



**HAVENWOOD  
OF BURNSVILLE**  
A GRACE MGMT COMMUNITY

# SEPTEMBER 2022

14401 Grand Ave.  
Burnsville, MN 55306

952-206-5700  
havenwoodsenior.com/burnsville

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>CO</b> - Cognitive <b>CR</b> - Creative <b>E</b> - Emotional <b>PY</b> - Physical <b>PR</b> - Purposeful <b>SE</b> - Sensory <b>SO</b> - Social <b>SP</b> - Spiritual</p> <p>Location Key CR - Community Room BP - Back Patio FL - Front Lobby CLR - Club Room FC - Fitness Center SPL - Sunset Pond Library AS - Art Studio HS - Health Services Office VN - Village Neighborhood</p> <p>September Birthdays Fred Blaess - 9/3 Larry Reed - 9/4 Ramona Fredin - 9/10 Chuck Longstreth - 9/14 Jim McHugh - 9/15 Lois Lerom - 9/15 Marie Schindler - 9/17 Kathy Savageau - 9/18 Helen Johnson - 9/26 Kelly Treichel - 9/26</p> <p>All fitness classes require an Unlimited Pass to participate. Interested in joining? Contact our Fitness Technician, Jodie, at 952-206-6358.</p> <p>Cardio drumming, walking group, and morning stretch are open to all residents.</p>				<p><b>1</b></p> <p><b>PY</b> 9:30 Morning Stretch (CR) <b>PY</b> 10:00 Better Balance (FC) <b>SO</b> 11:00 Men's Coffee Group (CR) <b>PY</b> 11:30 Chair Yoga (FC) <b>SO</b> 1:00 Ladies Coffee Group (CR) <b>PY</b> 2:00 Better Balance (FC) <b>SO</b> 3:00 Happy Hour (CR) <b>CO</b> 6:00 Crazy 8's (CR)</p>	<p><b>2</b></p> <p><b>PY</b> 10:00 Better Balance (FC) <b>SP</b> 11:00 Bible Study (CR) <b>PR</b> 1:00 Parkinson's Support Group (CR) <b>SE</b> 1:30 Grab &amp; Go Cookies (CLR) <b>PY</b> 2:00 Chair Yoga (FC) <b>E</b> 2:30 PBS Special: In Their Own Words: Jimmy Carter (CR) <b>CO</b> 6:00 Chinese Checkers (CR)</p>	<p><b>3</b></p> <p><b>SO</b> 10:00 Coffee &amp; Conversation (CR) <b>CR</b> 11:00 Creative Coloring (AS) <b>CO</b> 1:00 Pinochle (CR) <b>E</b> 2:30 Movie Matinee: New In Town (CR) <b>SO</b> 6:00 Open Game Night (CR)</p>
<p><b>4</b></p> <p><b>SO</b> 10:00 Coffee &amp; Conversation (CR) <b>CR</b> 11:00 Creative Coloring (AS) <b>CO</b> 1:00 Dominoes (CR) <b>E</b> 2:30 Movie Matinee: Meet Me In St. Louis (CR) <b>CO</b> 6:00 Scrabble (CR)</p>	<p><b>5</b> <b>Labor Day</b></p> <p>No Fitness Classes Today <b>SO</b> 10:00 Coffee &amp; Conversation (CR) <b>SE</b> 10:30 Grab and Go Pastries (CLR) <b>CO</b> 1:30 6-5-4 Dice Game (CR) <b>E</b> 2:30 Movie Matinee: In Old Caliente (CR) <b>CO</b> 6:00 Cribbage (CR)</p>	<p><b>6</b></p> <p><b>PY</b> 9:45 Walking Group (FL) <b>PY</b> 