



TOWN VILLAGE
TULSA

A GRACE MGMT COMMUNITY

It's not like home. It *is* home.™

Your Team

Cindy Vann

Executive Director

Lori Allen

Sales Director

Marti Miley

Business Office Manager

Robin Thompson

Life Enrichment Director

Mary Sorenson

Director of Dining Services

Jose Vega

Director of Environmental

Resident Birthdays

Regina 8/1

Joel 8/2

Loren 8/5

Ruth 8/6

Paul 8/6

Bertha 8/7

Mary Donna 8/7

Jeannie 8/8

Al 8/8

Beulah 8/12

Nancy 8/12

Donna 8/13

Max 8/15

Mary Jo 8/15

Carol 8/16

Billie 8/24

Peter 8/27

Patsy 8/29

Burma 8/31

Welcome to the Family

Our story is yours. We grow older and wiser but are sure to never lose the spark that started it all. Grace Management Continues to evolve, and we're ever more dedicated to nurturing our company and our team to be healthy contributors to communities across the U.S. Delivering exceptional living experiences, we can focus on the big issues that concern the daily lives of our residents—from healthcare and finances to overall quality of life—while never losing sight of the details that matter most: the connections we make along the way.

Bob

Tom

Henry & Brenda

Melvin & Diane

Anthony

Sue

Don

Ronald

Chuck



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AUGUST 2022

Sunday	Monday	Tuesday	Wednesday	Thursday
<p>CO - Cognitive CR - Creative E - Emotional PY - Physical PR - Purposeful SO - Social SP - Spiritual</p> <p>1</p> <p>CO 10:00 Computer & Phones-CR PY 10:00 Sally's Be-Fit-FR PR 10:30 Hobby Lobby & Lunch@El Tequila Mexican CR 1:00 Beginners Paint Class-AS E 2:00 Open Painting Class-AS SP 3:00 Asbury Communion-T SP 7:00 Ministry w/Gary V.-DR</p> <p>7</p> <p>SP 8:45 Church Transportation CO 11:30 Computers & Cell Phones-CR SP 1:00 Lutheran Fellowship-T PR 1:15 Walgreens/Fresh Market SO 3:00 Candy Bingo-DR E 4:00 Richard Hicks Pianist SO 5:30 Play Rumikub-Bistro E 7:00 Inspirational Movie-T</p> <p>14</p> <p>SP 8:45 Church Transportation CO 11:30 Computers & Cell Phones-CR PR 1:15 Walgreens/Fresh Market SO 3:00 Candy Bingo-DR SO 4:00 Robert Smith Performs-DR SO 5:30 Play Rumikub-Bistro E 6:00 Games w/Friends-B 7:00 Inspirational Movie-T</p> <p>21</p> <p>Senior Citizen's Day</p> <p>SP 8:45 Church Transportation CO 11:30 Computers & Cell Phones-CR PR 1:15 Walgreens/Fresh Market SO 3:00 Candy Bingo-DR SO 4:00 Robert Smith Performs-DR SO 5:30 Play Rumikub-Bistro E 6:00 Games w/Friends-B 7:00 Inspirational Movie-T</p> <p>28</p> <p>SP 8:45 Church Transportation CO 11:30 Computers & Cell Phones-CR PR 1:15 Walgreens/Fresh Market SO 3:00 Candy Bingo-DR SO 4:00 Robert Smith's Duet-DR SO 5:30 Play Rumikub-Bistro E 6:00 Games w/Friends-B 7:00 Inspirational Movie-T</p>	<p>1</p> <p>CO 10:00 Computer & Phones-CR PY 10:00 Sally's Be-Fit-FR PR 10:30 Hobby Lobby & Lunch@El Tequila Mexican CR 1:00 Beginners Paint Class-AS E 2:00 Open Painting Class-AS SP 3:00 Asbury Communion-T SP 7:00 Ministry w/Gary V.-DR</p> <p>8</p> <p>CO 10:00 Computer & Phones-CR PY 10:00 Sally's Be-Fit-FR SO 10:30 Philbrook Museum Frida Exhibit & Lunch Outing SO 1:30 Rootbeer Floats w/Joel-DR E 2:00 Open Painting Class-AS CO 3:00 Cleo's Book Review: "Bonnie & Clyde"-Theater</p> <p>15</p> <p>CO 10:00 Computer & Phones-CR PY 10:00 Sally's Be-Fit-FR SO 10:30 Lunch Outing, Top Gun/Elvis Movie Outing CR 1:00 Beginners Paint Class-AS PR 1:00 Sharon's \$5 Jewelry-B E 2:00 Open Painting Class-AS SP 7:00 Ministry w/Gary V.-B</p> <p>22</p> <p>CO 10:00 Computer & Phones-CR PY 10:00 Sally's Be-Fit-FR SO 10:30 Shop At Home Store & Fish Daddy's Lunch CR 1:00 Beginners Paint Class-AS SP 2:00 Hymns & Gospel Songs-DR E 2:00 Open Painting Class-AS SO 6:00 Men's Penny Poker-P</p> <p>29</p> <p>CO 10:00 Computer & Phones-CR PY 10:00 Sally's Be-Fit-FR SO 10:30 RiverSpirit Casino, Jenks Shops & Water Front Lunch CR 1:00 Beginners Paint Class-AS SO 2:00 Bingo & Prizes w/Joel-DR E 2:00 Open Painting Class-AS SP 7:00 Ministry w/Gary V.