

# AUGUST 2022

MC Calendar JULY

520 Woodlake Dr.  
Mount Washington, KY 40047  
502-219-3075  
inspirationsofmountwashington.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>CO</b> - Cognitive <b>CR</b> - Creative <b>E</b> - Emotional <b>I</b> - Intergenerational <b>PY</b> - Physical <b>PR</b> - Purposeful <b>SE</b> - Sensory <b>SO</b> - Social <b>SP</b> - Spiritual</p>	<p><b>1</b></p> <p><b>CO</b> 10:30 Coffee and News <b>SP</b> 10:45 Devotions &amp; Hymns <b>PY</b> 11:00 Exercise <b>CO</b> 11:30 On This Day in History <b>SO</b> 12:30 Hydration Station / Hand Hygiene <b>SO</b> 1:30 Mystery Trip (Outing) <b>SO</b> 2:30 Behind the Scenes: Judy Garland</p>	<p><b>2</b></p> <p><b>CO</b> 10:30 Coffee and News <b>SP</b> 10:45 Devotions &amp; Hymns <b>PY</b> 11:00 Exercise <b>CO</b> 11:30 On This Day in History <b>SO</b> 12:30 Hydration Station / Hand Hygiene <b>PY</b> 1:30 Walking Club <b>CO</b> 2:00 BINGO <b>CO</b> 3:00 Finish The Line</p>	<p><b>3</b></p> <p><b>CO</b> 10:30 Coffee and News <b>SP</b> 10:45 Devotions &amp; Hymns <b>PY</b> 11:00 Exercise <b>CO</b> 11:30 Square Watermelons <b>SO</b> 12:30 Hydration Station / Hand Hygiene <b>PY</b> 1:00 Corn Hole <b>CR</b> 2:00 <b>Craft Class: Watermelon Fans</b></p>	<p><b>4</b></p> <p><b>CO</b> 10:30 Coffee and News <b>SP</b> 10:45 Devotions &amp; Hymns <b>PY</b> 11:00 Exercise <b>CO</b> 11:30 On This Day in History <b>SO</b> 12:30 Hydration Station / Hand Hygiene <b>PY</b> 1:30 Walking Club <b>SO</b> 2:00 <b>Birthdays Party (Music w/ David Hunt)</b></p>	<p><b>5</b></p> <p><b>CO</b> 10:30 Coffee and News <b>SP</b> 10:45 Devotions &amp; Hymns <b>PY</b> 11:00 Exercise <b>CO</b> 11:30 On This Day in History <b>SO</b> 12:30 Hydration Station / Hand Hygiene <b>PY</b> 1:00 Corn Hole <b>SO</b> 2:00 Inspirations Airlines to Mumbai, India</p>	<p><b>6</b></p> <p><b>CO</b> 10:30 Coffee and News <b>SP</b> 10:45 Devotions &amp; Hymns <b>PY</b> 11:00 Exercise <b>CO</b> 11:30 On This Day in History <b>SO</b> 12:30 Hydration Station / Hand Hygiene <b>SE</b> 2:00 Aroma Therapy <b>CO</b> 2:00 BINGO <b>SO</b> 6:30 Movie &amp; Popcorn</p>
<p><b>7</b></p> <p><b>SP</b> 10:00 Worship-FBC <b>PY</b> 11:00 Exercise <b>CO</b> 11:30 On This Day in History <b>SO</b> 12:30 Hydration Station / Hand Hygiene <b>PY</b> 1:30 Walking Club <b>CR</b> 2:30 Balloon Volleyball <b>CO</b> 3:00 Finish The Line 6:00 Movie and Popcorn</p>	<p><b>8</b></p> <p><b>CO</b> 10:30 Coffee and News <b>SP</b> 10:45 Devotions &amp; Hymns <b>PY</b> 11:00 Exercise <b>CO</b> 11:30 On This Day in History <b>SO</b> 12:30 Hydration Station / Hand Hygiene <b>PY</b> 1:00 Corn Hole <b>PR</b> 3:30 Sorting Activity <b>CO</b> 6:30 <b>Night Time Bingo</b></p>	<p><b>9</b></p> <p><b>CO</b> 10:30 Coffee and News <b>SP</b> 10:45 Devotions &amp; Hymns <b>PY</b> 11:00 Exercise <b>CO</b> 11:30 On This Day in History <b>SO</b> 12:30 Hydration Station / Hand Hygiene <b>PY</b> 1:30 Walking Club <b>CO</b> 2:00 BINGO <b>CO</b> 3:00 Finish The Line</p>	<p><b>10</b></p> <p><b>CO</b> 10:30 Coffee and News <b>SP</b> 10:45 Devotions &amp; Hymns <b>PY</b> 11:00 Exercise <b>CO</b> 11:30 On This Day in History <b>SO</b> 12:30 Hydration Station / Hand