



















May, 2022

The Leadership Team

Sheri Sepanak, Executive Director
Chantel Howard, Wellness Director
Trisha Ginn,Sr. Life Enrichment Manager
Julie Nobles, Sales Director
Dale Main,Maintenance Director
Stacey Jeffries, Dietary Director
Gail Mooney, Business Office Manager



Resident Birthdays

Robert B. 5/12

Lottie B. 5/15

Warner C. 5/20



Welcome to the Family

William M.



MAY 2022

Sterling Heights, Michigan 48314 586-803-0900

4500 Dobry Drive

ww.townvillagesterlingheights.com

May 2022 MC

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 May Day	2	3	4	5 Cinco de Mayo	6	7
Y 10:00 Chair Exercise P 11:00 Catholic Church Service IN2L C 2:00 Let's get Physical! 3:00 Snack & Chat R 3:30 Travel around the World IN2L	2:20 Tender Hearts Theraputics 3:00 Snack & Chat	9:00 Whats Happening Today 10:30 Rise & Shine Fitness 11:00 Flower Arranging 2:00 Create our Mother's Day Bonnets 3:00 Snack & Chat 3:15 Hand Massages 6:00 The Matching Game	9:00 Whats Happening Today 10:15 Arthritis Relief Exercise 11:00 Rosary with Dee 2:30 Mother's Day Tea Social 3:00 Snack & Chat 6:00 Casino Night	9:00 Whats Happening Today PY 10:30 Sit & Be Fit PY 11:00 Floor Hockey CO 11:30 Dog Trivia SO 2:00 Sonic Happy Hour Outing SO 3:00 Snack & Chat PR 3:30 Can you build it? CR 6:00 Adult Coloring	9:00 Whats Happening Today 10:30 Chair Exercise 11:00 Therapy Dog Buddy Visits! PY 2:00 Table Top Balloon Toss 3:00 Snack & Chat 3:30 Happy Hour E 6:00 Friday Night Musical	9:00 Whats Happening Today PY 10:00 Chair Exercise PY 10:30 Margaret's Walking Club SP 11:00 Non-Denominational Church CR 2:00 Adult Coloring SO 3:00 Snack & Chat CO 3:00 Word Games SP 4:00 Catholic Church Service IN2L SE 6:00 Saturday Night Movie
8 Mother's Day	9	10	11	12	13	14
Y 10:00 Chair Exercise P 11:00 Catholic Church Service IN2L 2:00 Let's get Physical! 3:00 Snack & Chat 3:30 Travel around the World IN2L	<u> </u>	9:00 Whats Happening Today 10:30 Rise & Shine Fitness 11:00 Flower Arranging 2:00 Bingo 3:00 Snack & Chat 3:30 Mackinac Island Travel 6:00 The Matching Game	9:00 Whats Happening Today 10:15 Arthritis Relief Exercise 11:00 Rosary with Dee 2:30 Daniel Beaubien Performs 3:00 Snack & Chat 3:30 Go Fish card game 6:00 Casino Night	9:00 Whats Happening Today PY 10:30 Sit & Be Fit 11:00 Around the house Trivia PY 11:20 Floor Hockey PR 2:00 Spring colors Drive SO 3:00 Snack & Chat CO 3:30 Puzzle Fun CR 6:00 Adult Coloring	9:00 Whats Happening Today 10:30 Chair Exercise 11:15 Brain Games CR 2:00 Sun Catchers Craft 3:00 Ice Cream Social 3:00 Snack & Chat E 6:00 Friday Night Musical	9:00 Whats Happening Today PY 10:00 Chair Exercise PY 10:30 Margaret's Walking Club SP 11:00 Non-Denominational Church CR 2:00 Adult Coloring SO 3:00 Snack & Chat CO 3:00 Word Games SP 4:00 Catholic Church Service IN2L SE 6:00 Saturday Night Movie
5	16	17	18	19	20	21 Armed Forces Day