10:00 Better Balance (FC) <b>SP</b> 11:00 Donuts &amp; Devotions (CR) <b>PY</b> 11:30 Chair Yoga (FC) <b>CR</b> 1:00 Crafternoon: Sunflower Door Hanger (AS) <b>PY</b> 2:00 Better Balance (FC) <b>PR</b> 2:30 Burnhaven Library Visit (SPL) <b>SO</b> 3:00 Prize Bingo (BP) <b>CO</b> 6:00 Yahtzee (CR)</p>	<p><b>7</b></p> <p><b>PR</b> 9:45 Target Shopping Run <b>PY</b> 10:00 Better Balance (FC) <b>PY</b> 11:30 Chair Yoga (FC) <b>PR</b> 1:30 Conversations with the Chef (CR) <b>PR</b> 1:30 Wellness Clinic (HS) <b>PY</b> 2:00 Parkinson's Strength (FC) <b>SP</b> 3:00 Risen Savior Catholic Church (CR) <b>CO</b> 6:00 Canasta (CR)</p>	<p><b>8</b></p> <p><b>PY</b> 9:30 Morning Stretch (CR) <b>PY</b> 10:00 Better Balance (FC) <b>SO</b> 11:00 Men's Coffee Group (CR) <b>PY</b> 11:30 Chair Yoga (FC) <b>SO</b> 1:00 Ladies Coffee Group (CR) <b>PY</b> 2:00 Better Balance (FC) <b>SO</b> 3:00 Happy Hour (CR) <b>CO</b> 6:00 Crazy 8's (CR)</p>	<p><b>9</b></p> <p><b>PY</b> 10:00 Better Balance (FC) <b>SP</b> 11:00 Hymn Sing (CR) <b>PY</b> 11:30 Walking Group (FL) <b>PR</b> 1:00 Community Ambassador Meeting (CR) <b>SE</b> 1:30 Grab &amp; Go Cookies (CLR) <b>E</b> 2:30 PBS Special: How 9/11 Changed American Life (CR) <b>CO</b> 6:00 Chinese Checkers (CR)</p>	<p><b>10</b></p> <p><b>SO</b> 10:00 Coffee &amp; Conversation (CR) <b>CR</b> 11:00 Creative Coloring (AS) <b>CO</b> 1:00 Pinochle (CR) <b>E</b> 2:30 Movie Matinee: The Big Sleep (CR) <b>SO</b> 6:00 Open Game Night (CR)</p>
<p><b>11</b> <b>Grandparent's Day</b></p> <p><b>SO</b> 10:00 Coffee &amp; Conversation (CR) <b>CR</b> 11:00 Creative Coloring (AS) <b>CO</b> 1:00 Dominoes (CR) <b>E</b> 2:30 Movie Matinee: The Way We Were (CR) <b>SP</b> 3:00 Church and Worship Service with Larry &amp; Marge (VN) <b>CO</b> 7:00 Dollar Bingo (CR)</p>	<p><b>12</b></p> <p><b>PY</b> 10:00 Better Balance (FC) <b>SE</b> 10:30 Monday Pastries (CLR) <b>SP</b> 11:00 Praying the Rosary (CR) <b>PY</b> 11:30 Chair Yoga (FC) <b>PR</b> 1:00 Community Update Meeting (CR) <b>PY</b> 2:00 Parkinson's Strength (FC) <b>SO</b> 3:00 Prize Bingo (CR) <b>CO</b> 6:00 Cribbage (CR)</p>	<p><b>13</b></p> <p><b>PY</b> 9:45 Walking Group (FL) <b>PY</b> 10:00 Better Balance (FC) <b>SP</b> 11:00 Donuts &amp; Devotions (CR) <b>PY</b> 11:30 Chair Yoga (FC) <b>CR</b> 1:00 Creative Circle (AS) <b>PY</b> 2:00 Better Balance (FC) <b>SO</b> 3:00 Lemonade On The Patio (BP) <b>CO</b> 6:00 Yahtzee (CR)</p>	<p><b>14</b></p> <p><b>PY</b> 