Hygiene <b>PY</b> 1:30 SwatterBall <b>CO</b> 2:00 <b>Craft Class-Painting</b> <b>PY</b> 3:00 Corn Hole</p>	<p><b>11</b></p> <p><b>CO</b> 10:30 Coffee and News <b>SP</b> 10:45 Devotions &amp; Hymns <b>PY</b> 11:00 Exercise <b>CO</b> 11:30 On This Day in History <b>SO</b> 12:30 Hydration Station / Hand Hygiene <b>PY</b> 1:30 Walking Club <b>CO</b> 2:00 BINGO <b>CO</b> 3:00 Finish The Line</p>	<p><b>12</b></p> <p><b>CO</b> 10:30 Coffee and News <b>SP</b> 10:45 Devotions &amp; Hymns <b>PY</b> 11:00 Exercise <b>CO</b> 11:30 On This Day in History <b>SO</b> 12:30 Hydration Station / Hand Hygiene <b>PY</b> 1:00 Corn Hole <b>I</b> 2:00 <b>Inspirations Airlines-Jaipur, India</b></p>	<p><b>13</b></p> <p><b>CO</b> 10:30 Coffee and News <b>SP</b> 10:45 Devotions &amp; Hymns <b>PY</b> 11:00 Exercise <b>CO</b> 11:30 On This Day in History <b>SO</b> 12:30 Hydration Station / Hand Hygiene <b>CO</b> 2:00 BINGO <b>SE</b> 2:00 Music-Louisville Dulcimer Society</p>
<p><b>14</b></p> <p><b>SP</b> 10:00 Worship-FBC <b>PY</b> 11:00 Exercise <b>CO</b> 11:30 On This Day in History <b>SO</b> 12:30 Hydration Station / Hand Hygiene <b>PY</b> 1:30 Walking Club <b>CR</b> 2:30 Balloon Volleyball <b>CO</b> 3:00 Finish The Line 6:00 Movie and Popcorn</p>	<p><b>15</b></p> <p><b>CO</b> 10:30 Coffee and News <b>SP</b> 10:45 Devotions &amp; Hymns <b>PY</b> 11:00 Exercise <b>CO</b> 11:30 On This Day in History <b>SO</b> 12:00 <b>LUNCH at ARBY'S</b> <b>SO</b> 12:30 Hydration Station / Hand Hygiene <b>PY</b> 1:00 Corn Hole <b>CR</b> 2:00 <b>Bullitt County Public</b></p>	<p><b>16</b></p> <p><b>CO</b> 10:30 Coffee and News <b>SP</b> 10:45 Devotions &amp; Hymns <b>PY</b> 11:00 Exercise <b>CO</b> 11:30 On This Day in History <b>SO</b> 12:30 Hydration Station / Hand Hygiene <b>PY</b> 1:30 Walking Club <b>CO</b> 2:00 BINGO <b>CO</b> 3:00 Finish The Line</p>	<p><b>17</b></p> <p><b>CO</b> 10:30 Coffee and News <b>SP</b> 10:45 Devotions &amp; Hymns <b>PY</b> 11:00 Exercise <b>CO</b> 11:30 On This Day in History <b>SO</b> 12:30 Hydration Station / Hand Hygiene <b>PY</b> 1:00 Corn Hole <b>CR</b> 2:00 <b>Craft Class-Mandolas</b> <b>SE</b> 3:30 What's That Sound</p>	<p><b>18</b></p> <p><b>CO</b> 10:30 Coffee and News <b>SP</b> 10:45 Devotions &amp; Hymns <b>PY</b> 11:00 Exercise <b>CO</b> 11:30 On This Day in History <b>SO</b> 12:30 Hydration Station / Hand Hygiene <b>PY</b> 1:30 Walking Club <b>CO</b> 2:00 BINGO <b>CO</b> 3:00 Finish The Line</p>	<p><b>19</b></p> <p><b>CO</b> 10:30 Coffee and News <b>SP</b> 10:45 Devotions &amp; Hymns <b>PY</b> 11:00 Exercise <b>CO</b> 11:30 On This Day in History <b>SO</b> 12:30 Hydration Station / Hand Hygiene <b>PY</b> 1:00 Corn Hole <b>I</b> 2:00 Inspirations Airlines-Agra, India</p>	<p><b>20</b></p> <p><b>CO</b> 10:30 Coffee and News <b>SP</b> 10:45 Devotions &amp; Hymns <b>PY</b> 11:00 Exercise <b>CO</b> 11:30 On This Day in History <b>SO</b> 12:30 Hydration Station / Hand Hygiene <b>SE</b> 2:00 Aroma Therapy <b>CO</b> 2:00 BINGO <b>SO</b> 2:00 <b>Music-Kosair Dance Band</b></p>
