

JUNE 2022

Monthly Events and Activities

8501 Lullwater Drive
 Dallas, Texas 75238
 214-343-6400
www.landonatlakehighlands.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>See an event and/or activity that interest you? Come and join us and we'll be happy to save you a seat! Call us at 214-343-6400 or email us at leasing@landonatlakehighlands.com It's not like home, it is HOME</p>	<p>Important Numbers: Grace Home Health (469)212-6648 Chef Hotline (214)270-2215 Trattoria Restaurant (214)221-3285 Courtesy Officer After Hrs. (972)345-5788 Front Desk (214)343-6400 Emergency Dial 911</p>	<p> CC - Cognitive CR - Creative E - Emotional I - Intergenerational PY - Physical PR - Purposeful SE - Sensory SO - Social SP - Spiritual </p>	<p> 1 PY 9:30 Smart Balance Orientation-FC CO 10:30 Art Class w/ Jay-CL PY 11:00 Chair Aerobics-MR E 1:00 Graceful Friends Committee - CL CO 2:15 Health & Wellness:The Hidden Habits of Genius -Beyond Talent & IQ -CL SO 4:00 HH w/ Apps - CL CO 7:00 Movie NCC: Too Late The Hero-MR </p>	<p> 2 PY 10:30 Chair Tai Chi- MR PY 11:30 Fitness Center Orientation-FC PR 12:15 Lunch & Learn: Fire Drill Education-CL 1:30 National Rocky Road Day-Ice Cream Bar-CL PY 2:00 Strength & Stretch-MR SP 4:00 Pizza & Movie Night with Carly: "War Room"-MR </p>	<p> 3 PY 9:05 Northpark Mall Walking Club-OS SO 9:30 Donuts with Total Hearing-L PY 10:30 B Chair Fit-MR PY 11:00 Stretch To Your Health-MR PR 11:15 LOM Lunch Outing: Hooters-OS CO 2:00 Quarter BINGO!-CL SO 4:00 Happy Hour at Dinner - T CO 7:00 Movie CC: Philomena-MR </p>	<p> 4 PR 10:00 Park Lane Jewelry - BH CO 10:30 Pool- Billiards Room CR 1:30 Matinee CC:Mamma Mia! - MR I 2:00 Indian Cultural Heritage Performance-CL CO 7:00 Show Series: House M.D. S2 E13&14-MR </p>
<p> 5 SP 11:00 Catholic Diocese of Dallas Church Service (Streamed)-MR SP 2:00 Non - Denominational Church Service - MR 3:15 Matinee CC:J. Edgar -MR 7:00 Movie CC:Breakfast at Tiffany's-MR </p>	<p> 6 PY 9:30 Water Aerobics-P CO 10:30 History:Cleopatra-Fact to Fiction:From Film To Fashion-CL PY 11:00 Strength Training-MR PR 1:00 Dallas Fire Dept.-On All Floors E 3:00 TED Talk w/ Rachel-MR 7:00 Movie NCC:The Face of Love-MR </p>	<p> 7 PY 9:30 Water Aerobics-P PY 10:00 Chair Yoga-MR PR 10:00 Online Shop-FO SP 10:00 Men's Bible Study-CL PR 1:30 Current Events w/ Barbara - CL CO 3:00 Lifestyles:The Secrets of Secret Societies-CL CO 6:30 Game Night w/ Anne-CL 7:00 Movie CC:Little Shop of Horrors-MR </p>	<p> 8 *No Art Class Today PY 9:30 Water Aerobics-P PY 11:00 Active Drumming-MR PR 11:00 *New Vendor* Boutique & Accessories-BH SO 4:00 HH w/ Appetizers - CL 7:00 Movie NCC:Jezebel-MR </p>	<p> 9 PY 9:30 Water Aerobics-P PY 11:15 Line Dancing Class-MR SE 1:30 Craft w/ Anne: Keepsake Photoframe-CL PY 2:00 Strength & Stretch-MR PR 2:00 Food Committee - T SE 2:30 BUNCO! - CL 7:00 Movie CC: 300-MR </p>	<p> 10 Judy Garland's 100th Birthday PR 9:00 Total Hearing Clinic-CC CO 2:00 Quarter BINGO!-CL CR 4:00 Rhonda Medina as "Judy Garland"-CL SO 4:00 Happy Hour at Dinner - T 7:00 Movie NCC: The Wizard of Oz -MR </p>	<p> 11 CO 10:30 Pool- Billiards Room I 1:00 Dallas Musical Hall: Oklahoma!-OS CR 1:30 Matinee CC: Stand By Me-MR CO 2:30 Performance by Svanik on the Piano & Violin-T 7:00 Movie CC: House M.D. Season2 E15&16-MR </p>
<p> 12 SP 11:00 Catholic Diocese of Dallas Church Service (Streamed)-MR SP 2:00 Non - Denominational Church Service - MR 3:15 Matinee CC: September Dawn - MR 7:00 Movie CC: Fame-MR </p>	<p> 13 PY 9:30 Water Aerobics-P PY 11:00 Strength Training-MR CO 2:00 Art: Shakespeare Matters-Hamlet, MacBeth, & King Lear in the 21st Century-CL CO 4:00 O.D.U: Live- Aretha 101:The Queen of Soul-CL 7:00 Movie NCC: Cold Mountain-MR </p>	<p> 14 Flag Day PY 9:30 Water Aerobics-P PY 10:00 Chair Yoga-MR PR 10:00 Online Shop-FO SP 1:00 Women's Bible Study with Patty Stepp-PDR CO 2:00 Lecture Series by Dr. Mel White: "The Year 1000"-CL SO 5:00 LOM:Men;s Bourbon Tasting & Dinner-CL 7:00 Movie CC: Fireproof-MR </p>	<p> 15 PY 9:30 Water Aerobics-P CO 10:30 Art Class w/ Jay-CL PY 11:00 Chair Aerobics-MR PR 2:00 Resident Ambassador Committee-PDR PR 2:30 L.H.U.M Church Service-CL SO 4:00 HH w/ Appetizers - CL 7:00 Movie NCC: The Rainmaker-MR </p>	<p> 16 National Fudge Day PY 9:30 Water Aerobics-P PY 10:30 Chair Tai Chi- MR CR 2:00 Cooking Demo: Fudge-CL E 3:00 Alzheimer's Support Group - BL SE 3:30 Wine of the Month Club-PDR 7:00 Movie CC: What Dream May Come-MR </p>	<p> 17 PY 9:05 Over The Bridge Walking Club-OS SP 10:00 Rosary Service with Nancy-BL PY 10:30 B Chair Fit-MR SE 1:30 Book Club-MR* CO 2:00 Quarter BINGO!-CL SO 4:00 Happy Hour at Dinner - T 7:00 Movie NCC: The Dark Knight-MR </p>	<p> 18 CO 10:30 Pool- Billiards Room CR 1:30 Matinee CC: World Trade Center-MR CO 2:00 Mexican Train Game-CL CO 3:00 Rummikub-CL 7:00 Movie CC: House M.D. Season 2 E 17&18-MR </p>

