

AUGUST 2022

Inspirations of River Centre

5665 East River Road
Tucson, Arizona 85750
(520) 529-7100
www.inspirationsofrivercentre.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Games and puzzles are located in the activity room	1 SO 8:30 Easy Listening - DR PE 10:00 Chair Exercise -AR PE 10:30 Gospel Piano - Lobby I 1:30 Lawrence Welk Hour - TR CO 3:00 Remember When - TR CO 3:30 Slap Jack- AR	2 CO 8:30 Easy Listening-DR PY 10:00 Chair Exercise-AR PR 10:30 History Club-TR SE 1:30 Bingo-AR SE 2:30 Popcorn Time - Cafe CO 3:30 Table Games-AR	3 CO 8:30 Easy Listening-DR PY 10:00 Chair Exercise-AR PR 10:30 Bible Study with Melody - TR I 1:30 Documentary Club - TR CO 3:00 Gospel Piano - Lobby CO 3:30 Dominoes - AR	4 CO 8:30 Easy Listening-DR PY 10:00 Chair Exercise - AR CR 10:30 Arts and Crafts - AR SO 1:30 Bingo - AR E 2:30 Nail Spa - TR CO 3:30 Table Games - AR	5 CO 8:30 Easy Listening-DR PY 10:00 Chair Exercise - AR PR 10:30 Resident Shopping BUS TRIP - Lobby SO 2:00 Happy Hour-AR SE 3:00 Afternoon Matinee - TR	6 PR 8:00 Resident Lead Activity Day CO 8:30 Easy Listening-DR CR 10:00 Puzzle Corner-TR E 1:30 Memory Lane Music - TR CO 3:30 Table Games - AR
7 PR 8:00 Resident Lead Activity Day SP 9:00 Sunday Morning Worship w/ Friendship Missionary Baptist Church-FL CR 10:00 Puzzle Corner-TR CO 10:30 Word-A-Thon-AR SE 1:00 Scrabble-AR CO 2:00 Mexican Domino's-AR	8 SO 8:30 Easy Listening - DR PE 10:00 Chair Exercise -AR PE 10:30 Word Search - AR CO 3:00 Remember When - TR CO 3:30 Slap Jack- AR	9 CO 8:30 Easy Listening-DR PY 10:00 Chair Exercise-AR PR 10:30 Crossword - AR SE 1:30 Bingo-AR CO 3:30 Table Games-AR	10 CO 8:30 Easy Listening-DR PY 10:00 Chair Exercise-AR I 1:30 Scrabble - AR CO 3:00 Rummikube - Lobby CO 3:30 Dominoes - AR	11 CO 8:30 Easy Listening-DR PY 10:00 Chair Exercise - AR CR 10:30 Arts and Crafts - AR SO 1:30 Bingo - AR E 2:30 Nail Spa - TR CO 3:30 Table Games - AR	12 CO 8:30 Easy Listening-DR PY 10:00 Chair Exercise - AR SE 10:30 Scrabble - AR SO 2:00 Happy Hour-AR SE 3:00 Afternoon Matinee - TR	13 PR 8:00 Resident Lead Activity Day CO 8:30 Easy Listening-DR PR 10:00 Puzzle Corner-TR E 1:30 Memory Lane Music- TR CO 3:30 Table Games - AR
14 PR 8:00 Resident Lead Activity Day SP 9:00 Sunday Morning Worship w/ Friendship Missionary Baptist Church-FL SE 10:00 Puzzle Corner-TR CO 10:30 Word-A-Thon-AR SE 1:00 Scrabble-AR CO 2:00 Mexican Domino's-AR	15 SO 8:30 Easy Listening - DR PE 10:00 Chair Exercise -AR PE 10:30 Gospel Piano - Lobby I 1:30 Lawrence Welk Hour - TR CO 3:00 Remember When - TR CO 3:30 Slap Jack- AR	16 CO 8:30 Easy Listening-DR PY 10:00 Chair Exercise-AR PR 10:30 History Club-TR SO 1:30 Bingo - AR SE 2:30 Popcorn Time - Cafe CO 3:30 Table Games-AR	17 CO 8:30 Easy Listening-DR PY 