



**DIRIGO PINES**  
A GRACE MGMT COMMUNITY

# SEPTEMBER 2022

Penobscot & Cottages

All movies are shown in the KGP

9 Alumni Drive  
Orono, Maine 04473  
207-866-3400  
www.dirigopines.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>KGP = Kenduskeag Gathering Place PMR = Penobscot Media Room MLR = Meadowbrook Living Room P/C = Penobscot/Cottages LIB = Library SR = Social Room</p>		<p><b>Birthdays</b> 9/9 - Maggie W 9/9 - Roselyn P 9/12 - Jack B</p>	<p>Life Enrichment will be trialing Chair Yoga/Zumba on Wed 10 to celebrate Nat'l Zumba Month.</p>	<p><b>1</b> <b>Thrilling Thursday- Sparkle Day</b> 10:00 Art w/Agnes - PMR 10:30 Garden with Anne 1:00 Bocce/Corn Hole - bocce courts 3:00 Bingo - PMR 7:00 Movie -</p>	<p><b>2</b> 8:45 Exercise - PMR 9:30 Exercise - PMR 10:00 Sittercise - KGP 10:30 P/C Lunch Bunch-Zillman Art Museum and Bagel Central 1:30 Cribbage - GR 2:30 Mock Cocktails - SR 7:00 Movie -</p>	<p><b>3</b> 1:30 Card Games - SR 1:30 Crafting Group - LIB 3:00 Old Time TV - KGP</p>
<p><b>4</b> 10:00 Catholic Holy Communion - SR 10:00 Church of Universal Fellowship ZOOM Service - PMR 1:00 Library Work Session - LIB 2:00 Movie Matinee - KGP</p>	<p><b>5</b> <b>Labor Day</b> 8:45 Exercise - PMR 9:30 Exercise - PMR 10:00 P/C Shopping trip to Walmart-sign up 10:00 Rummikub 1:00 Furniture Refurbishing Group 7:00 Movie -</p>	<p><b>6</b> 10:00 Tai Chi 10:30 canceled-Singalong -KGP 2:00 Classic Piano with Masanobu - KGP 3:00 Bingo - PMR</p>	<p><b>7</b> 8:45 Exercise - PMR 9:30 Exercise - PMR 10:00 chair yoga - KGP 1:30 Mahjong - SR 4:00 Happy Hour - L &amp; GR 7:00 Movie -</p>	<p><b>8</b> <b>Thrilling Thursday- Pajama Day</b> 10:00 Art w/Agnes - PMR 10:30 Garden with Anne 1:00 Bocce/Corn Hole - bocce courts 3:00 Bingo - PMR 7:00 Movie -</p>	<p><b>9</b> 8:45 Exercise - PMR 9:30 Exercise - PMR 10:00 Sittercise - KGP 11:00 P+C trip to Zillman Museum and Bagel Central 1:30 Cribbage - GR 2:30 Mock Cocktails - SR 3:00 Bereavement Support Group - PMR 7:00 Movie -</p>	<p><b>10</b> 1:30 Card Games - SR 1:30 Crafting Group - LIB 3:00 Old Time TV - KGP</p>
<p><b>11</b> <b>Grandparent's Day</b> 10:00 Catholic Holy Communion - SR 10:00 Church of Universal Fellowship ZOOM Service - PMR 1:00 Library Work Session - LIB 2:00 Movie Matinee - KGP</p>	<p><b>12</b> 8:45 Exercise - PMR 9:30 Exercise - PMR 10:00 Rummikub 10:00 Sittercise - KGP 11:00 P+C shopping Hannafords 1:00 Furniture Refurbishing Group 7:00 Movie -</p>	<p><b>13</b> 10:00 Tai Chi 10:30 canceled-Singalong -KGP 1:30 Arthritis Talk- KGP 3:00 Bingo - PMR</p>	<p><b>14</b> 8:45 Exercise - PMR 9:30 Exercise - PMR 10:00 chair yoga - KGP 10:00 Fishing Derby at Dirigo Pond 1:30 Mahjong - SR 