



HERITAGE OAKS
A GRACE MGMT COMMUNITY

AUGUST 2022

1100 German School Road
Richmond, Virginia 23225
804-323-3800
www.heritageoaksseniorliving.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>CO - Cognitive CR - Creative PY - Physical PR - Purposeful SO - Social SP - Spiritual</p>	<p>1</p> <p>PY 10:00 Moving to the Beat (A) SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) SO 1:30 Redfern's CBD Pop up Shop - A CO 3:00 Hangman -A</p>	<p>2</p> <p>PY 10:00 Moving to the Beat (A) SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) SO 1:30 National Ice Cream Sandwich Day -A PY 3:00 Boccee Ball -A</p>	<p>3</p> <p>SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) SO 12:30 Shopping Trip to Roses -O SP 2:30 Devotions [C] SO 3:30 Wine Wednesday [A]</p>	<p>4</p> <p>PY 10:00 Moving to the Beat (A) SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) SO 1:30 National Chocolate Chip Cookie Day Social -A PY 3:00 Corn Hole -A</p>	<p>5</p> <p>SO 9:00 Walmart (O) SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) SO 11:00 Lunch Outing to Park Lane Tavern -O SO 3:00 Happy Hour [AR]</p>	<p>6</p> <p>SP 10:30 Communion [CH] SP 10:30 Worship Service w/ Dr. Harbuck [CH] SO 1:00 Easy Listening Music [A]</p>
<p>7</p> <p>CR 1:00 Cards [L] CR 1:00 Easy Listening [A]</p>	<p>8</p> <p>PY 10:00 Moving to the Beat (A) SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) SO 1:00 Craig Anders performs - A CO 3:00 Pokeno -AR</p>	<p>9</p> <p>PY 10:00 Moving to the Beat (A) SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) SO 1:30 Buzz Lawler performs - A CO 3:00 5 Cent Bingo -A</p>	<p>10</p> <p>SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) SO 12:00 Shopping Trip to Chesterfield Towne Center -O SP 2:30 Devotions [C] SO 3:30 Wine Wednesday w/ Joe Loschiavo [A]</p>	<p>11</p> <p>SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) SO 1:30 Independent Card Games -A</p>	<p>12</p> <p>SO 9:00 Walmart (O) SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) SO 12:00 Lunch Outing to Outback -O</p>	<p>13</p> <p>SP 10:30 Worship Service w/ Dr. Harbuck [CH] SO 1:00 Easy Listening Music [A]</p>
<p>14</p> <p>CR 1:00 Cards [L] CR 1:00 Easy Listening [A]</p>	<p>15</p> <p>PY 10:00 Moving to the Beat (A) SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) PY 1:30 Ring Toss -A CO 3:00 Hangman -A</p>	<p>16</p> <p>PY 10:00 Moving to the Beat (A) SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) SO 1:30 Kevin Sings the Classics -A SO 3:00 Wine Tuesday -A</p>	<p>17</p> <p>SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) SP 2:30 Devotions [C] SO 3:30 Wine Wednesday [A] SO 11:30 Shopping Trip to International Food Market -O</p>	<p>18</p> <p>PY 10:00 Moving to the Beat (A) SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) CO 1:30 Hangman -A PR 3:00 Blood Pressure Clinic - A</p>	<p>19</p> <p>SO 9:00 Walmart (O) SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) CO 11:30 Lunch Outing to Cooper Hawks -O SO 3:00 Happy Hour [AR]</p>	<p>20</p> <p>SP 10:30 Worship Service w/ Dr. Harbuck [CH] SO 1:00 Easy Listening Music [A]</p>
<p>21 Senior Citizen's Day</p> <p>CR 1:00 Cards [L] CR 1:00 Easy Listening [A]</p>	<p>22</p> <p>PY 9:30 Jammin with Jillson (A) PY 10:00 Moving to the Beat (A) SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) SO 1:30 Lincoln Heritage Life Insurance Information Session -A SO 3:00 Resident Birthday</p>	<p>23</p> <p>PY 10:00 Moving to the Beat (A) SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) PR 1:30 Smart Laser Low Level Laser therapy Information Session -A PY 3:00 Boccee Ball -A</p>	<p>24</p> <p>SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) SO 12:00 Shopping Trip to Gabes-A SP 2:30 Devotions [C] SO 3:30 Wine Wednesday [A]</p>	<p>25</p> <p>PY 10:00 Moving to the Beat (A) SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) SO 1:30 National Banana Split Day Social -A CO 3:00 5 Cent Bingo -AR</p>	<p>26</p> <p>SO 9:00 Walmart (O) SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) SO 11:30 Lunch Outing to Maggianos -O SO 3:00 Happy Hour w/ Dan and Janelle [AR]</p>	<p>27</p> <p>SP 10:30 Worship Service w/ Dr. Harbuck [CH] SO 1:00 Easy Listening Music [A]</p>
<p>28</p> <p>CR 1:00 Cards [L] CR 1:00 Easy Listening [A]</p>	<p>29</p> <p>PY 9:30 Jammin w/ Jilson (A) SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) PY 1:30 Corn Hole -A CO 3:00 Pokeno -A</p>	<p>30</p> <p>PY 10:00 Moving to the Beat (A) SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) PR 1:30 Resident Monthly Meeting -A CR 3:00 Arts and Crafts -AR</p>	<p>31</p> <p>SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) SO 12:00 Shopping Trip to Ross - O SP 2:30 Devotions [C] SO 3:30 Wine Wednesday w/ Debra and Patrick [A]</p>	<p>Location Keys Activity Room -AR Chapel -C Atrium- A Cafe-C Jefferson Room-JR Outside-O Library-L Theater Room-T</p>	<p>Residents Birthdays Donald Franklin 8/1 Herman Spratley 8/4 James Burrell Jr 8/4 Linda Sharpe 8/14 Claire O'Grady 8/15</p>	<p>Barbara Grant 8/18 Edna Cousins 8/19 Edie Blankenship 8/25 Raymond Smith 8/27</p>

Events are Subject to Change.