



CAMELLIA
AT DEERWOOD
A GRACE MGMT COMMUNITY

SEPTEMBER 2022

The Village

Camellia at Deerwood

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>CO - Cognitive CR - Creative E - Emotional I - Intergenerational PY - Physical PR - Purposeful SE - Sensory SO - Social SP - Spiritual</p>	<p>September Birth Flower: The September birth flowers are the aster and the morning glory. Asters are mainly symbols of powerful love. Perhaps because of their positive symbolism, according to folklore they were once burned to ward off serpents. Asters add a punch of color to the late summer and early fall landscape and</p>	<p>September's quote: "But when fall comes, kicking summer out on its treacherous ass as it always does one day sometime after the midpoint of September, it stays awhile like an old friend that you have missed." – Stephen King</p>	<p>September's birthstone is: sapphire A gem that's been cherished for thousands of years. Although the term sapphire usually refers to the blue variety of corundum (ruby is the red variety), this birthstone comes in a rainbow of other colors</p>	<p>1 PR 9:00 Daily Chronicle PY 10:30 Belly Dance (Isolation Techniques) CR 11:00 Art and Crafts With Lorena PR 12:45 Rest and Relax SO 2:15 Happy Hour!! CO 3:00 Brain Games (iN2L) I 4:00 Travel the Globe (iN2L) SO 4:30 Games Shows</p>	<p>2 PR 9:00 Daily Chronicle PY 10:40 Cardio Boxing Class CO 11:15 Bingo with Doris!! PR 12:45 Rest and Relax SE 1:30 Circle of Kindness! I 3:00 Sensory Activity (Sight) CO 3:30 Travel the Globe (iN2L) CO 4:00 Book Club With Marty CO 6:00 Neuro Games</p>	<p>3 PR 9:00 Daily Chronicle PY 10:00 Chair Exercise (iN2L) PY 11:30 Walk in the Garden (Weather Permitting) PR 12:45 Rest and Relax SO 3:00 Bingo! SO 6:00 Evening Movie</p>
<p>4 PR 9:00 Daily Chronicle SP 10:30 Church Services/ Mass (iN2L) PR 12:45 Rest and Relax E 6:00 Evening Movie</p>	<p>5 Labor Day PR 9:00 Daily Chronicle PY 10:40 Exercise With Emily SO 11:15 Bingo!! PR 12:45 Rest and Relax CR 1:30 Manicure Monday PR 3:00 Men's Club CO 3:30 Word Games (iN2L) I 4:00 Family Feud (iN2L) CO 6:00 Tales About Freddie</p>	<p>6 PR 9:00 Daily Chronicle PY 10:40 Movers and Shakers PR 12:45 Rest and Relax PY 1:30 Walking Club (Weather Permitted) I 3:30 Arm Chair Travels (iN2L) CO 4:00 iN2L Games SO 6:00 Evening Movie</p>	<p>7 PR 9:00 Daily Chronicle SP 11:00 Divine Breeze With Frank! PR 12:45 Rest and Relax PY 1:30 Line Dancing! PY 2:00 Exercise with Rachel PR 2:30 Village Council Meeting SE 3:00 Light Therapy Facials! CO 6:00 The Millionaire Game!</p>	<p>8 PR 9:00 Daily Chronicle CR 11:00 Art and Crafts With Lorena PR 12:45 Rest and Relax SO 2:15 Happy Hour!! CO 3:00 Brain Games (iN2L) I 4:00 Travel the Globe (iN2L) SO 6:00 Learn About Joan of Arc!</p>	<p>9 Adam Sandler's Birthday! PR 9:00 Daily Chronicle CR 10:00 Baking Class With Emily Pate! PY 10:40 Cardio Boxing Class CO 11:15 Bingo with Doris!! PR 12:45 Rest and Relax PR 1:30 Circle of Kindness! SE 2:30 Sensory activity(smell)</p>	<p>10 PR 9:00 Daily Chronicle PY 10:00 Chair Exercise (iN2L) PY 11:30 Walk in the Garden (Weather Permitting) PR 12:45 Rest and Relax SO 3:00 Bingo! SO 6:00 Evening Movie</p>
<p>11 Grandparent's Day PR 9:00 Daily Chronicle SP 10:30 Church Services/ Mass (iN2L) PR 12:45 Rest and Relax E 6:00 Evening Movie</p>	<p>12 PR 9:00 Daily Chronicle CO 10:00 Country Bread Baking! PY 10:40 Exercise With Emily SO 11:15 Bingo!! PR 12:45 Rest and Relax CR 1:30 Manicure Monday PR 3:00 Men's Club I 3:00 Family Feud (iN2L) CO 3:30 Word Games (iN2L)</p>	<p>13 Sweep an Swap! PR 9:00 Daily Chronicle PY 10:40 Movers and Shakers CR 11:00 Dream Catcher Creations! PR 12:45 Rest and Relax PY 1:30 Walking Club (Weather Permitted) I 3:30 Arm Chair Travels (iN2L) CO 4:00 iN2L Games</p>	<p>14 PR 9:00 Daily Chronicle SP 11:00 Divine Breeze With Frank! PR 12:45 Rest and Relax PY 2:00 Exercise with Rachel CR 3:00 Joyful Moments Paint Away! I 4:00 Trivia Time! I 6:00 How Much Did it Cost? Game</p>	<p>15 PR 9:00 Daily Chronicle E 10:40 Sing Along With Keith Pintar! CR 11:00 Art and Crafts With Lorena PR 12:45 Rest and Relax I 2:15 Happy Hour!!