



THE HIGHLANDS

A GRACE MGMT COMMUNITY

Week of September 18, 2022

Good to Go Dinner Menu \$15 (includes soup or salad, entrée, 2 sides and a dessert)

	Sunday Brunch	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Soups	Chicken Noodle	Split Pea	Tomato Florentine	Vegetable Barley	Cream of Broccoli	Vegetable Macaroni	Zucchini Sausage
Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
Entrees	Chicken Parm	Pork Cutlet	Baked Haddock	Autumn Pot Roast	Dijon Salmon	Meatloaf	Brauts & Kraut
	Lemon Pep Fish	American Chop Suey	Chicken Curry	Swordfish	Eggplant Parm	Fried Haddock	Chicken Marsla
Starch	Garlic Mash	Sweet Potato	Tomato Rice	Mashed Potato	Baked Potato	Rice	Parm Polenta
	Spaghetti	Lemon Rice	Mashed Potato	Rice Pilaf	Spaghetti	Cheesy Mash	Spaghetti
Vegetables	Zucchini	Broccoli	Summer Squash	Carrots	Carrots	Green Beans	Corn
	Cauliflower	Peas	Brussels Sprouts	Asparagus	Veg Medley	Ratatouille	Broc Coleslaw
Desserts	CC Cookie	Berry Cobbler	Choc Cake	Cheesecake	Apple Pie	Bread Pudding	Tres Leches Cake
	Lemon Bars	Banana Pie	Fruit Parfait	German Choc Cake	Brownie	Cherry Pie	Choc Cream Pie

*Gluten Free Entrée V Vegetarian

Home Delivery: Sunday 12:30-1:00, Mon-Sat 6:00-6:30 (207) 725-4407 Ext. 136
24 Hr notice is suggested. Highland Green Residents: \$1 delivery fee per address