10:00 Better Balance (FC) <b>PY</b> 11:30 Chair Yoga (FC) <b>E</b> 1:30 Gideon the Comfort Dog (CR) <b>PR</b> 1:30 Wellness Clinic (HS) <b>PY</b> 2:00 Parkinson's Strength (FC) <b>PR</b> 3:00 September Birthday Party with Live Music (CR) <b>CO</b> 6:00 Canasta (CR)</p>	<p><b>15</b></p> <p><b>PY</b> 9:30 Morning Stretch (CR) <b>PY</b> 10:00 Better Balance (FC) <b>SO</b> 11:00 Men's Coffee Group (CR) <b>PY</b> 11:30 Chair Yoga (FC) <b>SO</b> 1:00 Ladies Coffee Group (CR) <b>PY</b> 2:00 Better Balance (FC) <b>SO</b> 3:00 Happy Hour (CR) <b>CO</b> 6:00 Crazy 8's (CR)</p>	<p><b>16</b></p> <p>No Fitness Classes Today <b>SP</b> 11:00 Worship &amp; Holy Communion (CR) <b>PY</b> 11:30 Walking Group (FL) <b>SE</b> 1:30 Grab &amp; Go Cookies (CLR) <b>E</b> 2:30 PBS Special: The Dakota Conflict (CR) <b>CO</b> 6:00 Chinese Checkers (CR)</p>	<p><b>17</b> <b>Citizenship Day</b></p> <p><b>SO</b> 10:00 Coffee &amp; Conversation (CR) <b>CR</b> 11:00 Creative Coloring (AS) <b>CO</b> 1:00 Pinochle (CR) <b>E</b> 2:30 Movie Matinee: The Music Man (CR) <b>SO</b> 6:00 Open Game Night (CR)</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>18</b> <b>SO</b> 10:00 Coffee & Conversation (CR) <b>CR</b> 11:00 Creative Coloring (AS) <b>CO</b> 1:00 Dominoes (CR) <b>E</b> 2:30 Movie Matinee: My Life In Ruins (CR) <b>CO</b> 6:00 Scrabble (CR)	<b>19</b> <b>PY</b> 10:00 Better Balance (FC) <b>SE</b> 10:30 Monday Pastries (CLR) <b>SP</b> 11:00 Praying the Rosary (CR) <b>PY</b> 11:30 Chair Yoga (FC) <b>CO</b> 12:30 500 (CLR) <b>PY</b> 1:00 Cardio Drumming (CR) <b>PY</b> 2:00 Parkinson's Strength (FC) <b>SO</b> 3:00 Prize Bingo (CR) <b>CO</b> 6:00 Cribbage (CR)	<b>20</b> <b>PY</b> 9:45 Walking Group (FL) <b>PY</b> 10:00 Better Balance (FC) <b>SP</b> 10:00 Risen Savior Catholic Mass (CR) <b>SP</b> 11:00 Donuts & Devotions (CR) <b>PY</b> 11:30 Chair Yoga (FC) <b>CR</b> 1:00 Crafternoon: Wine Cork Pumpkins (AS) <b>PY</b> 2:00 Better Balance (FC) <b>SO</b> 3:00 Lemonade On The Patio (BP) <b>CO</b> 6:00 Yahtzee (CR)	<b>21</b> <b>PY</b> 10:00 Better Balance (FC) <b>SO</b> 10:30 Van Outing: Original Pancake House <b>PY</b> 11:30 Chair Yoga (FC) <b>PR</b> 1:30 Wellness Clinic (HS) <b>PY</b> 2:00 Parkinson's Strength (FC) <b>SO</b> 3:00 Root Beer Floats (CR) <b>CO</b> 6:00 Canasta (CR)	<b>22</b> <b>Fall Begins</b> <b>PY</b> 9:30 Morning Stretch (CR) <b>PY</b> 10:00 Better Balance (FC) <b>SO</b> 11:00 Men's Coffee Group (CR) <b>PY</b> 11:30 Chair