



TWIN RIVERS

A GRACE MGMT COMMUNITY

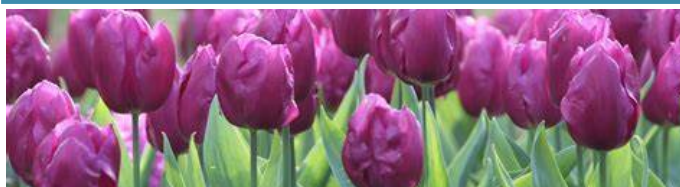
It's not like home. It *is* home.™

May 2022

Meet Our Team!!!

1720 N Plano Rd
Richardson TX 75081
972-979-4333

Micah Grace.....Executive Director
Maria Long.....Marketing Sales
Helen Kassaye.....BOD
Salem Demsew.....Lifestyle Coordinator
Diane Martinez.....LE Director
Hanna Lamiso.....VP Coordinator
John Harvath.....Culinary Director
Mario Luna.....Maintenance Director
Jason Myers.....Van Driver
Mabelle McCoy.....Weekly Concierge
Diana Sutton.....Weekend Concierge



*"She is clothed with strength and dignity;
she can laugh at the days to come. She
speaks with wisdom, and faithful
instruction is on her tongue."*

*Happy Mother;s Day to All Mothers at
Twin Rivers Assisted Living & Memory
Care.*

Welcome to the Family

Our story is yours. We grow older and wiser but are sure to never lose the spark that started it all. Grace Management Continues to evolve, and we're ever more dedicated to nurturing our company and our team to be healthy contributors to communities across the U.S. Delivering exceptional living experiences, we can focus on the big issues that concern the daily lives of our residents-from healthcare and finances to overall quality of life-while never losing sight of the details that matter most: the connections we make along the way.



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MAY 2022

Twin Rivers Assisted Living Calendar

Sunday		Monday		Tuesday		Wednesday		Thursday	
1 May Day		2		3		4		5 Cinco de Mayo	
SP 11:00 Christ UMC Service		10:00 Shopping at Target		Happy Birthday Selma		PY 10:30 30 minute Chair Workout Exercise		PY 10:30 Sit & Stretch Exercise	
SE 12:00 Music Sing Along w/Lynna from TN Presbyterian Church		2:00 Chair Exercise w/ Jason		10:30 Whole Body Chair Exercise		SE 1:30 The Rosary Circle		SO 1:15 Cinco De Mayo Celebration at "The Landon at Lake Highlands"	
CO 6:30 Mexican Train		3:30 Bible Study w/Kelly		CO 1:30 Bridge Club		SE 2:30 Quarter BINGO		CO 1:30 Bridge Club	
		CO 3:30 Worship / Communion w/Kelly		SO 2:00 Paint Pouring & Prosecco		CO 3:30 Library Book Check Out		CO 6:30 Mexican Train	
		PY 4:00 Walk for Wellness		CO 6:30 Mexican Train					
		CO 6:30 Mexican Train							
8 Mother's Day		9		10		11		12	
SP 11:00 Christ UMC Service		10:00 Shopping at Wal-Mart		10:30 Whole Body Chair Exercise		PY 10:30 30 minute Chair Workout Exercise		PY 10:30 Sit & Stretch Exercise	
SE 12:00 Music Sing Along w/Lynna from TN Presbyterian Church		2:00 Chair Exercise w/ Jason		1:30 Bridge Club		SP 1:30 The Rosary Circle		CO 11:00 Word Search & Cross word Puzzle	
CO 6:30 Mexican Train		3:30 Bible Study w/Kelly		SO 2:30 Movie Matinee		SE 2:30 Quarter BINGO		CO 1:30 Bridge Club	
		PY 4:00 Walk for Wellness		CO 6:30 Mexican Train		CO 3:30 Library Book Check Out		CO 6:30 Mexican Train	
		CO 6:30 Mexican Train							
15		16		17		18		19	
SP 11:00 Christ UMC Service		10:00 Shopping at Target		10:30 Whole Body Chair Exercise		PY 10:30 30 minute Chair Workout Exercise		PY 10:30 Sit & Stretch Exercise	
SE 12:00 Music Sing Along w/Lynna from TN Presbyterian Church		2:00 Chair Exercise w/ Jason		1:30 Bridge Club		SP 1:30 The Rosary Circle		CO 11:00 Word Search & Cross word Puzzle	
CO 6:30 Mexican Train		3:30 Bible Study w/Kelly		SO 3:00 Live Entertainment w/ Marty Ruiz		SE 2:30 Quarter BINGO		CO 1:30 Bridge Club	
		PY 4:00 Walk for Wellness		CO 6:30 Mexican Train		CO 3:30 Library Book Check Out		PR 2:30 Men's Movie Matinee	
		CO 6:30 Mexican Train						CO 6:30 Mexican Train	
22		23		24		25		26	
SP 11:00 Christ UMC Service		10:00 Shopping at Wal-Mart		10:30 Whole Body Chair Exercise		PY 10:30 30 minute Chair Workout Exercise		PY 10:30 Sit & Stretch Exercise	
SE 12:00 Music Sing Along w/Lynna from TN Presbyterian Church		2:00 Chair Exercise w/ Jason		1:30 Bridge Club		SP 1:30 The Rosary Circle		CO 11:00 Word Search & Cross word Puzzle	
CO 6:30 Mexican Train		3:30 Bible Study w/Kelly		SO 2:30 Movie Matinee		SE 2:30 Quarter BINGO		CO 1:30 Bridge Club	
		PY 4:00 Walk for Wellness		CO 6:30 Mexican Train		CO 3:30 Library Book Check Out		PR 2:30 Resident Council Meeting	
		CO 6:30 Mexican Train						CO 6:30 Mexican Train	
29		30 Memorial Day		31		Medical Appointments Tuesday - Thursday 10:30 am -3:30 pm		Any outing Scheduled on the calendar, you Must sign up or call the front desk at 972-979-4333 to reserve a seat.	
SP 11:00 Christ UMC Service		10:00 Shopping at The Dollar Tree		10:30 Whole Body Chair Exercise		See Concierge to sign up. Appointment must be made at least 48 hour in advance.		Seating is Limited. This is a first come first served bases.	
SE 12:00 Music Sing Along w/Lynna from TN Presbyterian Church		1:00 Chair Exercise w/ Jason		CO 1:30 Bridge Club					
CO 6:30 Mexican Train		PR 3:00 TAP across AMERICA The Last Post and moment of silence		4:00 Monthly Birthday Party with Toni Macaroni					
		SP 3:30 Bible Study w/Kelly		CO 6:30 Mexican Train					
		PY 4:00 Walk for Wellness							