/Dress up for the Decades! CO 3:00 Brain Games (iN2L) PY 4:00 Chair Exercises! (iN2L)</p>	<p>16 PR 9:00 Daily Chronicle SO 10:00 Nature Excursion to Treated Oaks! PY 10:40 Cardio Boxing Class CO 11:15 Bingo with Doris!! PR 12:45 Rest and Relax PR 1:30 Circle of Kindness! SE 2:00 Sensory Activity(Touch) I 3:30 Travel the Globe (iN2L)</p>	<p>17 Citizenship Day PR 9:00 Daily Chronicle PY 10:00 Chair Exercise (iN2L) PY 11:30 Walk in the Garden (Weather Permitting) PR 12:45 Rest and Relax SO 3:00 Bingo! SO 6:00 Evening Movie</p>
<p>18 PR 9:00 Daily Chronicle SP 10:30 Church Services/ Mass (iN2L) PR 12:45 Rest and Relax E 6:00 Evening Movie</p>	<p>19 PR 9:00 Daily Chronicle PY 10:40 Exercise With Emily SO 11:15 Bingo!! PR 12:45 Rest and Relax CR 1:30 Manicure Monday PR 3:00 Men's Club I 3:00 Family Feud (iN2L) SE 3:30 Botanical Hand Massages! SO 6:00 Movie Night Elvis!</p>	<p>20 PR 9:00 Daily Chronicle PY 10:40 Movers and Shakers CO 11:00 Neuro Games! PR 12:45 Rest and Relax PY 1:30 Walking Club (Weather Permitted) I 3:30 Arm Chair Travels (iN2L) CO 4:00 iN2L Games SO 6:00 Evening Movie</p>	<p>21 PR 9:00 Daily Chronicle SP 11:00 Divine Breeze With Frank! PR 12:45 Rest and Relax PY 2:00 Exercise with Rachel CO 3:00 Family Feud (iN2L) PY 3:30 Bachata Class! CR 4:30 Silly Cat Pen Making! CO 6:00 Tablet Spree!</p>	<p>22 Fall Begins PR 9:00 Daily Chronicle CR 11:00 Art and Crafts With Lorena PR 12:45 Rest and Relax SO 2:15 Happy Hour!! CO 3:00 Brain Games (iN2L) I 4:00 Travel the Globe (iN2L) SO 6:00 Evening Movie</p>	<p>23 Native American Day PR 9:00 Daily Chronicle SO 10:00 Friday Excursion! (TBD) PY 10:40 Cardio Boxing Class CO 11:15 Bingo with Doris!! PR 12:45 Rest and Relax PR 1:30 Circle of Kindness! SE 2:00 Sensory Activity(taste) I 3:30 Travel the Globe (iN2L) CO 4:00 Book Club With Marty</p>	<p>24 PR 9:00 Daily Chronicle PY 10:00 Chair Exercise (iN2L) PY 11:30 Walk in the Garden (Weather Permitting) PR 12:45 Rest and Relax SO 3:00 Bingo! SO 6:00 Evening Movie</p>
<p>25 Rosh Hashanah Begins PR 9:00 Daily Chronicle SP 10:30 Church Services/ Mass (iN2L) PR 12:45 Rest and Relax E 6:00 Evening Movie</p>	<p>26 PR 9:00 Daily Chronicle PY 10:40 Exercise With Emily SO 11:15 Bingo!! PR 12:45 Rest and Relax CR 1:30 Manicure Monday PR 3:00 Men's Club I 3:00 Family Feud (iN2L) CO 3:30 Word Games (iN2L) SO 6:00 Horror Night!</p>	<p>27 PR 9:00 Daily Chronicle PY 10:40 Movers and Shakers PR 12:45 Rest and Relax PY 1:30 Walking Club (Weather Permitted) I 3:30 Arm Chair Travels (iN2L) CO 4:00 iN2L Games SO 6:00 Evening Movie</p>	<p>28 PR 9:00 Daily Chronicle SP 11:00 Divine Breeze With Frank! PR 12:45 Rest and Relax PY 2:00 Exercise with Rachel CO 3:00 Family Feud (iN2L) SO 4:00 Jenga!! CO 6:00 Mystery Night!(Are Aliens Real?)</p>	<p>29 PR 9:00 Daily Chronicle CR 11:00 Art and Crafts With Lorena PR 12:45 Rest and Relax SO 2:15 Happy Hour!! CO 3:00 Brain Games (iN2L) I 4:00 Travel the Globe (iN2L) SO 4:30 Games Shows SO 6:00 Evening Movie</p>	<p>30 PR 9:00 Daily Chronicle PY 10:40 Cardio Boxing Class CO 11:15 Bingo with Doris!! PR 12:45 Rest and Relax PR 1:30 Circle of Kindness! I 3:30 Travel the Globe (iN2L) CO 4:00 Book Club With Marty CO 6:00 Learn About Frankenstein!</p>	<p>Donkey, gerbil, parrotfish, and raven are four spirit animals that could offer inspiration, motivation, and guidance to people born in September. September is a time to refocus your energy. Refocusing does not only include making plans for the future, but it is also about giving yourself the time to self-reflect on the past 9 months to then establish which lessons you will be taking on with you for the remainder of the year.</p>

Events are Subject to Change.