



**THE RANCH ESTATES
OF TUCSON**
A GRACE MGMT COMMUNITY

JULY 2022

The ranch Estates

2365 West Orange Grove Road
Tucson, Arizona 85741
(520) 328-8509
www.theranchestatesoftucson.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Birthdays 7/1 - William M 7/3 - Gregory H 7/12 - Wayne P 7/24 - Kathy G 7/26 - Carolyn S</p>		<p>CR: Community Room DK: Demonstration Kitchen T: Theater B: Bistro GR: Game Room LR2: Living Room 2 upstairs</p>	<p>Monthly Celebrations Alzheimers's Brain Heath Sunshine Wedding</p>		<p>1 PY 9:00 Ranch Walkers (Lobby) CO 9:30 Daily Chronicles 10:30 Tai Chi w/ Katherine (CR) CO 1:30 Crossword (CR) SO 3:00 Ice-Cream Social (B)</p>	<p>2 PY 9:00 Ranch Walkers (Lobby) CO 9:30 Daily Chronicles PY 10:00 Sit and Stretch (CR) 10:30 Noodle Volley (CR) 1:00 Open Studio Art Class w/ Lindsey (LR2)</p>
<p>3 PY 9:00 Ranch Walkers (Lobby) CO 9:30 Daily Chronicles PY 10:00 Cardio Blast (Fitness Center) CO 1:00 Word-a-Thon (CR) 2:00 Dominoes (Game Room)</p>	<p>4 Independence Day PY 9:00 Ranch Walkers (Lobby) CO 9:30 Daily Chronicles 10:00 Flag Ceremony (Flag Pole) PY 10:30 Independence Day Music Guest</p>	<p>5 PY 9:00 Ranch Walkers (Lobby) CO 9:30 Daily Chronicles PY 10:00 Chair Yoga (CR) 10:30 Ladies Social (LR2) 1:30 Sweet Bingo (GR) CO 3:00 Blackjack/21</p>	<p>6 PY 9:00 Ranch Walkers (Lobby) CO 9:30 Daily Chronicles PY 10:00 30 Minute Workout w/ Kea(CR) CR 10:30 Arts & Crafts w/ Armando (DK)</p>	<p>7 PY 9:00 Ranch Walkers (Lobby) CO 9:30 Daily Chronicles PY 10:00 Fit As A Fiddle with Georgie (CR) 10:30 Pet Visits in Lobby 1:30 Scrabble</p>	<p>8 PY 9:00 Ranch Walkers (Lobby) CO 9:30 Daily Chronicles 10:00 Trivia PY 11:00 Chair Zumba Gold CO 1:30 Crossword (CR) SO 3:00 Ice-Cream Social (B)</p>	<p>9 PY 9:00 Ranch Walkers (Lobby) CO 9:30 Daily Chronicles PY 10:00 Sit and Stretch (CR) 10:30 Noodle Volley (CR) 1:10 Diamondbacks Game (B)</p>
<p>10 PY 9:00 Ranch Walkers (Lobby) CO 9:30 Daily Chronicles PY 10:00 Cardio Blast (Fitness Center) 10:45 Ladder Ball (CR) CO 1:00 Word-a-Thon (CR)</p>	<p>11 PY 9:00 Ranch Walkers (Lobby) CO 9:30 Daily Chronicles 10:00 Morning Exercise 10:45 Balloon Volley Ball 1:30 Name That Tune (CR) 3:00 Shuffleboard (GR)</p>	<p>12 PY 9:00 Ranch Walkers (Lobby) CO 9:30 Daily Chronicles 10:00 Fun Fitness (CR) 10:30 Ladies Social (LR2) 1:30 Sweet Bingo (GR) 1:30 Movie Outing (please sign up at front desk)</p>	<p>13 PY 9:00 Ranch Walkers (Lobby) CO 9:30 Daily Chronicles PY 10:00 30 Minute Workout w/ Kea(CR) CR 10:30 Game Time (CR) 1:30 Guess That Slogan (DK)</p>	<p>14 PY 9:00 Ranch Walkers (Lobby) CO 9:30 Daily Chronicles PY 10:00 Fun Fitness w/ Kea (CR) PR 10:30 Town Hall (CR) 1:30 Finishing Lines (CR)</p>	<p>15 PY 9:00 Ranch Walkers (Lobby) CO 9:30 Daily Chronicles 10:00 Trivia (CR) 10:30 Tai Chi w/ Katherine (CR) CO 1:30 Crossword (CR)</p>	<p>16 PY 9:00 Ranch Walkers (Lobby) CO 9:30 Daily Chronicles PY 10:00 Sit and Stretch (CR) 10:30 Noodle Volley (CR) 1:00 Art Class w/ Lindsey (GR)</p>