-DR</p>	<p>2</p> <p>E 8:00 Veteran's Breakfast-DR CR 10:00 Painter's Make Up Class-AS PY 10:00 Stretch & Tone w/Robin-FR SO 1:00 Craft Class w/Cherie-AS SP 2:00 Bingo & Prizes w/Mill.-DR PR 2:00 Study The Bible w/Nick PR 3:00 Charity Knit-Wits-3rd Fl PR 4:00 Sew & Sew Club-3rd FL</p> <p>9</p> <p>CR 10:00 Painter's Make Up Class-AS PY 10:00 Stretch & Tone w/Robin-FR CR 10:30 Catholic Mass-Chapel SO 11:00 Stephen H. Jewelry Sale PY 1:00 Craft Class w/Cherie-AS SP 2:00 Peacemakers Quartet-DR PR 2:00 Study The Bible w/Nick PR 5:00 ELVIS PARTY-DR</p> <p>16</p> <p>CO Tulsa Library Delivery-FD PY 10:00 Stretch & Tone w/Robin-FR SP 10:30 Catholic Mass-Chapel PR 11:00 Stephen H. Jewelry Sale CR 1:00 Craft Class w/Cherie-AS SP 2:00 Peacemakers Quartet-DR SP 2:00 Study The Bible w/Nick SO 5:00 ELVIS PARTY-DR</p> <p>23</p> <p>CR 10:00 Painter's Make Up Class-AS PY 10:00 Stretch & Tone w/Robin-FR CR 1:00 Craft Class w/Cherie-AS PY 2:00 Play Pool-2nd Fl SP 2:00 Study The Bible w/Nick PR 3:00 Charity Knit-Wits-3rd Fl SO 3:00 Play Dominos-Bistro PR 4:00 Sew & Sew Club-3rd FL</p> <p>30</p> <p>CR 10:00 Painter's Make Up Class-AS PY 10:00 Stretch & Tone w/Robin-FR CR 1:00 Craft Class w/Cherie-AS PY 2:00 Play Pool-2nd Fl SP 2:00 Study The Bible w/Nick PR 3:00 Charity Knit-Wits-3rd Fl SO 3:00 Play Dominos-Bistro PR 4:00 Sew & Sew Club-3rd FL</p>	<p>3</p> <p>PR 10:00 Neighborhood Walmart PY 10:00 Fitness w/Sally-FR PR 1:15 Super Walmart/Reasors, Cados, Dollar Tree SO 1:30 Lighterside Trio Performs PR 2:00 Play Spades w/Doris-B SO 3:00 Graceful Giving: Schools SO 6:00 Men's Penny Poker-P</p> <p>10</p> <p>PR 10:00 Neighborhood Walmart PY 10:00 Fitness w/Sally-FR PR 11:00 AVON Calling 35 Years-B PR 1:15 Super Walmart/Reasors, Cados, Dollar Tree SO 1:30 Timothy Turner Broadway SO 2:00 Play Spades w/Doris-B SO 6:00 Men's Penny Poker-P</p> <p>17</p> <p>PR 10:00 Neighborhood Walmart PY 10:00 Fitness w/Sally-FR PY 1:15 Super Walmart/Reasors, Cados, Dollar Tree SO 1:30 Timothy Turner Broadway SO 2:00 Play Spades w/Doris-B PR 3:00 Graceful Giving: Schools SO 6:00 Men's Penny Poker-P</p> <p>24</p> <p>PR 10:00 Neighborhood Walmart PY 10:00 Fitness w/Sally-FR PY 1:15 Super Walmart/Reasors, Cados, Dollar Tree E 1:30 Richard Hicks Pianist SO 2:00 Play Spades w/Doris-B SO 2:30 Win \$ Bingo-DR SO 6:00 Men's Penny Poker-P</p> <p>31</p> <p>PR 10:00 Neighborhood Walmart PY 10:00 Fitness w/Sally-FR PR 1:15 Super Walmart/Reasors, Cados, Dollar Tree SO 1:30 John Southern Performs PR 3:00 Graceful Giving: Schools SO 3:00 Play Cribbage Game-B SO 6:00 Men's Penny Poker-P</p>	<p>4</p> <p>PY 10:00 Balance Class w/Taylor-FR CO 10:00 Computer & Phones-CR CR 10:00 New! Painting w/Patsy-AS PR 1:00 Men's Garage-G SO 2:00 Dime Bingo-DR SO 3:00 Cranium Crunches-AS E 3:00 Karaoke w/Cherie-T CO 3:00 Mind Aerobics-AS</p> <p>11</p> <p>PY 10:00 Balance Class w/Taylor-FR CO 10:00 Computer & Phones-CR CR 10:00 New! Painting w/Patsy-AS PR 11:00 Barb's Boutique-DR PR 1:00 Men's Garage-G SO 2:00 Dime Bingo-DR E 3:00 Karaoke w/Cherie-T CO 3:00 Mind Aerobics-AS</p> <p>18</p> <p>PY 10:00 Balance Class w/Taylor-FR CO 10:00 Computer & Phones-CR CR 10:00 New! Painting w/Patsy-AS PR 1:00 Men's Garage-G PR 2:00 Town Hall Meeting & Special Speaker-DR E 3:00 Karaoke w/Cherie-T CO 3:00 Mind Aerobics-AS</p> <p>25</p> <p>PY 10:00 Balance Class w/Taylor-FR CO 10:00 Computer & Phones-CR CR 10:00 New! Painting w/Patsy-AS PR 1:00 Men's Garage-G SO 2:00 Dime Bingo-DR E 2:00 Staff Meeting-T CO 3:00 Karaoke w/Cherie-T CO 3:00 Mind Aerobics-AS</p> <p>AS-Art Studio B-Bistro DR-Dining Room GR-Game Room L-Library P-Poker Table T-Theater FD-Front Desk</p>

