

MAY 2022

May 2022 MC

4500 Dobry Drive
Sterling Heights, Michigan 48314
586-803-0900
www.townvillagesterlingheights.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
1 May Day CO 9:00 Whats Happening Today PY 10:00 Chair Exercise SP 11:00 Catholic Church Service IN2L PY 2:00 Let's get Physical! SO 3:00 Snack & Chat PR 3:30 Travel around the World IN2L CO 6:00 Sunday Night Movie SP 7:00 Evening Prayers	2 CO 9:00 Whats Happening Today PY 10:30 Sit &Stretch CO 11:00 Family Feud In2L CR 2:20 Tender Hearts Theraputics SO 3:00 Snack & Chat E 3:20 Pamper Yourself CO 6:00 How Much Was it?	3 CO 9:00 Whats Happening Today PY 10:30 Rise & Shine Fitness PR 11:00 Flower Arranging CR 2:00 Create our Mother's Day Bonnets SO 3:00 Snack & Chat SE 3:15 Hand Massages CO 6:00 The Matching Game	4 CO 9:00 Whats Happening Today PY 10:15 Arthritis Relief Exercise SP 11:00 Rosary with Dee SO 2:30 Mother's Day Tea Social SO 3:00 Snack & Chat CO 6:00 Casino Night	5 Cinco de Mayo CO 9:00 Whats Happening Today PY 10:30 Sit & Be Fit PY 11:00 Floor Hockey CO 11:30 Dog Trivia SO 2:00 Sonic Happy Hour Outing SO 3:00 Snack & Chat PR 3:30 Can you build it? CR 6:00 Adult Coloring	6 CO 9:00 Whats Happening Today PY 10:30 Chair Exercise E 11:00 Therapy Dog Buddy Visits! PY 2:00 Table Top Balloon Toss SO 3:00 Snack & Chat SO 3:30 Happy Hour E 6:00 Friday Night Musical	7 CO 9:00 Whats Happening Today PY 10:00 Chair Exercise PY 10:30 Margaret's Walking Club SP 11:00 Non-Denominational Church CR 2:00 Adult Coloring SO 3:00 Snack & Chat CO 3:00 Word Games SP 4:00 Catholic Church Service IN2L SE 6:00 Saturday Night Movie		
8 Mother's Day CO 9:00 Whats Happening Today PY 10:00 Chair Exercise SP 11:00 Catholic Church Service IN2L PY 2:00 Let's get Physical! SO 3:00 Snack & Chat PR 3:30 Travel around the World IN2L CO 6:00 Sunday Night Movie SP 7:00 Evening Prayers	9 CO 9:00 Whats Happening Today PY 10:30 Sit &Stretch CO 11:00 The Price is Right CR 2:20 Tender Hearts Theraputics SO 3:00 Snack & Chat E 3:20 Pamper Yourself CO 6:00 How Much Was it?	10 CO 9:00 Whats Happening Today PY 10:30 Rise & Shine Fitness PR 11:00 Flower Arranging CO 2:00 Bingo SO 3:00 Snack & Chat CO 3:30 Mackinac Island Travel CO 6:00 The Matching Game	11 CO 9:00 Whats Happening Today PY 10:15 Arthritis Relief Exercise SP 11:00 Rosary with Dee SO 2:30 Daniel Beaubien Performs SO 3:00 Snack & Chat CO 3:30 Go Fish card game CO 6:00 Casino Night	12 CO 9:00 Whats Happening Today PY 10:30 Sit & Be Fit CO 11:00 Around the house Trivia PY 11:20 Floor Hockey PR 2:00 Spring colors Drive SO 3:00 Snack & Chat CO 3:30 Puzzle Fun CR 6:00 Adult Coloring	13 CO 9:00 Whats Happening Today PY 10:30 Chair Exercise CO 11:15 Brain Games CR 2:00 Sun Catchers Craft SO 3:00 Ice Cream Social SO 3:00 Snack & Chat E 6:00 Friday Night Musical	14 CO 9:00 Whats Happening Today PY 10:00 Chair Exercise PY 10:30 Margaret's Walking Club SP 11:00 Non-Denominational Church CR 2:00 Adult Coloring SO 3:00 Snack & Chat CO 3:00 Word Games SP 4:00 Catholic Church Service IN2L SE 6:00 Saturday Night Movie		
