



TWIN RIVERS
A GRACE MGMT COMMUNITY

MAY 2022

Twin Rivers Assisted Living Calendar



1720 North Plano Road
Richardson, Texas 75081
972-979-4333 | License: 146797
www.twinriversassistedliving.com



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
1	May Day	2		3		4		5	Cinco de Mayo	6		7	
SP SE	11:00 Christ UMC Service 12:00 Music Sing Along w/Lynna from TN Presbyterian Church	PY SP CO	10:00 Shopping at Target 2:00 Chair Exercise w/ Jason 3:30 Bible Study w/Kelly 3:30 Worship / Communion w/Kelly 4:00 Walk for Wellness 6:30 Mexican Train	CO SO CO	Happy Birthday Selma 10:30 Whole Body Chair Exercise 1:30 Bridge Club 2:00 Paint Pouring & Prosecco 6:30 Mexican Train	PY SP SE CO	10:30 30 minute Chair Workout Exercise 1:30 The Rosary Circle 2:30 Quarter BINGO 3:30 Library Book Check Out 6:30 Mexican Train	PY SO CO CO	10:30 Sit & Stretch Exercise 1:15 Cinco De Mayo Celebration at "The Landon at Lake Highlands" 1:30 Bridge Club 6:30 Mexican Train	PY SO SP SO CO	10:30 Chair Exercise w/Jason 11:00 Lunch Bunch Mother's Day Tea at The Chocolate Angel 2:00 Non-Denominational Worship Service 3:30 Happy Hour 6:30 Mexican Train	SO CO PR	2022 Kentucky Derby Live coverage on NBC 10:00 Coffee & Donut Social at the Bistro 6:00 Mexican Train 6:30 Dominos
8	Mother's Day	9		10		11		12		13		14	
SP SE CO	11:00 Christ UMC Service 12:00 Music Sing Along w/Lynna from TN Presbyterian Church 6:30 Mexican Train	PY SP PY CO	10:00 Shopping at Wal-Mart 2:00 Chair Exercise w/ Jason 3:30 Bible Study w/Kelly 4:00 Walk for Wellness 6:30 Mexican Train	CO SO CO	10:30 Whole Body Chair Exercise 1:30 Bridge Club 2:30 Movie Matinee 6:30 Mexican Train	PY SP SE CO	10:30 30 minute Chair Workout Exercise 1:30 The Rosary Circle 2:30 Quarter BINGO 3:30 Library Book Check Out 6:30 Mexican Train	PY CO CO CO	10:30 Sit & Stretch Exercise 11:00 Word Search & Cross word Puzzle 1:30 Bridge Club 6:30 Mexican Train	SO SP SP SO CO	11:00 Men's Club Luncheon 11:30 Musical Worship with Jody & Jody 2:00 Non-Denominational Worship Service 3:30 Happy Hour 6:30 Mexican Train	SO CO PR	10:00 Coffee & Donut Social at the Bistro 6:00 Mexican Train 6:30 Dominos
15		16		17		18		19		20		21	Armed Forces Day
SP SE CO	11:00 Christ UMC Service 12:00 Music Sing Along w/Lynna from TN Presbyterian Church 6:30 Mexican Train	PY SP PY CO	10:00 Shopping at Target 2:00 Chair Exercise w/ Jason 3:30 Bible Study w/Kelly 4:00 Walk for Wellness 6:30 Mexican Train	CO SO CO	10:30 Whole Body Chair Exercise 1:30 Bridge Club 3:00 Live Entertainment w/ Marty Ruiz 6:30 Mexican Train	PY SP SE CO	10:30 30 minute Chair Workout Exercise 1:30 The Rosary Circle 2:30 Quarter BINGO 3:30 Library Book Check Out 6:30 Mexican Train	PY CO CO PR CO	10:30 Sit & Stretch Exercise 11:00 Word Search & Cross word Puzzle 1:30 Bridge Club 2:30 Men's Movie Matinee 6:30 Mexican Train	PY SP SO CO	10:30 Chair Exercise w/Jason 2:00 Non-Denominational Worship Service 3:30 Happy Hour with Music By Bill Cobbs 6:30 Mexican Train	SO CO PR	10:00 Coffee & Donut Social at the Bistro 6:00 Mexican Train 6:30 Dominos
22		23		24		25		26		27		28	
SP SE CO	11:00 Christ UMC Service 12:00 Music Sing Along w/Lynna from TN Presbyterian Church 6:30 Mexican Train	PY SP PY CO	10:00 Shopping at Wal-Mart 2:00 Chair Exercise w/ Jason 3:30 Bible Study w/Kelly 4:00 Walk for Wellness 6:30 Mexican Train	CO SO CO	10:30 Whole Body Chair Exercise 1:30 Bridge Club 2:30 Movie Matinee 6:30 Mexican Train	PY SP SE CO	10:30 30 minute Chair Workout Exercise 1:30 The Rosary Circle 2:30 Quarter BINGO 3:30 Library Book Check Out 6:30 Mexican Train	PY CO CO PR CO	10:30 Sit & Stretch Exercise 11:00 Word Search & Cross word Puzzle 1:30 Bridge Club 2:30 Resident Council Meeting 6:30 Mexican Train	PY SP SO CO	9:00 Ham Orchards in Terrell Tx 10:30 Chair Exercise 2:00 Non-Denominational Worship Service 3:30 Happy Hour 6:30 Mexican Train	SO CO PR	10:00 Coffee & Donut Social at the Bistro 6:00 Mexican Train 6:30 Dominos
29		30	Memorial Day	31		Medical Appointments Tuesday - Thursday 10:30 am -3:30 pm See Concierge to sign up. Appointment must be made at least 48 hour in advance.		Any outing Scheduled on the calendar, you Must sign up or call the front desk at 972-979-4333 to reserve a seat. Seating is Limited. This is a first come first served bases.	 Programs are subject to changes daily upon individual desires.		CO - Cognitive PY - Physical PR - Purposeful SE - Sensory SO - Social SP - Spiritual	
SP SE CO	11:00 Christ UMC Service 12:00 Music Sing Along w/Lynna from TN Presbyterian Church 6:30 Mexican Train	PY PR SP PY	10:00 Shopping at The Dollar Tree 1:00 Chair Exercise w/ Jason 3:00 TAP across AMERICA The Last Post and moment of silence 3:30 Bible Study w/Kelly 4:00 Walk for Wellness	CO CO	10:30 Whole Body Chair Exercise 1:30 Bridge Club 4:00 Monthly Birthday Party with Toni Macaroni 6:30 Mexican Train								

Events are Subject to Change.