<p>17 PY 9:00 Ranch Walkers (Lobby) CO 9:30 Daily Chronicles PY 10:00 Cardio Blast (Fitness Center) CO 1:00 Word-a-Thon (CR) 2:00 Dominoes (Game Room)</p>	<p>18 PY 9:00 Ranch Walkers (Lobby) CO 9:30 Daily Chronicles 10:00 Morning Exercises 10:30 Hangman SO 1:30 Yatzee (GR) 3:00 Theater Time (T)</p>	<p>19 PY 9:00 Ranch Walkers (Lobby) CO 9:30 Daily Chronicles 10:00 Chair Yoga 10:30 Ladies Social (LR2) 10:30 Men's Group 1:30 Sweet Bingo (GR)</p>	<p>20 PY 9:00 Ranch Walkers (Lobby) CO 9:30 Daily Chronicles PY 10:00 30 Minute Workout w/ Kea(CR) CR 10:30 Arts & Crafts w/ Armando (DK)</p>	<p>21 PY 9:00 Ranch Walkers (Lobby) CO 9:30 Daily Chronicles 10:00 Get Fit (CR) 10:45 Graceful Giving (CR) 1:00 Gorgeous Grandma Glam Me Up Day! (Theater)</p>	<p>22 PY 9:00 Ranch Walkers (Lobby) CO 9:30 Daily Chronicles 10:00 Trivia 11:00 Chair Zumba Gold (CR) CO 1:30 Crossword (CR) SO 3:00 Ice-Cream Social (B)</p>	<p>23 PY 9:00 Ranch Walkers (Lobby) CO 9:30 Daily Chronicles PY 10:00 Sit and Stretch (CR) 10:30 Noodle Volley (CR) 1:00 Art Class w/ Lindsey CR 2:30 Nickel Bingo</p>
<p>24 PY 9:00 Ranch Walkers (Lobby) CO 9:30 Daily Chronicles PY 10:00 Cardio Blast (Fitness Center) 10:45 Ladder Ball (CR) CO 1:00 Word-a-Thon (CR)</p>	<p>25 PY 9:00 Ranch Walkers (Lobby) CO 9:30 Daily Chronicles PY 10:00 Morning Exercise 10:30 Hangman (CR) 10:45 Balloon Volley Ball 1:30 Name That Tune</p>	<p>26 PY 9:00 Ranch Walkers (Lobby) CO 9:30 Daily Chronicles 10:00 Fun Fitness (CR) CO 10:30 Art Talks (T) 10:30 Ladies Social (LR2) 1:30 Sweet Bingo (GR)</p>	<p>27 PY 9:00 Ranch Walkers (Lobby) CO 9:30 Daily Chronicles PY 10:00 30 Minute Workout w/ Kea(CR) CR 10:30 Game Time (Community Room)</p>	<p>28 PY 9:00 Ranch Walkers (Lobby) CO 9:30 Daily Chronicles 10:00 Get Fit w/ Kea 10:30 Pet Visits in Lobby 1:30 Deal or No Deal (CR) PR 3:00 Resident's Council Meeting</p>	<p>29 PY 9:00 Ranch Walkers (Lobby) CO 9:30 Daily Chronicles 10:00 Morning Moves CO 1:30 Crossword (CR) SO 3:00 Ice-Cream Social (B) SO 3:00 Theater Time (T)</p>	<p>30 PY 9:00 Ranch Walkers (Lobby) CO 9:30 Daily Chronicles PY 10:00 Sit and Stretch (CR) 10:30 Noodle Volley (CR) 2:30 Nickel Bingo SO 3:00 Theater Time (T)</p>
<p>31 PY 9:00 Ranch Walkers (Lobby) CO 9:30 Daily Chronicles PY 10:00 Cardio Blast (Fitness Center) CO 1:00 Word-a-Thon (CR) 2:00 Dominoes (Game Room)</p>						

Events are Subject to Change.