

SEPTEMBER 2022

Inspirations of River Centre

5665 East River Road
Tucson, Arizona 85750
(520) 529-7100
www.inspirationsofrivercentre.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Games and puzzles are located in the activity room	Check your community monitors for daily schedules and any possible changes. Bus outings and resident shopping trips are on a first come, first served basis. Please see Melody to sign up for bus outings and resident shopping trips!			1 CO 8:30 Easy Listening-DR PY 10:00 Chair Exercise - AR CR 10:30 Arts and Crafts - AR SO 1:30 Bingo - AR E 2:30 Nail Spa - AR CO 3:30 Table Games - AR	2 CO 8:30 Easy Listening-DR PY 10:00 Chair Exercise - AR SE 10:30 Cooking with Melody - AR SO 2:00 Happy Hour-AR SE 3:00 Afternoon Matinee - TR	3 PR 8:00 Resident Lead Activity Day CO 8:30 Easy Listening-DR SE 10:00 Puzzle Corner - TR E 1:30 Memory Lane Music - TR CO 3:30 Table Games - AR
4 PR 8:00 Resident Lead Activity Day SP 9:00 Sunday Morning Worship w/ Friendship Missionary Baptist Church-FL CO 10:30 Word-A-Thon-AR SE 1:00 Scrabble-AR CO 2:00 Mexican Domino's-AR	5 Labor Day PR 8:00 Resident Lead Activity Day SO 8:30 Easy Listening - DR E 10:00 Dominoes -AR PR 10:30 Puzzle Corner - TR I 1:30 Scrabble - AR CO 3:00 Rummikub - AR CO 3:30 Slap Jack- AR	6 CO 8:30 Easy Listening-DR PY 10:00 Chair Exercise-AR PR 10:30 History Club-TR SE 1:30 Bingo-AR SE 2:30 Popcorn Time - Cafe CO 3:30 Dominoes - Cafe	7 CO 8:30 Easy Listening-DR PY 10:00 Chair Exercise-AR PR 10:30 Bible Study with Melody - TR I 1:30 Documentary Club - TR CO 3:30 Gospel Piano - Lobby CO 4:00 Jenga - AR	8 CO 8:30 Easy Listening-DR PY 10:00 Chair Exercise - AR CR 10:30 Arts and Crafts - AR SO 1:30 Bingo - AR E 2:30 Nail Spa - AR CO 3:30 Remember When - AR	9 CO 8:30 Easy Listening-DR PY 10:00 Chair Exercise - AR SE 10:30 Cooking with Melody - AR SO 2:00 Happy Hour-AR SE 3:00 Afternoon Matinee - TR	10 PR 8:00 Resident Lead Activity Day CO 8:30 Easy Listening-DR SE 10:00 Puzzle Corner - TR E 1:30 Memory Lane Music - TR CO 3:30 Table Games - AR
11 Grandparent's Day 7:00 NATIONAL ASSISTED LIVING WEEK PR 8:00 Resident Lead Activity Day SP 9:00 Sunday Morning Worship w/ Friendship Missionary Baptist Church-FL CO 10:30 Word-A-Thon-AR SE 1:00 Scrabble-AR CO 2:00 Mexican Domino's-AR	12 SE 7:00 Joyful Moments with Food SO 8:30 Easy Listening - DR E 10:00 Chair Exercise -AR PR 10:30 Nature Movie - TR I 1:30 Scrabble - AR CO 3:00 Remember When - TR CO 3:30 Slap Jack- AR	13 7:00 Joyful Moments with Milestone Memories CO 8:30 Easy Listening-DR PY 10:00 Chair Exercise-AR PR 10:30 History Club-TR SE 1:30 Bingo-AR SE 2:30 Popcorn Time - Cafe CO 3:30 Dominoes - Cafe	14 7:00 Joyful Moments Through Art CO 8:30 Easy Listening-DR PY 10:00 Chair Exercise-AR PR 10:30 Bible Study with Melody - TR I 1:30 Documentary Club - TR CO 3:30 Gospel Piano - Lobby CO 4:00 Jenga - AR	15 7:00 Joyful Moments Enjoying Nature CO 8:30 Easy Listening-DR PY 10:00 Chair Exercise - AR CR 10:30 Arts and Crafts - AR SO 1:30 All Staff Meeting - DR CO 2:30 Bingo - AR CO 3:30 Remember When - AR	16 7:00 Joyful Moments Through Music CO 8:30 Easy Listening-DR PY 10:00 Chair Exercise - AR SE 10:30 Cooking with Melody - AR SO 2:00 Happy Hour-AR SE 3:00 Afternoon Matinee - TR	17 Citizenship Day 7:00 Joyful Moments with You PR 8:00 Resident Lead Activity Day CO 8:30 Easy Listening-DR SE 10:00 Puzzle Corner - TR E 1:30 Memory Lane Music - TR CO 3:30 Table Games - AR
18 PR 8:00 Resident Lead Activity Day SP 9:00 Sunday Morning Worship w/ Friendship Missionary Baptist Church-FL CO 10:30 Word-A-Thon-AR SE 1:00 Scrabble-AR CO 2:00 Mexican Domino's-AR	19 SO 8:30 Easy Listening - DR E 10:00 Chair Exercise -AR PR 10:30 Nature Movie - TR I 1:30 Scrabble - AR CO 3:00 Remember When - TR CO 3:30 Slap Jack- AR	20 CO 8:30 Easy Listening-DR PY 10:00 Chair Exercise-AR PR 10:30 History Club-TR SO 2:00 Oktoberfest Kickoff! - DR CO 3:30 Dominoes - Cafe	21 CO 8:30 Easy Listening-DR PY 10:00 Chair Exercise-AR PR 10:30 Bible Study with Melody - TR I 1:30 Documentary Club - TR CO 2:00 All Staff Meeting -DR CO 3:30 Gospel Piano - Lobby CO 4:00 Jenga - AR	22 Fall Begins CO 8:30 Easy Listening-DR PY 10:00 Chair Exercise - AR PR 10:30 Residents Town Hall Meeting-DR SO 2:00 BIKINI CONTEST! - AR SO 3:00 Goodbye Summer Luau! - DR CO 3:30 Remember When - AR	23 Native American Day CO 8:30 Easy Listening-DR PY 10:00 Chair Exercise - AR SE 10:30 Cooking with Melody - AR PR 2:00 Resident Birthday Celebration - DR SE 3:00 Afternoon Matinee - TR	24 PR 8:00 Resident Lead Activity Day CO 8:30 Easy Listening-DR SE 10:00 Puzzle Corner - TR E 1:30 Memory Lane Music - TR CO 3:30 Table Games - AR
25 Rosh Hashanah Begins PR 8:00 Resident Lead Activity Day SP 9:00 Sunday Morning Worship w/ Friendship Missionary Baptist Church-FL CO 10:30 Word-A-Thon-AR SE 1:00 Scrabble-AR CO 2:00 Mexican Domino's-AR	26 SO 8:30 Easy Listening - DR E 10:00 Chair Exercise -AR PR 10:30 Nature Movie - TR I 1:30 Scrabble - AR CO 3:00 Remember When - TR CO 3:30 Slap Jack- AR	27 CO 8:30 Easy Listening-DR PY 10:00 Chair Exercise-AR PR 10:30 History Club-TR PR 1:30 Chef's Chat-DR SE 2:30 Popcorn Time - Cafe CO 3:30 Dominoes - Cafe	28 CO 8:30 Easy Listening-DR PY 10:00 Chair Exercise-AR PR 10:30 Bible Study with Melody - TR I 1:30 Documentary Club - TR CO 3:30 Gospel Piano - Lobby CO 4:00 Jenga - AR	29 CO 8:30 Easy Listening-DR PY 10:00 Chair Exercise - AR CR 10:30 Arts and Crafts - AR CO 1:30 Bingo! - AR E 2:30 Nail Spa - AR CO 3:30 Remember When - AR	30 CO 8:30 Easy Listening-DR PY 10:00 Chair Exercise - AR SE 10:30 Cooking with Melody - AR SO 2:00 Happy Hour-AR SE 3:00 Afternoon Matinee - TR	