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Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
19	Father's Day	20	Summer Begins	21		22		23		24		25	
PR 9:00	LOM: Father's Day Coffee & Donuts-CL	PY 9:30	Water Aerobics-P	PY 10:00	Chair Yoga-MR	PY 9:30	Water Aerobics-P	PY 9:30	Water Aerobics-P	PY 9:05	Northpark Mall Walking Club-OS	CO 10:30	Pool- Billiards Room
SP 11:00	Catholic Diocese of Dallas Church Service (Streamed)-MR	CR 10:30	Ripley's Believe It or Not Museum & Wax Museum-OS	PR 10:00	Online Shop-FO	CO 10:30	*Last day* Art Class w/ Jay-CL	PY 10:30	Chair Tai Chi- MR	PY 10:30	B Chair Fit-MR	CR 1:30	Matinee CC: Facing The Giants-MR
		PY 11:00	Strength Training-MR	SP 10:00	Men's Bible Study-CL	PY 11:00	Active Drumming-MR	PY 11:15	Line Dancing Class-MR	PY 11:00	Stretch To Your Health-MR	CO 2:00	Scrabble Game - CL
SP 2:00	Non - Denominational Church Service - MR	SE 3:00	Ted Talk w/ Rachel-MR	CO 12:00	Lunch&Learn:"3 Chronic Disease Concern's"-CL	E 12:00	Lunch and Learn w/ Rachel-CL	CO 1:30	*NEW*Total Brain Health Class 1-CL	CO 1:00	*NEW*Total Brain Health Class 2-CL	CO 3:00	Rummikub-CL
		7:00	Movie NCC: Mr. Holland's Opus-MR	SP 1:00	Women's Bible Study-CL	SO 4:00	HH w/ Appetizers - CL	CO 2:30	"Why is my friend acting crazy" by GH-CL	CO 2:00	Quarter BINGO!-CL	7:00	Movie CC: House M.D. Season 2 E19&20-MR
3:15	Matinee CC: Pride & Prejudice -MR			CO 2:00	Lifestyles:Luxury on the Water- History of Cruising-CL	7:00	Movie NCC: The Talk of the Town-MR	PR 3:30	Welcome! New Resident Orientation - CL				
7:00	Movie CC: Casablanca-MR			7:00	Movie CC:Moonstruck-MR			7:00	Movie CC: Hidalgo-MR				
26		27		28		29		30		Location Key:B-Bistro BC-Business Center BH-Bistro Hallway BL-Bistro Library CC-Care Concierge Office CL-Champagne Lounge FC-Fitness Center		FO-Front Office L-Lobby ME-Main Entrance MR-Multipurpose Room OS-OffSite PDR-Privat Dining Room T-Trattoria Restaurant WC-Wellness Center Abbreviations: HH- Happy Hour O.D.U- One Day University LOM- League of Men	
SP 11:00	Catholic Diocese of Dallas Church Service (Streamed)-MR	CR 9:00	Scavenger Hunt BINGO - L, WC, & T	NO TOWN HALL MEETING		PY 9:30	Water Aerobics-P	I 9:00	Grandparent Reading Corner-OS				
SP 2:00	Non - Denominational Church Service - MR	PY 9:30	Water Aerobics-P	PY 9:30	Water Aerobics-P	CO 10:30	Downtown Rockwall & Lunch-OS	PY 9:30	Water Aerobics-P				
		PY 11:00	Strength Training-MR	PR 10:00	Online Shop-FO	PY 11:00	Chair Aerobics-MR	PY 10:30	Chair Tai Chi- MR				
3:15	Matinee CC: Men of Honor -MR	CO 2:00	Luxury BINGO - Double Down Quarter BINGO-CL	SP 1:00	Women's Bible Study-PDR	CO 2:30	Politics: FDR & The Four Freedoms-CL	PY 2:00	Strength & Stretch-MR				
7:00	Movie CC: Enough Said-MR	SO 3:00	Mix It Up BINGO Game - CL	CO 2:00	*NEW* Total Brain Health Class 3-CL	SO 4:00	HH w/ Appetizers - CL	CO 2:00	History: Winston Churchill-His Darkest Hour-CL				
		7:00	Movie NCC: Rear Window-MR	CO 3:00	Biography: The Mind of George Washington-CL	7:00	Movie NCC: Dirty Dancing-MR	7:00	Movie CC: My Fair Lady-MR				

Events are Subject to Change.