



It's not like home. It *is* home.™

## The Leadership Team

### Sheri Sepanak

Executive Director

### Chantel Howard

Wellness Director

### Trisha Ginn

Sr. Village Life Enrichment Manager

### Julie Nobles

Sales Director

### Dale Main

Maintenance Director

### Stacy Jefferies

Dietary Director

### Paris Gentry

Business Office Manager

## The Gem Memory Care

August, 2022

## Resident Birthdays

Jeri Z. 8/11

Norm A 8/17

Marion W. 8/22

Marilyn B. 8/26

Suzanne A. 8/31



# Welcome to the Family

Marion W.



<div><div></div><div>TOWN VILLAGE STERLING HEIGHTS A GRACE MGMT COMMUNITY</div></div>		<div><div>AUGUST 2022</div><div>August 2022 Village</div></div>				<div><div></div><div>4500 Dobry Drive Sterling Heights, Michigan 48314 586-803-0900 www.townvillagesterlingheights.com</div></div>	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	<div>1</div> <div>9:00 Whats Happening Today 10:30 Sit &amp;Stretch 11:00 The Price is Right 2:20 Tender Hearts Therapeutics 3:00 Snack &amp; Chat 3:20 Pamper Yourself 6:00 How Much Was it?</div>	<div>2</div> <div>9:00 Whats Happening Today 10:30 Rise &amp; Shine Fitness 11:00 Flower Arranging 2:00 Summer Photo Bingo 3:00 Snack &amp; Chat 3:30 Aroma Therapy 6:00 The Matching Game</div>	<div>3</div> <div>National Watermelon Day! 9:00 Whats Happening Today 10:15 Arthritis Relief Exercise 11:00 Rosary with Dee 2:30 Suzi Marsh Performs 3:00 Snack &amp; Chat 3:30 Watermelon Slices in the Courtyard 6:00 Casino Night</div>	<div>4</div> <div>9:00 Whats Happening Today 10:30 Sit &amp; Be Fit 11:15 Name that Tune Trivia 2:00 Ron Muka Performs 3:00 Snack &amp; Chat 3:30 Soak the Singer 6:00 Adult Coloring</div>	<div>5</div> <div>9:00 Whats Happening Today 10:30 Chair Exercise 11:00 Crossword Puzzle 2:00 Tabletop Balloon toss 3:00 Snack &amp; Chat 3:30 Happy Hour 6:00 Friday Night Musical</div>	<div>6</div> <div>9:00 Whats Happening Today 10:00 Chair Exercise 10:30 Margaret's Walking Club 11:00 Non-Denominational Church 2:00 Adult Coloring 3:00 Snack &amp; Chat 3:00 Word Games 4:00 Catholic Church Service IN2L 6:00 Saturday Night Movie</div>	
<div>7</div> <div>9:00 Whats Happening Today 10:00 Chair Exercise 11:00 Catholic Church Service IN2L 2:00 Bible Study w/ Ms. Chris 3:00 Snack &amp; Chat 3:30 Travel around the World IN2L 6:00 Sunday Night Movie 7:00 Evening Prayers</div>	<div>8</div> <div>9:00 Whats Happening Today 10:30 Sit &amp;Stretch 11:00 Family Feud IN2L 2:20 Tender Hearts Therapeutics 3:00 Snack &amp; Chat 3:20 Pamper Yourself 6:00 How Much Was it?</div>	<div>9</div> <div>9:00 Whats Happening Today 10:30 Rise &amp; Shine Fitness 11:00 Flower Arranging 2:00 Summer Photo Bingo 3:00 Snack &amp; Chat 3:15 Hand Massages 6:00 The Matching Game</div>	<div>10</div> <div>9:00 Whats Happening Today 10:15 Arthritis Relief Exercise 11:00 Rosary with Dee 2:30 Jeff Cavatio Performs 3:00 Snack &amp; Chat 3:30 Bananagrams 6:00 Casino Night</div>	<div>11</div> <div>9:00 Whats Happening Today 10:30 Sit &amp; Be Fit 11:00 Floor Hockey 11:30 Patriotic Sing-a-Long 2:00 Oberweis Ice Cream Outing 3:00 Snack &amp; Chat 3:30 Puzzle Fun 6:00 Adult Coloring</div>	<div>12</div> <div>9:00 Whats Happening Today 10:30 Chair Exercise 11:00 Therapy Dog Lucy Visits 2:00 Summer Painting Fun 3:00 Snack &amp; Chat 3:30 Happy Hour 6:00 Friday Night Musical</div>	<div>13</div> <div>9:00 Whats Happening Today 10:00 Chair Exercise 10:30 Margaret's Walking Club 11:00 Non-Denominational Church 2:00 Adult Coloring 3:00 Snack &amp; Chat 3:00 Word Games 4:00 Catholic Church Service IN2L 6:00 Saturday Night Movie</div>	