Events are Subject to Change.

Independent Living

NATIONAL be an angel
DAY

22
AUGUST

This day encourages good deeds and kindness to others. Supporting those in need displays the act of an angel here on earth.

THE OFFBEAT



August

FLOWER OF THE MONTH

GLADIOLUS

This flower represents remembrance, calm, integrity, and infatuation.

8222 South Yale Avenue
Tulsa, Oklahoma 74137
918-493-1200
www.townvillagetulsa.com



Friday

Saturday

5	<p>10:00 Stretch & Tone Class-FR 1:30 Jim Tate Guitarist-DR 1:30 Wine & Soda Social-DR 2:30 Choir Practice-DR 3:00 Jeopardy Trivia-AS 3:00 Memoir Writing Group-AS 6:00 Men's Penny Poker-P 7:00 Romance Movie Night-T</p>	6	<p>9:00 Garden Gurus-CY 10:00 Classical Piano Music-DR 12:15 Sandy Knox Pianist-DR 1:30 Wii Bowling Practice-GR 2:00 Play Pool-2nd FL 2:00 Play Scrabble w/Crystal-B 3:00 Play Dominos-B 7:00 Adventure Movie Night-T</p>
12	<p>10:00 Stretch & Tone Class-FR 1:30 Blazer Brothers 50's 1:30 Wine & Soda Social-DR 3:00 Dog Training Class-FR 3:00 Memoir Writing Group-AS 3:00 What Am I Trivia-AS 6:00 Men's Penny Poker-P 7:00 Romance Movie Night-T</p>	13	<p>9:00 Garden Gurus-CY 10:00 Mary's Classical Piano-DR 1:30 Wii Bowling Practice-GR 2:00 Play Pool-2nd FL 2:00 Play Scrabble w/Crystal-B 3:00 L-C-R Dice Game-P 3:00 Play Dominos-B 7:00 Adventure Movie Night-T</p>
19	<p>10:00 Stretch & Tone Class-FR 11:00 Mary Kay Cosmetics-B 1:30 Robert Combs Performs 1:30 Wine & Soda Social-DR 2:30 Choir Practice-DR 3:00 Memoir Writing Group-AS 3:00 Who Am I Trivia-AS 6:00 Men's Penny Poker-P</p>	20	<p>9:00 Garden Gurus-CY 10:00 Mary's Classical Piano-DR 1:30 Wii Bowling Practice-GR 2:00 Play Pool-2nd FL 2:00 Play Scrabble w/Crystal-B 3:00 L-C-R Dice Game-P 3:00 Play Dominos-B 7:00 Adventure Movie Night-T</p>
26	<p>10:00 Stretch & Tone Class-FR 11:00 Barb's Boutique Sale-DR 1:30 Accordionist, Nick B. 1:30 Wine & Soda Social-DR 3:00 Jeopardy Trivia-AS 3:00 Memoir Writing Group-AS 4:00 Captain's B-Day Bash! 6:00 Men's Penny Poker-P</p>	27	<p>9:00 Garden Gurus-CY 10:00 Mary's Classical Piano-DR 1:30 Wii Bowling Practice-GR 2:00 Play Pool-2nd FL 2:00 Play Scrabble w/Crystal-B 3:00 L-C-R Dice Game-P 3:00 Play Dominos-B 7:00 Adventure Movie Night-T</p>

New Fitness Area is on the 3rd Floor by Elevator 3.
Knitting & Sewing Rooms are on the 3rd Floor.

Great Movies are shown every night at 7:00 on our Big Screen TV in the Theater on 2nd Floor.
Invite a Friend for Movie Night!!

Did You Know?



INTERNATIONAL cat DAY



8
AUGUST

THE
OFFBEAT

NATIONAL aviation DAY



19
AUGUST

THE
OFFBEAT



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