00 Wii Bowling! - LR 1:00 Trivia w/Lisa - FL 3:00 Bingo with Bernadette - AR</p>
<p>25 Rosh Hashanah Begins 10:00 Get To Know Your Neighbor - AR 10:00 Wii Bowling! - LR 1:30 Ice Cream Social Treat Cart with Holly - FL 2:30 In-House Church Service - AR 6:00 Blackjack - AR</p>	<p>26 9:00 Exercise with Ed - AR 10:00 Let's Talk: Local News, Events, and Stories - AR 10:00 Wii Bowling! - LR 11:00 Meditative Monday: Folklore! 3:00 Weird Trivia - AR 6:00 Bingo with Ed - AR</p>	<p>27 9:00 Exercise with Ed - AR 10:00 Wii Bowling! - LR 10:30 Garden Adventures - Start in LR 2:00 Chair Volleyball - Lobby 3:00 Let's Learn About... 6:00 Blackjack - AR</p>	<p>28 9:00 Bingo and Lunch at the Nugget 9:00 Exercise with Ed - AR 10:00 Wii Bowling! - LR 2:00 Crafts: Autumn Art! 3:00 Let's Start a Time Capsule! - AR</p>	<p>29 9:00 Exercise with Ed - AR 10:00 Coffee Tasting - Private Dining Room 10:00 Wii Bowling! - LR 11:00 Thinking About Yourself: Journaling and Understanding Yourself - Private Dining Room 2:00 Board Games - AR 3:00 Happy Hour?</p>	<p>30 9:00 Exercise with Ed - AR 10:00 Weekly Shopping Trip (Location Varies) 10:00 Wii Bowling! - LR 1:00 Seemoore's Ice Cream 2:00 Piano Melodies w/Dana -LR 3:00 Bingo W/Bernadette - AR 6:00 Blackjack - AR</p>	

Events are Subject to Change.