Events are Subject to Change.

May 2022 Assisted Living

Kentucky Derby Day



1720 North Plano Road
Richardson, Texas 75081
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www.twinriversassistedliving.com

Friday

Saturday

6 SO 10:30 Chair Exercise w/Jason SO 11:00 Lunch Bunch SO 11:00 Mother's Day Tea at The Chocolate Angel SP 2:00 Non-Denominational Worship Service SO 3:30 Happy Hour CO 6:30 Mexican Train	7 SO 10:00 2022 Kentucky Derby SO 10:00 Live coverage on NBC SO 10:00 Coffee & Donut Social at the Bistro CO 6:00 Mexican Train PR 6:30 Dominos
13 SO 11:00 Men's Club Luncheon SP 11:30 Musical Worship with Jody & Jody SP 2:00 Non-Denominational Worship Service SO 3:30 Happy Hour CO 6:30 Mexican Train	14 SO 10:00 Coffee & Donut Social at the Bistro CO 6:00 Mexican Train PR 6:30 Dominos
20 SO 10:30 Chair Exercise w/Jason SP 2:00 Non-Denominational Worship Service SO 3:30 Happy Hour with Music By Bill Cobbs CO 6:30 Mexican Train	21 Armed Forces Day SO 10:00 Coffee & Donut Social at the Bistro CO 6:00 Mexican Train PR 6:30 Dominos
27 SO 9:00 Ham Orchards in Terrell Tx SO 10:30 Chair Exercise SP 2:00 Non-Denominational Worship Service SO 3:30 Happy Hour CO 6:30 Mexican Train	28 SO 10:00 Coffee & Donut Social at the Bistro CO 6:00 Mexican Train PR 6:30 Dominos
Programs are subject to changes daily upon individual desires.	CO - Cognitive PY - Physical PR - Purposeful SE - Sensory SO - Social SP - Spiritual



TAPS ACROSS AMERICA

The National Moment of Remembrance is an annual event that asks Americas, wherever they are at 3:00 p.m. local time on Memorial Day, to pause for a duration of one minute to remember those who have died in military service to the United States.

The time 3 p.m. was chosen because it is the time when most Americans are enjoying time off from work for the national holiday.

The moment was first proclaimed in May 2000 for Memorial Day that year, and was put in law by the United States Congress in December 2000.



Happy Mother's Day

May 2022



Thank You, Mother

Once upon a memory someone wiped
away a tear. Held me close and loved me,
Thank you, Mother Dear

