



**TWIN RIVERS**  
A GRACE MGMT COMMUNITY

# AUGUST 2022

Twin Rivers Memory Care Calendar

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Richardson, Texas 75081  
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[www.twinriversassistedliving.com](http://www.twinriversassistedliving.com)



| Sunday  | Monday  | Tuesday   | Wednesday   | Thursday  | Friday   | Saturday   |
|---|---|---|---|---|--|--|
| <p><b>CO</b> - Cognitive<br/><b>CR</b> - Creative<br/><b>E</b> - Emotional<br/><b>I</b> - Intergenerational<br/><b>PY</b> - Physical<br/><b>SE</b> - Sensory<br/><b>SO</b> - Social<br/><b>SP</b> - Spiritual</p>   | <p><b>1</b></p> <p><b>PY</b> 10:00 Daily Chromicle<br/><b>PY</b> 10:30 Sit &amp; Be Fit<br/><b>SE</b> 1:00 Daily Calm Meditation<br/><b>SO</b> 2:30 Snack &amp; Chat<br/><b>CO</b> 3:00 BINGO<br/><b>SO</b> 6:00 Movie Matinee</p>  | <p><b>2</b></p> <p><b>PY</b> 10:00 Daily Chromicle<br/><b>PY</b> 10:30 Chair balloons volleyball<br/><b>SE</b> 1:00 Daily Calm Meditation<br/><b>SO</b> 2:30 Snack &amp; Chat<br/><b>CR</b> 3:00 Puzzles &amp; Coloring<br/><b>E</b> 6:00 Classical Music</p>                               | <p><b>3</b></p> <p><b>PY</b> 10:00 Daily Chromicle<br/><b>PY</b> 10:30 Chair Exercise<br/><b>SE</b> 1:00 Daily Calm Meditation<br/><b>SO</b> 2:00 Snack &amp; Chat<br/><b>CO</b> 3:30 Trivia iN2L<br/><b>SO</b> 6:00 Movie Matinee</p>  | <p><b>4</b></p> <p><b>PY</b> 10:00 Daily Chromicle<br/><b>I</b> 10:30 Game of choice( iN2L)<br/><b>SE</b> 1:00 Daily Calm Meditation<br/><b>SO</b> 2:30 Snack &amp; Chat<br/><b>I</b> 3:30 Dominoes<br/><b>E</b> 6:00 Classical Music</p>   | <p><b>5</b></p> <p><b>PY</b> 10:00 Daily Chromicle<br/><b>PY</b> 10:30 Sit &amp; Be Fit<br/><b>SE</b> 1:00 Daily Calm Meditation<br/><b>SO</b> 2:30 Snack &amp; Chat<br/><b>CO</b> 3:00 BINGO<br/><b>SO</b> 6:00 Movie Matinee</p>                 | <p><b>6</b></p> <p><b>SO</b> 10:30 Coffee &amp; Donuts Social<br/><b>SE</b> 1:00 Daily Calm Meditation<br/><b>SO</b> 2:30 Snack and Chat<br/><b>CO</b> 3:30 Puzzle &amp; Coloring<br/><b>E</b> 6:00 Classical Music</p>  |
| <p><b>7</b></p> <p><b>E</b> 10:00 Hymns Sing Along<br/><b>SP</b> 11:00 <b>Sing Along and Bible Reading w/ Brenda</b><br/><b>SE</b> 1:00 Daily Calm Meditation<br/><b>SO</b> 2:30 Snack and Chat<br/><b>I</b> 3:00 Dominoes<br/><b>SO</b> 4:00 Sunday Movie</p>                              | <p><b>8</b></p> <p><b>PY</b> 10:00 Daily Chromicle<br/><b>PY</b> 10:30 Sit &amp; Be Fit<br/><b>SE</b> 1:00 Daily Calm Meditation<br/><b>SO</b> 2:30 Snack &amp; Chat<br/><b>CO</b> 3:00 BINGO<br/><b>SO</b> 6:00 Movie Matinee</p>  | <p><b>9</b></p> <p><b>PY</b> 10:00 Daily Chromicle<br/><b>PY</b> 10:30 Chair Balloons volleyball<br/><b>SE</b> 1:00 Daily Calm Meditation<br/><b>SO</b> 2:30 Snack &amp; Chat<br/><b>CR</b> 3:00 Puzzles &amp; Coloring<br/><b>E</b> 6:00 Classical