Y 10:00 Chair Exercise P 11:00 Catholic Church Service IN2L 2:00 Let's get Physical! 3:00 Snack & Chat 3:30 Travel around the World IN2L	2:20 Tender Hearts Theraputics 3:00 Snack & Chat	9:00 Whats Happening Today 10:30 Rise & Shine Fitness 11:00 Flower Arranging CO 2:00 Bingo 3:00 Snack & Chat 3:15 Hand Massages CO 6:00 The Matching Game	9:00 Whats Happening Today 10:15 Arthritis Relief Exercise 11:00 Rosary with Dee 2:30 Kenny Lang Performs 3:00 Snack & Chat 5E 3:30 What's in the Bag? Co 6:00 Casino Night	9:00 Whats Happening Today PY 10:30 Sit & Be Fit PY 11:00 Floor Hockey CO 11:15 1960's Movie Trivia PR 2:00 Dairy Queen Outing SO 3:00 Snack & Chat CO 3:30 Bannagrams CR 6:00 Adult Coloring	9:00 Whats Happening Today 10:30 Chair Exercise 11:00 Therapy Dog Lucy 2:00 Yahtzee Dice Game 3:00 Snack & Chat 3:30 Happy Hour E 6:00 Friday Night Musical	9:00 Whats Happening Today PY 10:00 Chair Exercise PY 10:30 Margaret's Walking Club SP 11:00 Non-Denominational Church CR 2:00 Adult Coloring SO 3:00 Snack & Chat CO 3:00 Word Games SP 4:00 Catholic Church Service IN2L SE 6:00 Saturday Night Movie
9:00 Whats Happening Today 10:00 Chair Exercise 11:00 Catholic Church Service IN2L 2:00 Let's get Physical! 3:00 Snack & Chat R 3:30 Travel around the World IN2L	2:20 Tender Hearts Theraputics 3:00 Snack & Chat	24 CO 9:00 Whats Happening Today 10:30 Rise & Shine Fitness 11:00 Flower Arranging CO 2:00 Bingo 3:00 Snack & Chat 3:30 Scentscapes Sensory CO 6:00 The Matching Game	9:00 Whats Happening Today PY 10:15 Arthritis Relief Exercise 11:00 Rosary with Dee 2:30 Tom Birchler Performs 3:00 Snack & Chat 3:30 Go Fish Card Game 6:00 Casino Night	9:00 Whats Happening Today PY 10:30 Sit & Be Fit 11:15 Name that Animal Sound! 2:00 Scenic Local Drive 3:00 Snack & Chat CO 3:30 Puzzle Fun CR 6:00 Adult Coloring	9:00 Whats Happening Today PY 10:30 Chair Exercise 11:00 Brain Games E 11:00 TGIF Dance Party! PR 2:00 Village Resident Council Meeting 30 3:00 Snack & Chat 30 Happy Hour E 6:00 Friday Night Musical	28 CO 9:00 Whats Happening Today PY 10:00 Chair Exercise PY 10:30 Margaret's Walking Club SP 11:00 Non-Denominational Church CR 2:00 Adult Coloring SO 3:00 Snack & Chat CO 3:00 Word Games SP 4:00 Catholic Church Service IN2L SE 6:00 Saturday Night Movie
9:00 Whats Happening Today 10:00 Chair Exercise P 11:00 Catholic Church Service IN2L 2:00 Let's get Physical! 3:00 Snack & Chat R 3:30 Travel around the World IN2L	9:00 Whats Happening Today 10:30 Sit &Stretch 11:00 Family Feud In2L 2:20 Tender Hearts Theraputics 3:00 Snack & Chat 3:20 Pamper Yourself 6:00 How Much Was it?	9:00 Whats Happening Today 10:30 Rise & Shine Fitness 11:00 Flower Arranging 2:00 Bingo 3:00 Snack & Chat 3:15 Hand Massages 6:00 The Matching Game		CO - Cognitive CR - Creative E - Emotional PY - Physical PR - Purposeful SE - Sensory O - Social SP - Spiritual		



Angie D.

Occupation: Secretary for the Detroit Board of education.

Favorite Food: Spaghetti

Hometown: Detroit

Favorite Season: Late Spring, early Summer

Favorite Animal: Dog

Favorite Pastime: Curling up with a good book!

Thank you for being part of our family Angie!

Subject to Change.

Mother's Day Celebrations

We will start out our May by celebrating all of our Beautiful Mother's. On Tuesday May 3rd we will be crafting our gorgeous Mother's day bonnets. On May 5th we will all wear our creations at the Mother's day celebration. We will sip tea and enjoy cookies while listening to the lovely sounds of a violinist. Join us for a **Beautiful afternoon!**

Ice Cream Social

I scream, you scream, we all scream for ice cream! Join us at 3pm on Friday May 13th for a good ole fashioned ice cream social! We will gather with our friends and neighbors and enjoy the cold sweet treats!

