

SEPTEMBER 2022

Memory Care Programs



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|--|--|---|---|
| CR: Community Room CO: Conference Room DI: Deli TP: Tonka Porch CL: Club Room DI: Dining Room FC: Fitness Center | Birthdays: Marcy H. 9/01 Richard R. 9/09 Carol T. 9/28 | **Sign-up for outing Family is encouraged to attend and sign-up is required Contact Stephanie at 952-209-1412 | | 1 HAPPY BIRTHDAY MARCY!! 9:30 Daily Chronicles 10:00 Morning Stretch 10:30 Arm Chair Travel 1:30 Adult Coloring 3:00 Afternoon Movie with Popcorn | 2 10:15 Songs, Prayer & Catholic Communion - CR 11:15 Where in the world video and discussion 2:00 Happy Hour 3:00 Afternoon Snack | 3 3:00 Afternoon Snack |
| 4 10:00 Virtual Church with Normandale Lutheran - CR 1:00 Bingo with Anne and Margee 3:00 Afternoon Snack | 5 Labor Day 10:30 Balloon Toss with RA 2:30 Adult Coloring with RA 3:00 Afternoon Snack | 6 10:00 Morning Stretch 10:30 Baking Group 2:30 Inspirational Music with Malcolm - CR 3:00 Afternoon Snack | 7 9:30 Daily News 10:30 Craft Time 1:30 Puzzle Time 3:00 Afternoon Snack 3:30 Music with Greg | 8 9:30 Daily Chronicles 10:00 Morning Stretch 10:30 Arm Chair Travel 1:30 Bus Outing-TBD 3:00 Afternoon Snack | 9 HAPPY BIRTHDAY RICHARD!! 10:15 Songs, Prayer & Catholic Communion - CR 11:15 Deep in the heart of Texas video and discussion 2:00 Happy Hour 3:00 Afternoon Snack | 10 3:00 Afternoon Snack |
| 11 Grandparent's Day 10:00 Virtual Church with Normandale Lutheran - CR 1:00 Bingo with Anne and Margee 3:00 Afternoon Snack | 12 9:30 Daily Chronicle 10:15 Exercise with Noodles 2:30 Root Beer Floats Social 3:00 Afternoon Snack | 13 10:00 Morning Stretch 10:30 Making meaningful Collages 2:00 Milestone Memories Event 3:00 Afternoon Snack 3:30 Music with Greg | 14 9:30 Daily News 10:30 Craft Time-Canvas Painting 1:30 Markerboard Hang Man 3:00 Afternoon Snack 3:00 Joey Stephens Variety Show - CR | 15 9:30 Daily Chronicles 10:00 Morning Stretch 10:15 Arm Chair Travel 11:30 **Picnic Outing to French Regional Park 3:00 Afternoon Snack | 16 10:15 Songs, Prayer & Catholic Communion - CR 11:15 Charleston: Churches, History and Horses video and discussion 2:00 Happy Hour 3:00 Afternoon Snack 4:30 **Octoberfest Theme Dinner-4:30-6:30pm Main Dining Room | 17 Citizenship Day 3:00 Afternoon Snack |

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|---|---|--|---|---|--|--|
| 18 10:00 Virtual Church with Normandale Lutheran - CR 1:00 Bingo with Anne and Margee 3:00 Afternoon Snack | 19 9:30 Daily News 10:15 Exercise with Noodles 1:30 Craft Time 3:00 Afternoon Snack | 20 10:30 Manicures and Hand Massages with RCA 2:30 Balloon Toss with RCA 3:00 Afternoon Snack | 21 9:30 Daily News 10:30 **Arboretum outing 3:00 Afternoon Snack 3:30 Music with Greg | 22 Fall Begins 9:30 Daily Chronicles 10:00 Morning Stretch 2:00 Craft Time-Leaf Rubbing 3:00 Afternoon Snack | 23 Native American Day 10:15 Songs, Prayer & Catholic Communion - CR 11:15 Celebrating Native American Culture and discussion 2:00 Happy Hour 3:00 Afternoon Snack | 24 3:00 Afternoon Snack |
| 25 Rosh Hashanah Begins 10:00 Virtual Church with Normandale Lutheran - CR 1:00 Bingo with Anne and Margee 3:00 Afternoon Snack | 26 9:30 Daily News 10:15 Exercise with Noodles 11:00 Puzzles 2:00 Smoothie Social 3:00 Afternoon Snack | 27 10:00 Morning Stretch 10:30 Baking Group 1:30 Manicures and Hand Massages 3:00 Afternoon Snack | 28 HAPPY BIRTHDAY CAROL!! 9:30 Daily News 10:30 Rosh Hashanah and Apple Stamping 3:00 Afternoon Snack 3:30 Music with Greg | 29 9:30 Daily Chronicles 10:00 Morning Stretch 10:30 Arm Chair Travel 3:00 Afternoon Movie with Popcorn 3:00 Afternoon Snack | 30 10:15 Songs, Prayer & Catholic Communion - CR 2:00 Happy Hour 3:00 Afternoon Snack | |

Events are Subject to Change.