



**THE RESIDENCE  
AT WHITEHALL**  
A GRACE MGMT COMMUNITY

# APRIL 2022

Personal Care

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Pittsburgh, Pennsylvania 15236  
412-885-1500  
[www.residenceatwhitehall.com](http://www.residenceatwhitehall.com)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Birthdays</b> 4/2 - Harry Nordquist	CO - Cognitive CR - Creative I - Intergenerational PY - Physical PR - Purposeful SE - Sensory SO - Social SP - Spiritual				<b>1 April Fools' Day</b> PY 10:00 Let's Get Moving Fitness PY 10:30 Balloon Volley CR 11:00 April Fool's Day Jokes CR 1:30 Adult Coloring CR 2:00 Crafty Creations SO 4:00 Happy Hour With Lori 1st floor SO 6:30 Friday Night At The Movies	<b>2 Ramadan Begins</b> SE 10:30 Manicures & Hand Massages CO 2:30 Bingo CO 6:00 Saturday Night Music & Reminisce-TV
<b>3</b> SP 8:45 Watch Church-TV SP 10:00 Pray the Rosary w/ Lynn SP 10:30 Hymn Sing CR 1:30 In the Kitchen w/ Lynn SO 6:00 Sunday Night At The Movies	<b>4</b> PY 10:00 Chair Yoga CO 10:30 Current Events CO 11:00 Puzzle Paks SO 1:00 One on One Visits SO 2:30 Monday Matinee	<b>5</b> PY 10:00 Sit and be Fit PY 10:30 Ladderball CO 11:00 Hangman PR 1:30 Garden Club SO 3:30 Happy Hour w/ Mikey Dee CO 6:00 Game Show Mania-TV	<b>6</b> PY 10:00 Rise & Shine Fitness PY 10:30 Balloon Volleyball CO 11:00 Spell It Out SO 1:30 Card Club SO 2:30 Horse Racing 2nd floor CO 6:00 Movie night	<b>7</b> PY 10:00 Rise & Shine Fitness PY 10:30 Corn Hole CO 1:30 Puzzle Paks SO 3:00 Thursday Afternoon Matinee CO 7:00 Game Show Play Along- TV	<b>8</b> PY 10:00 Sit and Be Fit CO 10:30 Horseshoes CO 11:00 Trivia CR 1:30 Adult Coloring CR 2:00 Crafty Creations SO 4:00 Happy Hour With Lori 1st floor SO 6:30 Friday Night At The Movies	<b>9</b> SO 10:00 Vendor Show SE 3:00 Manicures/Hand Massages CO 6:00 Saturday Night Music & Reminisce-TV
<b>10</b> SP 8:45 Watch Church-TV SP 10:00 Pray the Rosary w/ Lynn SP 10:30 Hymn Sing CR 1:30 In the Kitchen w/ Lynn SO 6:00 Sunday Night At The Movies	<b>11</b> PY 10:00 Chair Yoga CO 10:30 Current Events CO 11:00 Puzzle Paks SO 1:00 One on One Visits SO 2:30 Monday Matinee	<b>12</b> PY 10:00 Sit and be Fit CO 10:30 Kickball CO 11:00 Hangman SP 1:15 Catholic Communion SO 1:30 PoKeNo SO 2:30 Men's Club CO 6:00 Game Show Mania-TV	<b>13</b> PY 10:00 Rise & Shine Fitness PY 10:30 Balloon Volleyball CO 11:00 Finish Lines CR 1:00 Dyeing Easter Eggs CO 2:30 Horse Racing 2nd floor CO 6:00 Movie night	<b>14</b> PY 10:00 Rise & Shine Fitness PY 10:30 Basketball CO 1:30 Puzzle Paks SO 3:00 Thursday Afternoon Matinee CO 7:00 Game Show Play Along- TV	<b>15 Tax Day</b> PY 10:00 Sit and Be Fit PY 10:30 Balloon Swat CO 11:00 Name That Tune SP 1:00 Stations of the Cross SP 1:30 Good Friday Rosary CR 2:30 Crafty Creations SO 4:00 Happy Hour With Lori 1st floor SO 6:30 Friday Night At The Movies	<b>16</b> I 10:00 Family Easter Egg Hunt Extravaganza SO 2:00 Family Bingo CO 6:00 Saturday Night Music & Reminisce-TV