10:00 Chair Exercise-AR PR 10:30 Bible Study with Melody - TR I 1:30 Documentary Club - TR SO 3:00 Blues & BBQ Party! - DR	18 CO 8:30 Easy Listening-DR PY 10:00 Chair Exercise - AR CR 10:30 Arts and Crafts - AR E 1:30 All Staff Meeting - DR CO 2:30 Nail Spa - TR CO 3:30 Table Games - AR	19 CO 8:30 Easy Listening-DR PY 10:00 Chair Exercise - AR PR 10:30 Resident Shopping BUS TRIP - Lobby SO 2:00 Happy Hour-AR SE 3:00 Afternoon Matinee - TR	20 PR 8:00 Resident Lead Activity Day CO 8:30 Easy Listening-DR CR 10:00 Puzzle Corner-TR E 1:30 Memory Lane Music- TR CO 3:30 Table Games - AR
21 Senior Citizen's Day PR 8:00 Resident Lead Activity Day SP 9:00 Sunday Morning Worship w/ Friendship Missionary Baptist Church-FL CR 10:00 Puzzle Corner-TR CO 10:30 Word-A-Thon-AR SE 1:00 Scrabble-AR CO 2:00 Mexican Domino's-AR	22 SO 8:30 Easy Listening - DR PE 10:00 Chair Exercise -AR PE 10:30 Gospel Piano - Lobby I 1:30 Lawrence Welk Hour - TR CO 3:00 Remember When - TR CO 3:30 Slap Jack- AR	23 CO 8:30 Easy Listening-DR PY 10:00 Chair Exercise-AR PR 10:30 History Club-TR SO 11:30 Resident's Lunch Outing - Lobby SE 2:30 Popcorn Time - Cafe CO 3:30 Table Games-AR	24 CO 8:30 Easy Listening-DR PY 10:00 Chair Exercise-AR PR 10:30 Bible Study with Melody - TR I 1:30 Documentary Club - TR CO 3:00 Gospel Piano - Lobby CO 3:30 Dominoes - AR	25 CO 8:30 Easy Listening-DR PY 10:00 Chair Exercise - AR PR 10:30 Residents Town Hall Meeting- DR SO 1:30 Bingo - AR E 2:30 Nail Spa - TR CO 3:30 Table Games - AR	26 CO 8:30 Easy Listening-DR PY 10:00 Chair Exercise - AR PR 10:30 Resident Shopping BUS TRIP - Lobby PR 2:00 Resident Birthday Celebration - DR SE 3:00 Afternoon Matinee - TR	27 PR 8:00 Resident Lead Activity Day CO 8:30 Easy Listening-DR SE 10:00 Puzzle Corner-TR E 1:30 Memory Lane Music - TR CO 3:30 Table Games - AR
28 PR 8:00 Resident Lead Activity Day SP 9:00 Sunday Morning Worship w/ Friendship Missionary Baptist Church-FL SE 10:00 Puzzle Corner-TR CO 10:30 Word-A-Thon-AR SE 1:00 Scrabble-AR CO 2:00 Mexican Domino's-AR	29 SO 8:30 Easy Listening - DR PE 10:00 Chair Exercise -AR PE 10:30 Gospel Piano - Lobby I 1:30 Lawrence Welk Hour - TR CO 3:00 Remember When - TR CO 3:30 Slap Jack- AR	30 CO 8:30 Easy Listening-DR PY 10:00 Chair Exercise-AR PR 10:30 History Club-TR SE 1:30 Bingo-AR SE 2:30 Popcorn Time - Cafe CO 3:30 Table Games-AR	31 CO 8:30 Easy Listening-DR PY 10:00 Chair Exercise-AR PR 10:30 Bible Study with Melody - TR I 1:30 Documentary Club - TR CO 3:00 Gospel Piano - Lobby CO 3:30 Dominoes - AR	Check your community monitors for daily schedules and any possible changes. Bus outings and resident shopping trips are on a first come, first served basis. Please see Melody to sign up for bus outings and resident shopping trips!		