<p><b>21</b> <b>Senior Citizen's Day</b></p> <p><b>SP</b> 10:00 Worship-FBC <b>PY</b> 11:00 Exercise <b>CO</b> 11:30 On This Day in History <b>SO</b> 12:30 Hydration Station / Hand Hygiene <b>PY</b> 1:30 Walking Club <b>CR</b> 2:30 Balloon Volleyball <b>CO</b> 3:00 Finish The Line 6:00 Movie and Popcorn</p>	<p><b>22</b></p> <p><b>CO</b> 10:30 Coffee and News <b>SP</b> 10:45 Devotions &amp; Hymns <b>PY</b> 11:00 Exercise <b>CO</b> 11:30 On This Day in History <b>SO</b> 12:00 <b>LUNCH at FRISCH'S</b> <b>SO</b> 12:30 Hydration Station / Hand Hygiene <b>PY</b> 1:00 Corn Hole <b>CO</b> 2:30 Behind the Music-Loretta</p>	<p><b>23</b></p> <p><b>CO</b> 10:30 Coffee and News <b>SP</b> 10:45 Devotions &amp; Hymns <b>PY</b> 11:00 Exercise <b>CO</b> 11:30 On This Day in History <b>SO</b> 12:30 Hydration Station / Hand Hygiene <b>PY</b> 1:30 Walking Club <b>CO</b> 2:00 BINGO <b>CO</b> 3:00 Finish The Line</p>	<p><b>24</b></p> <p><b>CO</b> 10:30 Coffee and News <b>SP</b> 10:45 Devotions &amp; Hymns <b>PY</b> 11:00 Exercise <b>CO</b> 11:30 On This Day in History <b>SO</b> 12:30 Hydration Station / Hand Hygiene <b>PY</b> 1:30 Kickball <b>CO</b> 2:00 Card Matching <b>CO</b> 3:30 Name That Tune</p>	<p><b>25</b></p> <p><b>CO</b> 10:30 Coffee and News <b>SP</b> 10:45 Devotions &amp; Hymns <b>PY</b> 11:00 Exercise <b>CO</b> 11:30 On This Day in History <b>SO</b> 12:30 Hydration Station / Hand Hygiene <b>PY</b> 1:30 Walking Club <b>CO</b> 2:00 BINGO <b>CO</b> 3:00 Finish The Line</p>	<p><b>26</b></p> <p><b>CO</b> 10:30 Coffee and News <b>SP</b> 10:45 Devotions &amp; Hymns <b>PY</b> 11:00 Exercise <b>CO</b> 11:30 On This Day in History <b>SO</b> 12:30 Hydration Station / Hand Hygiene <b>PY</b> 1:00 Corn Hole <b>I</b> 2:00 <b>Luau with 'Ike Roa</b> <b>CR</b> 3:30 Coloring</p>	<p><b>27</b></p> <p><b>CO</b> 10:30 Coffee and News <b>SP</b> 10:45 Devotions &amp; Hymns <b>PY</b> 11:00 Exercise <b>CO</b> 11:30 On This Day in History <b>SO</b> 12:30 Hydration Station / Hand Hygiene <b>CO</b> 2:00 BINGO <b>SO</b> 2:00 <b>Music with Doug Pinson</b> <b>SO</b> 6:30 Movie &amp; Popcorn</p>
<p><b>28</b></p> <p><b>SP</b> 10:00 Worship-FBC <b>PY</b> 11:00 Exercise <b>CO</b> 11:30 On This Day in History <b>SO</b> 12:30 Hydration Station / Hand Hygiene <b>PY</b> 1:30 Walking Club <b>CO</b> 2:00 BINGO with SUSAN <b>CR</b> 3:30 Balloon Volleyball 6:00 Movie and Popcorn</p>	<p><b>29</b></p> <p><b>CO</b> 10:30 Coffee and News <b>SP</b> 10:45 Devotions &amp; Hymns <b>PY</b> 11:00 Exercise <b>CO</b> 11:30 On This Day in History <b>SO</b> 12:00 <b>LUNCH at OUTBACK</b> <b>SO</b> 12:30 Hydration Station / Hand Hygiene <b>PY</b> 1:00 Corn Hole <b>PY</b> 2:30 Bowling</p>	<p><b>30</b></p> <p><b>CO</b> 10:30 Coffee and News <b>SP</b> 10:45 Devotions &amp; Hymns <b>PY</b> 11:00 Exercise <b>CO</b> 11:30 On This Day in History <b>SO</b> 12:30 Hydration Station / Hand Hygiene <b>PY</b> 1:30 Walking Club <b>CO</b> 2:00 BINGO <b>CO</b> 3:00 Finish The Line</p>	<p><b>31</b></p> <p><b>CO</b> 10:30 Coffee and News <b>SP</b> 10:45 Devotions &amp; Hymns <b>PY</b> 11:00 Exercise <b>CO</b> 11:30 On This Day in History <b>SO</b> 12:30 Hydration Station / Hand Hygiene <b>PY</b> 1:00 Corn Hole <b>PY</b> 1:30 SwatterBall <b>PR</b> 2:00 <b>BINGO STORE</b></p>	<p><b>Birthdays</b> 8/18 - Liz Davis</p>		

Events are Subject to Change.