<div>14</div> <div>9:00 Whats Happening Today 10:00 Chair Exercise 11:00 Catholic Church Service IN2L 2:00 Bible Study w/ Ms. Chris 3:00 Snack &amp; Chat 3:30 Travel around the World IN2L 6:00 Sunday Night Movie 7:00 Evening Prayers</div>	<div>15</div> <div>9:00 Whats Happening Today 10:30 Sit &amp;Stretch 11:00 The Price is Right 2:20 Tender Hearts Therapeutics 3:00 Snack &amp; Chat 3:20 Pamper Yourself 6:00 How Much Was it?</div>	<div>16</div> <div>9:00 Whats Happening Today 10:30 Rise &amp; Shine Fitness 11:00 Flower Arranging 2:00 Bingo 3:00 Snack &amp; Chat 3:15 Lemonade in the Courtyard 6:00 The Matching Game</div>	<div>17</div> <div>9:00 Whats Happening Today 10:15 Arthritis Relief Exercise 11:00 Rosary with Dee 2:30 Kenny Lang Performs 3:00 Snack &amp; Chat 3:15 Bananagrams 6:00 Casino Night</div>	<div>18</div> <div>9:00 Whats Happening Today 10:30 Sit &amp; Be Fit 11:30 Balloon Toss 2:00 Yahtzee Dice Game 3:00 Snack &amp; Chat 3:30 Aqua Painting 6:00 Adult Coloring</div>	<div>19</div> <div>9:00 Whats Happening Today 10:30 Chair Exercise 11:00 Crossword Puzzle 2:00 The Matching Game 3:00 Snack &amp; Chat 3:30 Happy Hour 6:00 Friday Night Musical</div>	<div>20</div> <div>9:00 Whats Happening Today 10:00 Chair Exercise 10:30 Margaret's Walking Club 11:00 Non-Denominational Church 2:00 Adult Coloring 3:00 Snack &amp; Chat 3:00 Word Games 4:00 Catholic Church Service IN2L 6:00 Saturday Night Movie</div>	
<div>21</div> <div>Senior Citizen's Day 9:00 Whats Happening Today 10:00 Chair Exercise 11:00 Catholic Church Service IN2L 2:00 Bible Study w/ Ms. Chris 3:00 Snack &amp; Chat 3:30 Travel around the World IN2L 6:00 Sunday Night Movie 7:00 Evening Prayers</div>	<div>22</div> <div>9:00 Whats Happening Today 10:30 Sit &amp;Stretch 11:00 Family Feud IN2L 2:20 Tender Hearts Therapeutics 3:00 Snack &amp; Chat 3:20 Pamper Yourself 6:00 How Much Was it?</div>	<div>23</div> <div>9:00 Whats Happening Today 10:30 Rise &amp; Shine Fitness 11:00 Flower Arranging 2:00 Summer Photo Bingo 3:00 Snack &amp; Chat 3:15 Hand Massages 6:00 The Matching Game</div>	<div>24</div> <div>9:00 Whats Happening Today 10:15 Arthritis Relief Exercise 11:00 Rosary with Dee 2:30 Luau w/ Dennis Farac 3:00 Snack &amp; Chat 3:30 Piggy Bankers word game 6:00 Casino Night</div>	<div>25</div> <div>9:00 Whats Happening Today 10:30 Sit &amp; Be Fit 11:00 Floor Hockey 11:30 Around the House Trivia 2:00 Baskin Robbins Ice Cream Outing 3:00 Snack &amp; Chat 3:30 Puzzle Fun 6:00 Adult Coloring</div>	<div>26</div> <div>National Dog Day! 9:00 Whats Happening Today 10:30 Chair Exercise 11:00 Therapy Dog Buddy Visits! 2:00 Village Resident Council Meeting 3:00 Snack &amp; Chat 3:30 Happy Hour 6:00 Friday Night Musical</div>	<div>27</div> <div>9:00 Whats Happening Today 10:00 Chair Exercise 10:30 Margaret's Walking Club 11:00 Non-Denominational Church 2:00 Adult Coloring 3:00 Snack &amp; Chat 3:00 Word Games 4:00 Catholic Church Service IN2L 6:00 Saturday Night Movie</div>	
<div>28</div> <div>9:00 Whats Happening Today 10:00 Chair Exercise 11:00 Catholic Church Service IN2L 2:00 Bible Study w/ Ms. Chris 3:00 Snack &amp; Chat 3:30 Travel around the World IN2L 6:00 Sunday Night Movie 7:00 Evening Prayers</div>	<div>29</div> <div>9:00 Whats Happening Today 10:30 Sit &amp;Stretch 11:00 The Price is Right 2:20 Tender Hearts Therapeutics 3:00 Snack &amp; Chat 3:20 Pamper Yourself 6:00 How Much Was it?</div>	<div>30</div> <div>9:00 Whats Happening Today 10:30 Rise &amp; Shine Fitness 11:00 Flower Arranging 2:30 Marie Kravitz Performs 3:00 Snack &amp; Chat 3:30 Adult Coloring 6:00 The Matching Game</div>	<div>31</div> <div>9:00 Whats Happening Today 10:15 Arthritis Relief Exercise 11:00 Rosary with Dee 2:00 Summer Photo Bingo 3:00 Snack &amp; Chat 3:30 Back to School Reminisce 6:00 Casino Night</div>	<div><div>CO - Cognitive CR - Creative E - Emotional PY - Physical PR - Purposeful SE - Sensory SO - Social SP - Spiritual</div></div>			