4:00 Special Happy Hour with Fireside Strings - KGP or Patio 7:00 Movie -</p>	<p><b>15</b> <b>Thrilling Thursday- Purple Day</b> 9:15 P+C trip to the Challenger Center - sign up 10:00 Art w/Agnes - PMR 1:00 Bocce/Corn Hole - bocce courts 2:00 Brian McClellan - 50s music 3:00 Bingo - PMR 7:00 Movie -</p>	<p><b>16</b> 8:45 Exercise - PMR 9:30 Exercise - PMR 10:00 Sittercise - KGP 1:30 Cribbage - GR 2:30 Mock Cocktails - SR 7:00 Movie -</p>	<p><b>17</b> <b>Citizenship Day</b> 1:30 Card Games - SR 1:30 Crafting Group - LIB 3:00 Old Time TV - KGP</p>
<p><b>18</b> 10:00 Catholic Holy Communion - SR 10:00 Church of Universal Fellowship ZOOM Service - PMR 1:00 Library Work Session - LIB 2:00 Movie Matinee - KGP</p>	<p><b>19</b> 8:45 Exercise - PMR 9:30 Exercise - PMR 10:00 P/C Shopping Hannaford 10:00 Rummikub 10:00 Sittercise - KGP 1:00 Furniture Refurbishing Group 7:00 Movie -</p>	<p><b>20</b> 10:00 Tai Chi 10:30 canceled-Singalong -KGP 3:00 Bingo - PMR 6:30 Dr. Clifford Singer - Presentation on Aging Brain</p>	<p><b>21</b> 8:45 Exercise - PMR 9:30 Exercise - PMR 10:00 chair yoga - KGP 1:30 Mahjong - SR 4:00 Happy Hour - L &amp; GR 7:00 Movie -</p>	<p><b>22</b> <b>Fall Begins</b> <b>Thrilling Thursday- Fall Day/Fall Colors</b> 8:45 Mindfulness w/Margot 10:00 Art w/Agnes - PMR 10:30 Garden with Anne 3:00 Bingo - PMR 7:00 Movie -</p>	<p><b>23</b> <b>Native American Day</b> 8:45 Exercise - PMR 9:30 Exercise - PMR 1:30 Cribbage - GR 2:30 Mock Cocktails - SR 7:00 Movie -</p>	<p><b>24</b> 1:30 Card Games - SR 1:30 Crafting Group - LIB 3:00 Old Time TV - KGP</p>
<p><b>25</b> <b>Rosh Hashanah Begins</b> 10:00 Catholic Holy Communion - SR 10:00 Church of Universal Fellowship ZOOM Service - PMR 1:00 Library Work Session - LIB 2:00 Movie Matinee - KGP</p>	<p><b>26</b> 8:45 Exercise - PMR 9:30 Exercise - PMR 10:00 P/C Shopping Hannaford 10:00 Rummikub 1:00 Furniture Refurbishing Group 3:00 BOOK CLUB MEETING 7:00 Movie -</p>	<p><b>27</b> 10:00 Tai Chi 10:30 Ukulele Musical Grp -KGP 1:00 Penobscot Resident Council - KGP 3:00 Bingo - PMR</p>	<p><b>28</b> 8:45 Exercise - PMR 9:30 Exercise - PMR 10:00 chair yoga - KGP 10:00 Getting to know your Android Phone- sign up at concierge - PMR 1:30 Mahjong - SR 4:00 Happy Hour - L &amp; GR 7:00 Movie -</p>	<p><b>29</b> <b>Thrilling Thursday- Crazy Hair Day</b> 8:45 Mindfulness w/Margot 10:00 Art w/Agnes - PMR 10:30 Garden with Anne 1:00 Bocce/Corn Hole - bocce courts 1:00 P-C Leaf Peeping trip - sign up 3:00 Bingo - PMR 7:00 Movie -</p>	<p><b>30</b> 8:45 Exercise - PMR 9:30 Exercise - PMR 10:00 P+C Lunch bunch trip to Timber 1:30 Cribbage - GR 2:30 Mock Cocktails - SR 7:00 Movie -</p>	

Events are Subject to Change.