<b>17 Easter</b> SP 8:45 Watch Church-TV SP 10:00 Pray the Rosary w/ Lynn SP 10:30 Hymn Sing SO 1:30 Easter Social SO 6:00 Sunday Night At The Movies	<b>18</b> PY 10:00 Chair Yoga CO 10:30 Current Events CO 11:00 Puzzle Paks SO 1:00 One on One Visits SO 2:30 Monday Matinee	<b>19</b> PY 10:00 Sit and be Fit PY 10:30 Ladder Ball CO 11:00 Hangman SO 1:30 April Birthday Celebration SO 2:30 Bingo CO 6:00 Game Show Mania-TV	<b>20</b> PY 10:00 Rise & Shine Fitness PY 10:30 Basketball CO 11:00 Spell It Out SO 1:30 Card Club SO 2:30 Horse Racing 2nd floor CO 6:00 Movie night	<b>21</b> PY 10:00 Rise & Shine Fitness PY 10:30 Corn Hole CO 1:30 Puzzle Paks SO 3:00 Thursday Afternoon Matinee CO 7:00 Game Show Play Along- TV	<b>22 Earth Day</b> PY 10:00 Sit and Be Fit PY 10:30 Horseshoes CO 11:00 Earth Day Trivia CR 1:30 Adult Coloring CR 2:00 Crafty Creations SO 4:00 Happy Hour With Lori 1st floor SO 6:30 Friday Night At The Movies	<b>23</b> PY 10:00 Sit & Be Fit Exercise PY 10:15 Corn Hole SO 10:45 Lunch Outing to LaEda's Restaurant SE 3:00 Manicures/Hand Massages CO 6:00 Saturday Night Music & Reminisce-TV
<b>24</b> SP 8:45 Watch Church-TV SP 10:00 Pray the Rosary w/ Lynn SP 10:30 Hymn Sing CR 1:30 In the Kitchen w/ Lynn SO 6:00 Sunday Night At The Movies	<b>25</b> PY 10:00 Chair Yoga CO 10:30 Current Events CO 11:00 Puzzle Paks SO 1:00 One on One Visits SO 2:30 Monday Matinee	<b>26</b> PY 10:00 Sit and be Fit CO 10:30 Kickball PR 11:00 Resident Council Meeting SO 1:30 Tea & Crumpets SO 2:30 PoKeNo CO 6:00 Game Show Mania-TV	<b>27</b> PY 10:00 Rise & Shine Fitness PY 10:30 Balloon Volleyball CO 11:00 Finish Lines SO 1:30 Card Club SO 2:30 Horse Racing 2nd floor CO 6:00 Movie night	<b>28</b> PY 10:00 Rise & Shine Fitness PY 10:30 Basketball CO 1:30 Puzzle Paks SO 3:00 Thursday Afternoon Matinee CO 7:00 Game Show Play Along- TV	<b>29</b> PY 10:00 Sit and Be Fit PY 10:30 Bean Bag Toss CO 11:00 Arbor Day Trivia SO 1:30 Funny Money Auction w/ Brittany from Gallagher SO 4:00 Happy Hour With Lori 1st floor SO 6:30 Friday Night At The Movies	<b>30</b> PY 10:00 Chair Exercises PY 10:30 Volley Ball SO 1:30 Root Beer Floats SE 3:00 Manicures/Hand Massages CO 6:00 Saturday Night Music & Reminisce-TV

Events are Subject to Change.