Events are Subject to Change.



## Resident Spotlight



**Barbara G.**

**Occupation:** cosmetics at Hudsons then Macys, She even met movie stars while working!

**HomeTown:** Detroit


**Favorite Food:** Milkshakes, Malts, Sanders hot fudge, sweets!

**Favorite Season:** Summer

**Favorite Animal:** Dogs & Birds

**Favorite Pastime:** Loved to travel, Collected buttons & Stamps. Cross stitch, Watching Down Town Abby and the royal family.

**Thank you for being part of our Family Barbara!**




### Soak the Singer

Squirt guns, water cannons, water blasters. We will be using these things to help raise money for a local homeless shelter in our area. Soak the Singer kicks off with entertainer Ron Muka letting us SOAK him! Come join us on the front lawn Thursday August 4th at 3:30pm for a wet, wild good time for charity!



### The Gem Tropical Luau

Grab your grass skirts & your pineapple and get ready to do the hula! We will celebrate with the tropical sounds of Dennis Farac on the steel drums and ice cold margaritas in our hands!



### Oberweis Dairy Ice Cream Outing

We have a couple more stops on our local ice cream shop tour, We will venture to a local shop on August 11th, in Troy that specializes in Hershey brand ice cream and all the normal sweet treats! Climb aboard the bus and join the fun!



HAPPY BIRTHDAY

## August

People who are born in August tend to be confident, strong, and organized. This month's birthstone is the Peridot, which symbolizes strength.