Music</p>                               | <p><b>10</b></p> <p><b>PY</b> 10:00 Daily Chromicle<br/><b>PY</b> 10:30 Chair Exercise<br/><b>SE</b> 1:00 Daily Calm Meditation<br/><b>SO</b> 2:00 Snack &amp; Chat<br/><b>CO</b> 3:30 Trivia iN2L<br/><b>SO</b> 6:00 Movie Matinee</p> | <p><b>11</b></p> <p><b>PY</b> 10:00 Daily Chromicle<br/><b>SE</b> 10:30 <b>Music Therapy w/Ivor</b><br/><b>SE</b> 1:00 Daily Calm Meditation<br/><b>SO</b> 2:30 Snack &amp; Chat<br/><b>I</b> 3:30 Dominoes<br/><b>E</b> 6:00 Classical Music</p>   | <p><b>12</b></p> <p><b>PY</b> 10:00 Daily Chromicle<br/><b>PY</b> 10:30 Sit &amp; Be Fit<br/><b>SE</b> 1:00 Daily Calm Meditation<br/><b>SO</b> 2:30 Snack &amp; Chat<br/><b>CO</b> 3:00 BINGO<br/><b>SO</b> 6:00 Movie Matinee</p>                | <p><b>13</b></p> <p><b>SO</b> 10:30 Coffee &amp; Donuts Social<br/><b>SE</b> 1:00 Daily Calm Meditation<br/><b>SO</b> 2:30 Snack and Chat<br/><b>CO</b> 3:30 Puzzle &amp; Coloring<br/><b>E</b> 6:00 Classical Music</p> |
| <p><b>14</b></p> <p><b>E</b> 10:00 Hymns Sing Along<br/><b>SP</b> 11:00 <b>Sing Along and Bible Reading w/ Brenda</b><br/><b>SE</b> 1:00 Daily Calm Meditation<br/><b>SO</b> 2:30 Snack and Chat<br/><b>I</b> 3:00 Dominoes<br/><b>SO</b> 4:00 Sunday Movie</p>                             | <p><b>15</b></p> <p><b>PY</b> 10:00 Daily Chromicle<br/><b>PY</b> 10:30 Sit &amp; Be Fit<br/><b>SE</b> 1:00 Daily Calm Meditation<br/><b>SO</b> 2:30 Snack &amp; Chat<br/><b>CO</b> 3:00 BINGO<br/><b>SO</b> 6:00 Movie Matinee</p> | <p><b>16</b></p> <p><b>PY</b> 10:00 Daily Chromicle<br/><b>PY</b> 10:30 Chair Balloons volleyball<br/><b>SE</b> 1:00 Daily Calm Meditation<br/><b>SO</b> 2:30 Snack &amp; Chat<br/><b>CR</b> 3:00 Puzzles &amp; Coloring<br/><b>E</b> 6:00 Classical Music</p>                              | <p><b>17</b></p> <p><b>PY</b> 10:00 Daily Chromicle<br/><b>PY</b> 10:30 Chair Exercise<br/><b>SE</b> 1:00 Daily Calm Meditation<br/><b>SO</b> 2:00 Snack &amp; Chat<br/><b>CO</b> 3:30 Trivia iN2L<br/><b>SO</b> 6:00 Movie Matinee</p> | <p><b>18</b></p> <p><b>PY</b> 10:00 Daily Chromicle<br/><b>I</b> 10:30 Game of choice( iN2L)<br/><b>SE</b> 1:00 Daily Calm Meditation<br/><b>SO</b> 2:30 Snack &amp; Chat<br/><b>SO</b> 3:00 Ice Cream Social<br/><b>I</b> 3:30 Dominoes<br/><b>E</b> 6:00 Classical Music</p>                            | <p><b>19</b></p> <p><b>PY</b> 10:00 Daily Chromicle<br/><b>PY</b> 10:30 Sit &amp; Be Fit<br/><b>SE</b> 1:00 Daily Calm Meditation<br/><b>SO</b> 2:30 Snack &amp; Chat<br/><b>CO</b> 3:00 BINGO<br/><b>SO</b> 6:00 Movie Matinee</p>                | <p><b>20</b></p> <p><b>SO</b> 10:30 Coffee &amp; Donuts Social<br/><b>SE</b> 1:00 Daily Calm Meditation<br/><b>SO</b> 2:30 Snack and Chat<br/><b>CO</b> 3:30 Puzzle &amp; Coloring<br/><b>E</b> 6:00 Classical Music</p> |