15 CO 9:00 Whats Happening Today PY 10:00 Chair Exercise SP 11:00 Catholic Church Service IN2L PY 2:00 Let's get Physical! SO 3:00 Snack & Chat PR 3:30 Travel around the World IN2L CO 6:00 Sunday Night Movie SP 7:00 Evening Prayers	16 CO 9:00 Whats Happening Today PY 10:30 Sit &Stretch CO 11:00 Family Feud In2L CR 2:20 Tender Hearts Theraputics SO 3:00 Snack & Chat E 3:20 Pamper Yourself CO 6:00 How Much Was it?	17 CO 9:00 Whats Happening Today PY 10:30 Rise & Shine Fitness PR 11:00 Flower Arranging CO 2:00 Bingo SO 3:00 Snack & Chat SE 3:15 Hand Massages CO 6:00 The Matching Game	18 CO 9:00 Whats Happening Today PY 10:15 Arthritis Relief Exercise SP 11:00 Rosary with Dee SO 2:30 Kenny Lang Performs SO 3:00 Snack & Chat SE 3:30 What's in the Bag? CO 6:00 Casino Night	19 CO 9:00 Whats Happening Today PY 10:30 Sit & Be Fit PY 11:00 Floor Hockey CO 11:15 1960's Movie Trivia PR 2:00 Dairy Queen Outing SO 3:00 Snack & Chat CO 3:30 Bannagrams CR 6:00 Adult Coloring	20 CO 9:00 Whats Happening Today PY 10:30 Chair Exercise SE 11:00 Therapy Dog Lucy CO 2:00 Yahtzee Dice Game SO 3:00 Snack & Chat SO 3:30 Happy Hour E 6:00 Friday Night Musical	21 Armed Forces Day CO 9:00 Whats Happening Today PY 10:00 Chair Exercise PY 10:30 Margaret's Walking Club SP 11:00 Non-Denominational Church CR 2:00 Adult Coloring SO 3:00 Snack & Chat CO 3:00 Word Games SP 4:00 Catholic Church Service IN2L SE 6:00 Saturday Night Movie		
22 CO 9:00 Whats Happening Today PY 10:00 Chair Exercise SP 11:00 Catholic Church Service IN2L PY 2:00 Let's get Physical! SO 3:00 Snack & Chat PR 3:30 Travel around the World IN2L CO 6:00 Sunday Night Movie SP 7:00 Evening Prayers	23 CO 9:00 Whats Happening Today PY 10:30 Sit &Stretch CO 11:00 The Price is Right CR 2:20 Tender Hearts Theraputics SO 3:00 Snack & Chat E 3:20 Pamper Yourself CO 6:00 How Much Was it?	24 CO 9:00 Whats Happening Today PY 10:30 Rise & Shine Fitness PR 11:00 Flower Arranging CO 2:00 Bingo SO 3:00 Snack & Chat SE 3:30 Scentscapes Sensory CO 6:00 The Matching Game	25 CO 9:00 Whats Happening Today PY 10:15 Arthritis Relief Exercise SP 11:00 Rosary with Dee SO 2:30 Tom Birchler Performs SO 3:00 Snack & Chat CO 3:30 Go Fish Card Game CO 6:00 Casino Night	26 CO 9:00 Whats Happening Today PY 10:30 Sit & Be Fit CO 11:15 Name that Animal Sound! SE 2:00 Scenic Local Drive SO 3:00 Snack & Chat CO 3:30 Puzzle Fun CR 6:00 Adult Coloring	27 CO 9:00 Whats Happening Today PY 10:30 Chair Exercise CO 11:00 Brain Games E 11:00 TGIF Dance Party! PR 2:00 Village Resident Council Meeting SO 3:00 Snack & Chat SO 3:30 Happy Hour E 6:00 Friday Night Musical	28 CO 9:00 Whats Happening Today PY 10:00 Chair Exercise PY 10:30 Margaret's Walking Club SP 11:00 Non-Denominational Church CR 2:00 Adult Coloring SO 3:00 Snack & Chat CO 3:00 Word Games SP 4:00 Catholic Church Service IN2L SE 6:00 Saturday Night Movie		
29 CO 9:00 Whats Happening Today PY 10:00 Chair Exercise SP 11:00 Catholic Church Service IN2L PY 2:00 Let's get Physical! SO 3:00 Snack & Chat PR 3:30 Travel around the World IN2L CO 6:00 Sunday Night Movie SP 7:00 Evening Prayers	30 Memorial Day CO 9:00 Whats Happening Today PY 10:30 Sit &Stretch CO 11:00 Family Feud In2L CR 2:20 Tender Hearts Theraputics SO 3:00 Snack & Chat E 3:20 Pamper Yourself CO 6:00 How Much Was it?	31 CO 9:00 Whats Happening Today PY 10:30 Rise & Shine Fitness PR 11:00 Flower Arranging CO 2:00 Bingo SO 3:00 Snack & Chat SE 3:15 Hand Massages CO 6:00 The Matching Game	CO - Cognitive CR - Creative E - Emotional PY - Physical PR - Purposeful SE - Sensory SO - Social SP - Spiritual					

Events are Subject to Change.