Yoga (FC) <b>SO</b> 1:00 Ladies Coffee Group (CR) <b>PY</b> 2:00 Better Balance (FC) <b>SO</b> 3:00 Happy Hour (CR) <b>CO</b> 6:00 Crazy 8's (CR)	<b>23</b> <b>Native American Day</b> <b>PY</b> 10:00 Better Balance (FC) <b>PR</b> 10:00 Coffee with the Mayor (CLR) <b>SP</b> 11:00 Bible Study (CR) <b>PY</b> 11:30 Walking Group (FL) <b>SE</b> 1:30 Grab & Go Cookies (CLR) <b>PY</b> 2:00 Chair Yoga (FC) <b>E</b> 2:30 PBS Special: The CO-OP Wars (CR) <b>CO</b> 6:00 Chinese Checkers (CR)	<b>24</b> <b>SO</b> 10:00 Coffee & Conversation (CR) <b>CR</b> 11:00 Creative Coloring (AS) <b>CO</b> 1:00 Pinochle (CR) <b>E</b> 2:30 Movie Matinee: The Upside Down of Anger (CR) <b>SO</b> 6:00 Open Game Night (CR)
<b>25</b> <b>Rosh Hashanah Begins</b> <b>SO</b> 10:00 Coffee & Conversation (CR) <b>CR</b> 11:00 Creative Coloring (AS) <b>CO</b> 1:00 Dominoes (CR) <b>E</b> 2:30 Movie Matinee: The Harvey Girls (CR) <b>SP</b> 3:00 Church & Worship Service with Larry & Marge (VN) <b>CO</b> 7:00 Dollar Bingo (CR)	<b>26</b> <b>PY</b> 10:00 Better Balance (FC) <b>SE</b> 10:30 Monday Pastries (CLR) <b>SP</b> 11:00 Praying the Rosary (CR) <b>PY</b> 11:30 Chair Yoga (FC) <b>CO</b> 12:30 500 (CLR) <b>PY</b> 1:00 Cardio Drumming (CR) <b>PY</b> 2:00 Parkinson's Strength (FC) <b>SO</b> 3:00 Prize Bingo (CR) <b>CO</b> 6:00 Cribbage (CR)	<b>27</b> <b>PY</b> 9:45 Walking Group (FL) <b>PY</b> 10:00 Better Balance (FC) <b>SP</b> 11:00 Donuts & Devotions (CR) <b>PY</b> 11:30 Chair Yoga (FC) <b>CR</b> 1:00 Creative Circle (AS) <b>PY</b> 2:00 Better Balance (FC) <b>SO</b> 3:00 Lemonade On The Patio (BP) <b>CO</b> 6:00 Yahtzee (CR)	<b>28</b> <b>PY</b> 10:00 Better Balance (FC) <b>PY</b> 11:30 Chair Yoga (FC) <b>PR</b> 1:30 Wellness Clinic (HS) <b>PY</b> 2:00 Parkinson's Strength (FC) <b>E</b> 2:30 Live Music by the Hi Hats (CR) <b>CO</b> 6:00 Canasta (CR)	<b>29</b> <b>PY</b> 9:30 Morning Stretch (CR) <b>PY</b> 10:00 Better Balance (FC) <b>SO</b> 11:00 Men's Coffee Group (CR) <b>PY</b> 11:30 Chair Yoga (FC) <b>SO</b> 1:00 Ladies Coffee Group (CR) <b>PY</b> 2:00 Better Balance (FC) <b>SO</b> 3:00 Happy Hour (CR) <b>CO</b> 6:00 Crazy 8's (CR)	<b>30</b> <b>PY</b> 10:00 Better Balance (FC) <b>SP</b> 11:00 Hymn Sing (CR) <b>PY</b> 11:30 Walking Group (FL) <b>SE</b> 1:30 Grab & Go Cookies (CLR) <b>PY</b> 2:00 Chair Yoga (FC) <b>E</b> 2:30 PBS Special: The Mississippi (CR) <b>CO</b> 6:00 Chinese Checkers (CR)	

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