| <p><b>21</b> <b>Senior Citizen's Day</b></p> <p><b>E</b> 10:00 Hymns Sing Along<br/><b>SP</b> 11:00 <b>Sing Along and Bible Reading w/ Brenda</b><br/><b>SE</b> 1:00 Daily Calm Meditation<br/><b>SO</b> 2:30 Snack and Chat<br/><b>I</b> 3:00 Dominoes<br/><b>SO</b> 4:00 Sunday Movie</p> | <p><b>22</b></p> <p><b>PY</b> 10:00 Daily Chromicle<br/><b>PY</b> 10:30 Sit &amp; Be Fit<br/><b>SE</b> 1:00 Daily Calm Meditation<br/><b>SO</b> 2:30 Snack &amp; Chat<br/><b>CO</b> 3:00 BINGO<br/><b>SO</b> 6:00 Movie Matinee</p> | <p><b>23</b></p> <p><b>PY</b> 10:00 Daily Chromicle<br/><b>PY</b> 10:30 Chair Balloons volleyball<br/><b>SE</b> 1:00 Daily Calm Meditation<br/><b>SO</b> 2:30 Snack &amp; Chat<br/><b>CR</b> 3:00 Puzzles &amp; Coloring<br/><b>E</b> 6:00 Classical Music</p>                              | <p><b>24</b></p> <p><b>PY</b> 10:00 Daily Chromicle<br/><b>PY</b> 10:30 Chair Exercise<br/><b>SE</b> 1:00 Daily Calm Meditation<br/><b>SO</b> 2:00 Snack &amp; Chat<br/><b>CO</b> 3:30 Trivia iN2L<br/><b>SO</b> 6:00 Movie Matinee</p> | <p><b>25</b></p> <p><b>PY</b> 10:00 Daily Chromicle<br/><b>I</b> 10:30 Game of choice( iN2L)<br/><b>SE</b> 1:00 Daily Calm Meditation<br/><b>SO</b> 2:30 Snack &amp; Chat<br/><b>SO</b> 3:00 <b>Entertainment with Krystal Rodriguez</b><br/><b>I</b> 3:30 Dominoes<br/><b>E</b> 6:00 Classical Music</p> | <p><b>26</b></p> <p><b>I</b> 10:00 <b>Mysterious ride W/ Jason</b><br/><b>PY</b> 10:30 Sit &amp; Be Fit<br/><b>SE</b> 1:00 Daily Calm Meditation<br/><b>SO</b> 2:30 Snack &amp; Chat<br/><b>CO</b> 3:00 BINGO<br/><b>SO</b> 6:00 Movie Matinee</p> | <p><b>27</b></p> <p><b>SO</b> 10:30 Coffee &amp; Donuts Social<br/><b>SE</b> 1:00 Daily Calm Meditation<br/><b>SO</b> 2:30 Snack and Chat<br/><b>CO</b> 3:30 Puzzle &amp; Coloring<br/><b>E</b> 6:00 Classical Music</p> |
| <p><b>28</b></p> <p><b>E</b> 10:00 Hymns Sing Along<br/><b>SP</b> 11:00 <b>Sing Along and Bible Reading w/ Brenda</b><br/><b>SE</b> 1:00 Daily Calm Meditation<br/><b>SO</b> 2:30 Snack and Chat<br/><b>I</b> 3:00 Dominoes<br/><b>SO</b> 4:00 Sunday Movie</p>                             | <p><b>29</b></p> <p><b>PY</b> 10:00 Daily Chromicle<br/><b>PY</b> 10:30 Sit &amp; Be Fit<br/><b>SE</b> 1:00 Daily Calm Meditation<br/><b>SO</b> 2:30 Snack &amp; Chat<br/><b>CO</b> 3:00 BINGO<br/><b>SO</b> 6:00 Movie Matinee</p> | <p><b>30</b></p> <p><b>PY</b> 10:00 Daily Chromicle<br/><b>PY</b> 10:30 Chair Balloons volleyball<br/><b>SE</b> 1:00 Daily Calm Meditation<br/><b>SO</b> 2:00 <b>Monthly Birthday Party w/ Norris Perry</b><br/><b>CR</b> 3:00 Puzzles &amp; Coloring<br/><b>E</b> 6:00 Classical Music</p> | <p><b>31</b></p> <p><b>PY</b> 10:00 Daily Chromicle<br/><b>PY</b> 10:30 Chair Exercise<br/><b>SE</b> 1:00 Daily Calm Meditation<br/><b>SO</b> 2:00 Snack &amp; Chat<br/><b>CO</b> 3:30 Trivia iN2L<br/><b>SO</b> 6:00 Movie Matinee</p> | <p><b>Birthdays</b><br/>8/6 - Edward Newton<br/>8/30 - Thomas Baldwin</p>   |  |  |

Events are Subject to Change.